

Northwest Portland Area Indian Health Board

Northwest Tribal Cancer Control Project



Baskets courtesy of the Violet Allman Collection (Nez Perce)

Tribal Cancer Control Guide

**A guide to Cancer Control Resources and
Plans for Northwest Tribal Communities**



June 2006

In Memory of Violet Sore Arm Allman

(September 5, 1922 – July 23, 2002)

This Northwest Tribal Cancer Control Guide is offered in memory of Violet Sore Arm Allman (Nez Perce) whose baskets are featured in this guide. She was a kind and generous person whose memory will live on forever in the lives of all who knew her. Ms. Allman was one of the founders of Pi Nee Waus, an organization serving American Indian elders in the Portland-Vancouver metropolitan area. Violet and her husband, the late Blu Allman, were actively involved in the 1960's structuring of the Portland Indian Community. She taught her culture, stories, and language to the Native community.



Baskets and cornhusk bags courtesy of the Violet Allman Collection (Nez Perce)

Acknowledgements

The staff of the Northwest Tribal Cancer Control Project (NTCCP) offers their appreciation to all the organizations in this guide. Our hope is that this cancer control guide will make resources more easily accessible in tribal communities throughout the Northwest. Staff developed the Tribal Cancer Control Guide based on information supplied by each organization.

We offer our heartfelt gratitude to Sande Allman (Oglala Lakota/Nez Perce) for offering the use of the photographs of Nez Perce baskets and cornhusk root bags from the late Violet Allman collection. Our compliments go out to Kristen Potts (Pit River/Maidu) who photographed these items.

Staff of the Northwest Tribal Cancer Control Project also acknowledges the Native CIRCLE for working with us to print this information. Their assistance has made it possible for printed copies of this resource to be available to you. The Centers for Disease Control and Prevention has been invaluable for their ongoing support as well as every organization that has provided services and other resources to the Northwest Tribal Cancer Control Project and northwest tribes served. The South Puget Intertribal Planning Agency is thanked for their contribution of a county level resource guide for tribal cancer control. We seek to continue to work collaboratively as we strive to reduce the cancer burden in our communities.

Another word of thanks goes to Peggy Biery (Grand Ronde), former NTCCP specialist, for her initial work on many of the items included here. Cicelly Gabriel (Lakota/Yurok) and Eric Vinson (Cherokee) have taken the initiative to bring together all the information needed to complete this document for your use and have made ongoing contributions in content and design.

We are also grateful for Barbara Watson (Siletz) for her critique and recommendations for the layout design.

* * *

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Preface

The purpose of this cancer control guide is to provide information about cancer control resources available to tribal communities throughout Idaho, Oregon, and Washington. This is not an exhaustive list.

In an effort to link tribes to available resources that they may have not used in the past, we have provided the following information: general information about the agency's goals and objectives, a brief description of what resources are available, and a description of how and where to obtain them.

NTCCP staff have called the numbers and have verified the information included in this guide with the exception of some items gleaned from websites and other sources. We request that all contributors update their information as needed. If you would like to provide any other updates, please use the form provided at the back of this guide. All information is current as of June 2006.

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Section 1: Northwest Portland Area Indian Health Board – An Overview



Basket courtesy of the Violet Allman Collection (Nez Perce)

Introduction

The purpose of this booklet is to provide information needed to obtain cancer prevention and control resources in your tribal community. **Section 1** includes general information about the Northwest Portland Area Indian Health Board. This includes a map of the Portland Area, which encompasses Idaho, Oregon, and Washington. **Section 2** provides information about organizations, which offer resources for cancer patients and caregivers. **Section 3** describes breast and cervical cancer screening programs in the Portland Area. **Section 4** describes tribal cancer control planning with forms and examples of strategic and activity plans. **Section 5** provides information about organizations, which offer resources for program development of tribal cancer prevention and control. These organizations include Tribal, State, Federal, and Foundation. **Section 6** contains listings for all Approved Cancer Programs by the American College of Surgeons in the Portland Area. **Section 7** appends information that can enhance cancer control efforts in tribal communities. Each section provides (a) general information about the organization, (b) what resources are available, (c) how to obtain the resources, and (d) where they are available.

Cancer is the second leading cause of death among American Indians and Alaska Natives nationally.¹ Cancer consists of more than one hundred diseases. Nearly two-thirds of all cancers could be prevented through healthy lifestyle choices. The American Cancer Society reports, that one third of the more than 500,000 cancer deaths that occur in the United States each year can be attributed to diet and physical activity habits, with another third due to cigarette smoking.² The efforts represented throughout this guide have one goal in common, and that is to reduce the cancer burden, which is measured by the number of cases, the number of deaths, the effects of the disease, and the length of time people are able to survive a cancer diagnosis.

