



Photo courtesy of We R Native

Native STAND

Students Together Against Negative Decisions

What is Native STAND?

Native STAND is a comprehensive culturally-appropriate curriculum for Native American high school students that promotes healthy-decision making. The curriculum is intertribal, drawing on teachings from many tribes and communities across the country. Native STAND focuses on positive

youth development to support the prevention of sexually transmitted infections, HIV/AIDS, and to prevent teen pregnancy. The curriculum also addresses drug and alcohol use, suicide and healthy relationships. Native STAND is highly interactive.

The 1.5 hour lessons are comprised of large group discussions, small group work, individual activities, and many lessons containing stories from various tribal communities that ground learning in cultural teachings. The curriculum is flexible and can be easily adapted to include specific cultural stories and traditions from the site where it is being implemented.

Native STAND consists of 29 sessions which focus on positive personal development, including team building, diversity, self-esteem, goals and values, negotiation and refusal skills, and effective communication. Sessions have been delivered in school settings, at community centers, and in afterschool programs in various communities.



Native STAND youth on field trip. Photo courtesy of H.E.Y. (Healthy Empowered Youth)

Benefits of participating in this project:

- Free training (paid airfare and hotel costs) to become a Certified Native STAND Educator
- Up to \$10,000 in funds for implementing Native STAND
- Free curriculum materials, including a facilitator's manual, a resource manual, and a peer educator's manual
- Curriculum that empowers Native youth to make healthy choices and to become leaders in their communities

From a Tribal teacher where Native STAND was implemented:

"Look at what pride we have in our youth because of the big, major things this program is doing and these kids are doing. I think it makes the community look at our youth as stronger, more competent people..."

What is the Goal of the Native STAND Project?

The goal of the Native STAND Dissemination, Implementation, and Evaluation Project is to better understand how Tribal communities implement a program designed to help eliminate health disparities for high-school age American Indian/Alaska Native (AI/AN) youth. It is important to understand the factors that affect adoption and use of the Native STAND curriculum by measuring and evaluating the impact of the program in AI/AN communities and key indicators of healthy behavior in AI/AN teens.

This study is funded by the Centers for Disease Control and Prevention and Indian Health Service. The project is a partnership between Oregon Health & Science University's Prevention Research Center, the Center for Healthy Communities, and the Northwest Portland Area Indian Health Board. Participation in this project is open to Tribes and AI/AN organizations across the United States.

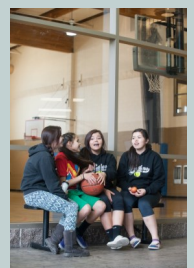
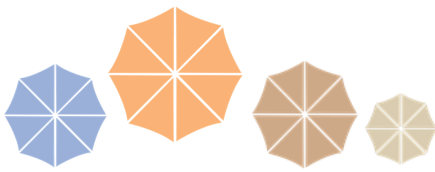


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Center for Healthy Communities

OHSU, CDC Prevention Research Center

Learn About Native STAND

www.oregonprc.org

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From former Native STAND youth participants:

“This class is very good. It helps you [learn] what you want to be in your life. You want to set your goals. It could really help you.” — High School Boy

“It [the program] really helped me deal with drinking. It helped me with my thinking.” — High School Girl

Important Dates in 2016:

February 1: Application Deadline

March 1: Site Selection for Project

June 26-July 1: Native STAND Certified Training

To Apply Visit

www.oregonprc.org

Requirements for Participating Tribal Communities

In order for Tribes and AI/AN organizations to be considered for participation in this project, they will need to commit to the following:

- Identify and support an individual (such as a health educator or prevention specialist) to receive the free, one-week summer Native STAND Certified Training Program.
- Complete and submit a full online application.
- Facilitators must ensure that they are able to attend and complete the entire one week certification training in Portland, Oregon. Native STAND will

provide participant's airfare, hotel and meal per diem.

- Communities must demonstrate access to a setting conducive to implementing the curriculum (school, community center).
- If accepted, a Memorandum of Agreement, local Institutional Review Board approval, and a valid W-9 IRS Form or appropriate Federal Tax ID will be required of sites before \$5000 per year will be distributed.
- Tribes and AI/AN organizations must allow the educator to implement the program through their current position.

- Accepted applicants will provide information to evaluators at the Center for Healthy Communities throughout the five-year duration of the project.

To learn more about the Native STAND Program, visit our website at www.oregonprc.org

To discuss eligibility requirements or for a program consult, please contact Michelle Singer, Project Manager at 503-418-2199 or singerm@ohsu.edu.



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