

The Center for Healthy Communities

Funded since 2004, the Center for Healthy Communities collaborates with communities to address health disparities in Native and other underserved populations. We are proud to be one of 26 CDC-funded Prevention Research Centers. (www.cdc.gov/prc)

Partners

Northwest Portland Area
Indian Health Board
www.npaihb.org

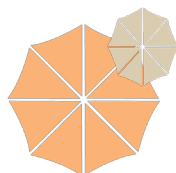
Native American Youth
& Family Center
www.nayapdx.org

Layton Aging and Alzheimer's
Disease Center
<http://www.ohsu.edu/xd/research/centers-institutes/neurology/alzheimers/>

Portland Area Indian Health Service
www.ihs.gov/FacilitiesServices/AreaOffices/Portland

OHSU Knight Cancer Institute
www.ohsu.edu/cancer

University of Northern Colorado
The College of Natural and Health Sciences
Audiology and Speech-Language Sciences
<http://www.unco.edu/nhs/asls/>



Staff

Thomas M. Becker, MD, PhD

Director

Tel: 503-494-1175 / Email: beckert@ohsu.edu

William Lambert, PhD

Associate Director and Native STAND, PI

Tel: 503-494-9488 / E-mail: lambertw@ohsu.edu

Tosha Zaback, MPH

Program Manager

Tel: 503-494-1330 / E-mail: zabackt@ohsu.edu

Ashley Thomas

Assistant Program Manager

Tel: 503-494-1126 / E-mail: thomaas@ohsu.edu

Michelle Singer

Native STAND, Project Manager

Tel: 503-418-2199 / E-mail: singerm@ohsu.edu

Contact Us:

Center for Healthy Communities
Oregon Health & Science University
3181 SW Sam Jackson Park Rd, CB 669
Portland, Oregon 97239

Tel: 503-494-1126 / Email: oregonprc@ohsu.edu
www.oregonprc.org



The Center for Healthy Communities at OHSU is supported by Cooperative Agreement number U48DP005006 from the Centers for Disease Control and Prevention, Prevention Research Centers Program.

OHSU Prevention Research Center

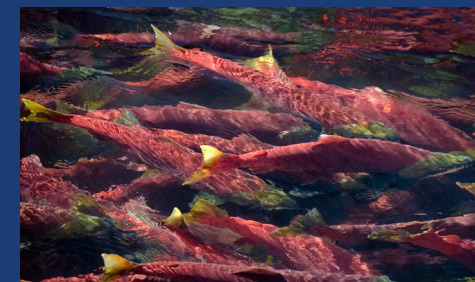
Center for Healthy Communities



Photo courtesy of Fred Van Ronk
"Tsag-e-gal-el, "She Who Watches"
Columbia River Gorge



Promoting health in tribal communities





The Center for Healthy Communities is committed to addressing the health promotion and chronic disease prevention needs of American Indian/Alaska Native and other underserved communities through community-based participatory research, and through training, dissemination, and evaluation activities.

Research Projects and Training Programs

Native STAND Dissemination Project

Native STAND – Students Together Against Negative Decisions – is a culturally relevant healthy decisions curriculum for enhancing and promoting positive Native youth development and well-being. The intertribal curriculum is an evidence-based intervention for high-school age Native students, incorporating tradition and culture to address sexual health. Our Center will recruit, train, and support 50 AI/AN health educators to implement Native STAND and evaluate its adoption and impact.



(Contact: Michelle Singer, singerm@ohsu.edu)

Oregon Community Cancer Research Collaborative

The Oregon Community Cancer Research Collaborative (OR-CCRC) is part of the CDC's Cancer Prevention and Control Research Network, a national network of academic, public health, and community partners who work together to reduce the burden of cancer, especially among those disproportionately affected. The OR-CCRC addresses the cancer prevention, early detection, and survivorship needs of rural, American Indian/Alaska Native, and other underserved communities, while emphasizing dietary and physical activity strategies.

(Contact: Paige Farris, pfarris@ohsu.edu)

TOTS to TWEENS

This is a follow-up project to TOTS (Toddler Obesity and Tooth Decay Study). This project will survey and conduct dental exams with the original cohort of toddlers and their families to see if the early actions resulted in less caries and maintenance of preventive behavior over the last ten years.

(Contact: Tam Lutz, tlutz@npaihb.org)

Native VOICES Adaptation

The Northwest Portland Area Indian Health Board is adapting a CDC-recognized intervention; Video Opportunities for Innovative Condom Education and Safer Sex (VOICES), and evaluating its effectiveness as an HIV/STD prevention resource for AI/AN teens and young adults 15-29 years old.

(Contact: Mattie Tomeo-Palmanteer, mtomeo-palmanteer@npaihb.org)



Summer Research Training Institute for AI/AN Health Professionals

The Summer Institute is a three-week health research training for AI/AN health professionals and students. Tuition is waived for AI/AN participants.

(Contact: Tosha Zaback, zabackt@ohsu.edu)

Dangerous Decibels Training

This two-day certification workshop prepares participants to present to K-12 classrooms on protecting their hearing from noise-induced hearing loss.

(Contact: Deanna Meinke, deanna.meinke@unco.edu)

Oregon Healthy Brain Research Network

The OrHBRN Collaborative Center, works to bring brain health research and culturally relevant messaging to diverse communities. The Center supports two projects:

1) Analysis of the Behavioral Risk Factor Surveillance System (BRFSS) survey data on cognitive impairment and caregiverburden.

2) SHARP – the Sharing History through Active Reminiscence and Photo-imagery pilot program will implement cognitive health maintenance with African Americans ages 55 and over. Participants will engage in neighborhood-based walking groups, on-line health education, and individual memory sessions.

(Contact: Raina Croff, croff@ohsu.edu)



Native Children Always Ride Safe: Dissemination

The project will build upon the success of the original Native CARS program to disseminate the tools, and intervention materials to other Northwest Tribal communities by engaging the original tribal member partners as experts. The team will develop an interactive website where the Native CARS Atlas (the toolkit for the intervention) will be available to download.

(Contact: Tam Lutz, tlutz@npaihb.org)