As a comprehensive cancer control program, the Northwest Tribal Cancer Control Project is working to take an integrated and coordinated approach to cancer control through prevention, screening and early detection, diagnosis, treatment, rehabilitation, and palliation (or comfort care). Through our individual efforts, we each can contribute significantly to a healthier community.

¹ Paisano, R, Cobb, N, Espey, DK. Cancer Mortality among American Indians and Alaska Natives – United States, 1994-1998. MMWR August 1, 2003/52(30); 704-707. [Write NTCCP for article.]

² American Cancer Society. The American Cancer Society Guidelines on Nutrition and Physical Activity for Cancer Prevention (reprinted from CA – A Cancer Journal for Clinicians), March/April 2002, Vol. 52/No. 1, 66-67, 92-119.

³ American College of Surgeons

Northwest Portland Area Indian Health Board

Northwest Tribal Cancer Control Project

The mission of the Northwest Portland Area Indian Health Board is to assist Portland Area tribes to improve their health status and quality of life of member tribes and Indian people in their delivery of culturally appropriate and holistic health care.

The goal of the Northwest Tribal Cancer Control Project is, in consultation with tribes, to save lives by eliminating all preventable forms of cancer in Northwest tribal communities throughout Idaho, Oregon, and Washington.



Map of the 43 Federally Recognized Tribes in the Portland Area

Northwest Portland Area Indian Health Board

Indian Tribe/Nation
Burns Paiute Tribe
Coeur d'Alene Tribe
Confederated Tribes of the Chehalis
Confederated Tribes of the Colville Reservation
Confederated Tribes of the Coos, Lower Umpqua & Siuslaw Indians
Confederated Tribes of the Grand Ronde
Confederated Tribes of the Siletz Indians of Oregon
Confederated Tribes of the Umatilla Indian Reservation
Confederated Tribes of Warm Springs Reservation of Oregon
Coquille Tribe
Cow Creek Band of Umpqua Tribe of Indians
Cowlitz Indian Tribe
Hoh Tribe
Jamestown S'Klallam Tribe
Kalispel Tribe of Indians
Klamath Tribes
Kootenai Tribe
Lower Elwha Klallam Tribe
Lummi Nation
Makah Indian Nation
Muckleshoot Indian Tribe
Nez Perce Tribe
Nisqually Tribe
Nooksack Tribe
Northwest Band of Shoshone Indians
Port Gamble S'Klallam Tribe
Puyallup Tribe of Indians
Quileute Tribe
Quinault Nation
Samish Indian Tribe
Sauk-Suiattle Indian Tribe
Shoalwater Bay Indian Tribe
Shoshone-Bannock Tribes
Skokomish Tribal Nation
Snoqualmie Indian Tribe
Spokane Tribe of Indians
Squaxin Island Tribe
Stillaguamish Tribe
Suquamish Tribe
Swinomish Indian Tribal Community
Tulalip Tribes
Upper Skagit Tribe
Yakama Nation

Section 2: Resources for Cancer Patients and Caregivers



Baskets courtesy of the Violet Allman Collection (Nez Perce)

Idaho Tribal Cancer Control Contacts

Tribe	Contact	Phone Number	Fax	Email	Address	Last Updated
Coeur d'Alene Tribe	Lanette Higgins (Tobacco Coordinator)	(208) 686-1931	(208) 686-8052	lhiggins@bmc. portland.ihs.gov	Benewah Medical Center PO Box 388 Plummer, ID 83851	2006
Kootenai Tribe	Karen Hanson (Community Health)	(208) 267-5223	(208) 267-8419	karen@kootenai.org	Kootenai Tribal Health Clinic PO Box T Bonners ID 83805	2006
Nez Perce Tribe	Alina George (Community Health Representative)	(208) 843-9375	(208) 843-9406	ageorge@nid. portland.ihs.gov	Nimiipuu Health Center PO Box 355 Lapwai ID 83540	2006
Northwestern Band of the Shoshone Nation	Robin Troxell (Health Administration)	(435) 734-2286	(435) 734-0424	t_rtroxell@yahoo.com	Tribal Health Department 862 S. Main Street, Suite 6 Brigham City, UT 84302	2006
Shoshone Bannock Tribes	Hank Edmo McArthur (Health Educator)	(208) 238-5435	(208) 478-3964	Hank.EdmoMcArthur @ihs.gov	Not-tsoo Gah-nee Health Center PO Box 306 Fort Hall, ID 83203	2006

