



# Certified Native STAND Educator Training Program

**June 21-27, 2015 • Portland, Oregon**

We are recruiting Tribes and Tribal Organizations to participate in the Center for Healthy Communities Native STAND (Students Together Against Negative Decisions) dissemination project.

## About the program

American Indian/Alaska Native (AI/AN) youth are disproportionately affected by a number of health challenges, including underage drug and alcohol use, violence and self-harm, teen pregnancy, and sexually transmitted diseases (STDs/HIV). Unfortunately, relatively few culturally-appropriate health interventions have been designed for or rigorously evaluated among AI/AN youth. As a result, many AI/AN teens do not receive sufficient or appropriate health education on these topics. To meet this need, the Oregon Health & Science University (OHSU) Center for Healthy Communities and the Northwest Portland Area Indian Health Board (NPAIHB) have collaborated to disseminate a school and community-based youth development program based on Native STAND.

The program will use the Native STAND curriculum, as well as components designed to promote positive life skills, cultural engagement, and career development for high school students. This program will:

- Train and support AI/AN health educators in the use and delivery of the Native STAND program to their home communities;
- Measure and evaluate the adoption and impact of the program in AI/AN communities; and
- Measure and evaluate key indicators of healthy behavior in youth.

## What is Native STAND?

Native STAND promotes healthy decision-making in Native high school-aged students. The curriculum is intertribal and draws on cultural teachings from many tribes and communities. The curriculum is highly interactive and skills-based, and focuses on STD/HIV and teen pregnancy prevention, while also covering drug, tobacco, and alcohol use, suicide, and healthy relationships. Sessions focus on positive personal development, including team building, diversity, self-esteem, goals and values, negotiation and refusal skills, and effective communication.

## Is the Native STAND curriculum easy to administer?

YES! The Native STAND curriculum is comprised of 29 sessions which last approximately 1 ½ hours each. Two of the sessions are for the pre- and post-assessment, one is a field trip to a local health clinic, and the last is a graduation celebration. There are three Native STAND guides: 1) a facilitator's manual, 2) a resource manual, and 3) a peer educator binder. The kit includes everything you need to know to deliver the curriculum! We will provide you with the curriculum, training in its delivery, and technical assistance for implementation.

### **What is the goal of the project?**

The project is funded by the CDC and I.H.S. in an effort to eliminate health disparities for tribal youth. The goal is to understand the factors that affect adoption and use of the Native STAND curriculum.

### **Are there expectations of participants?**

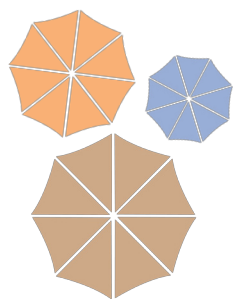
YES! Selected applicants will need to identify and support a health advocate for our five-year project. To be eligible for acceptance, applicants must ensure that they are able to attend a week-long training program in Portland, have access to a setting conducive to implementing the curriculum, and support from their tribe or tribal organization to implement the program through their current employer. Participants will also be expected to provide information to program evaluators on implementation and pre- and post-test results from youth enrolled in the courses.

### **Is the program free for those selected to participate?**

YES! We will provide travel and accommodations for the week-long training workshop and all the curriculum materials. In addition, we will provide implementation funding for the first two years in the amount of \$5,000 per year.

### **What are the steps to become one of the participating sites?**

1. Discuss with your supervisor and others how you would implement Native STAND in your existing youth programs.
2. Identify an individual to receive the training and site location.
3. Complete and submit the application form.



# Course Schedule

**Sunday, June 21, 2015:**

**Meet & Greet**

Time: 6:00pm-8:00pm

Location: Residence Inn Portland Downtown/RiverPlace  
2115 SW River Parkway, Portland, OR 97201

**Monday, June 22, 2015–Saturday, June 27, 2015:**  
**Native STAND Curriculum & Implementation Training**

Time: 8:30am-5:00pm

Location: Northwest Portland Area Indian Health Board  
2121 SW Broadway, Portland, OR 97201

Please visit our website for additional information: [www.oregonprc.org](http://www.oregonprc.org)

To apply online: [https://www.surveymonkey.com/s/Native\\_STAND](https://www.surveymonkey.com/s/Native_STAND)

# APPLICATION

Native STAND (Students Together Against Negative Decisions) Training Program  
June 21-27, 2015 • Portland, Oregon

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: (\_\_\_\_\_) \_\_\_\_\_ Fax: (\_\_\_\_\_) \_\_\_\_\_ E-Mail: \_\_\_\_\_

## EDUCATION

	Degree	Date
Graduated from High School		
Some College		
Graduated from College		
Some Graduate School		
Completed Graduate School		

Please describe education, training, and experience that is relevant to this program.

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## TRIBAL AFFILIATION OR BACKGROUND

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## CURRENT PROFESSIONAL POSITION

Title: \_\_\_\_\_

Employer: \_\_\_\_\_

Employer Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: (\_\_\_\_\_) \_\_\_\_\_ Fax: (\_\_\_\_\_) \_\_\_\_\_ E-Mail: \_\_\_\_\_

Supervisor's Name: \_\_\_\_\_ Supervisor's Title: \_\_\_\_\_

Supervisor's Phone: (\_\_\_\_\_) \_\_\_\_\_ Supervisor's E-Mail: \_\_\_\_\_

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☐ Yes ☐ No ☐ Unsure      If yes, please specify: \_\_\_\_\_

☐ Classroom ☐ After school program ☐ Faith-based organization ☐ Community center  
☐ Other, please specify: \_\_\_\_\_

☐ Less than 10    ☐ 10-19    ☐ Greater than 20

☐ Yes ☐ No ☐ Unsure      If yes, please specify: \_\_\_\_\_

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Please include with your application:

- a copy of your resumé.
  - a letter from your employer ensuring that you will have one week available to complete the training and that you will be supported to implement the program upon your return.
  - a letter of support from the community or organization with whom you plan to implement the Native STAND curriculum.
  - a personal statement of your ability to complete the week-long training program and a description of the organization and setting in which you will implement the Native STAND curriculum (e.g. classroom, after-school program, church group, community center, etc.).
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**Please return this application and all other materials by February 15, 2015 to:**

Michelle Singer

Oregon Health & Science University

Center for Healthy Communities

3181 SW Sam Jackson Park Road, CB 669 Portland, OR 97239

Phone: (503)418-2199 Fax: (503)494-7536 E-mail: [singerm@ohsu.edu](mailto:singerm@ohsu.edu)

Complete application packets may be mailed, faxed, or emailed



Sponsored by the CDC-funded Prevention Research Center, the Center for Healthy Communities at Oregon Health & Science University and the Northwest Portland Area Indian Health Board.