Oregon Tribal Cancer Control Contacts

Tribe	Contact	Phone Number	Fax	Email	Address	Last Updated
Burns Paiute Tribe	Sally Allen (Community Health Representative)	(541) 573-7312 x223	(541) 573-4217	sallen@bur.portland.ihs.gov	Wadatika Health Center 100 PaSiGo Street Burns, OR 97720	2006
Confederated Tribes of Siletz Indians	Kari Burns (Registered Nurse)	(541) 444-9677	(541) 444-9695	kburnums@yahoo.com	Siletz Community Health Clinic PO Box 320 Siletz, OR 97380	2006
Confederated Tribes of Grand Ronde	Diane Pratt (Clinic Director)	(503) 879-1470	(503) 879-2015	Diane.Pratt@grandronde.org	Grand Ronde Health & Wellness Center 9615 Grand Ronde Road Grand Ronde, OR 97347	2006
Confederated Tribes of the Umatilla Indian Reservation	Leann F. Alexander (Registered Nurse)	(541) 278-7551	(541) 278-7575	lalexander@yel.portland.ihs.gov	Yellowhawk Tribal Health Center PO Box 160 73265 Confederated Way Pendleton, OR 97801	2006
Confederated Tribes of Warm Springs	Judith Charley (Community Health Educator)	(541) 553-3462 x102	(541) 553-3543	jcharley@wstribes.org	Warm Springs Health & Wellness Center PO Box C Warm Springs, OR 97761	2006



Oregon Tribal Cancer Control Contacts (Continued)

Tribe	Contact	Phone Number	Fax	Email	Address	Last Updated
Confederated Tribes of the Coos, Lower Umpqua & Siuslaw Indians	Pamela Pike-Eagle (Outreach Representative and Title VI Director)	(541) 997-6685	(541) 997-1715	pikeagle@presys.com	Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians Health and Human Services Division PO Box 2000 Florence, OR 97439	2006
Coquille Tribe	Kelle Little (Health Director)	(541) 888-9494	(541) 888-3431	kelle@uci.net	Coquille Community Health Center 600 Miluk Drive Coos Bay, OR 97420	2006
Cow Creek Band of Umpqua	Carol Follett (Community Health Nurse)	(541) 672-8533	(541) 882-1670	cfollett@cowcreek.com	Cow Creek Health & Wellness Center 2371 NE Stephens, Suite 200 Roseburg, OR 97470	2006
Klamath Tribes	Shawn Jackson (Health Educator)	(541) 882-1487 x205	(541) 882-1670	sljackson@klm.portland.ihs.gov	Klamath Tribal Health & Family Services 3949 S. 6th Street Klamath Falls, OR 97603	2006

Washington Tribal Cancer Control Contacts

Tribe	Contact	Phone Number	Fax	Email	Address	Last Updated
Chehalis Tribe	Debbie Shortman	(360) 273-5504 (360) 858-1689	(360) 273-8666	dshortman@chehalis-tribe.org	Chehalis Community Clinic 420 Howanut Road PO Box 495 Oakville, WA 98568	2006
Colville Confederated Tribes	Nespelem	Peggy Cleveland	(509) 634-2943	(509) 634-2963	peggy.cleveland@colvilletribes.com	PO Box 150 Nespelem, WA 99155
		Joanne Gleason			joanne.gleason@colvilletribes.com	
		Val Vargas-Thomas			val.vargas@colvilletribes.com	
	Keller	Diane Sutton-Mellon	(509) 634-7325	(509) 634-7326	dianne.mellon@colvilletribes.com	PO Box 414 Keller, WA 99155
		Hope Achenbach			hope.achenbach@colvilletribes.com	
	Omak	Quail Orr	(509) 422-7458	(509) 422-7457	quail.orr@colvilletribes.com	PO Box 3879 Omak, WA 98841
		Angela Rios			angela.rios@colvilletribes.com	
	Inchelium	Diane Mills	(509) 722-7606	(509) 722-7088	diane.mills@colvilletribes.com	PO Box 291 Inchelium, WA 99138
		Pam Phillips			pamela.phillips@colvilletribes.com	
Jerry Signor		jerry.signor@colvilletribes.com				
Cowlitz Tribe	David Ramsey (Clinic Director)	(360) 575-8275	(360) 575-1948	dramsey.health@cowlitz.org	Cowlitz Indian Tribal Health Services 1055 9th Ave, Suite A Longview, WA 98632	2006



Washington Tribal Cancer Control Contacts (Continued)

Tribe	Contact	Phone Number	Fax	Email	Address	Last Updated
Hoh Tribe	Barb Penn (Social Services)	(360) 374-6582	(360) 374-6549	BSPenn@hotmail.com	Hoh Tribe 2464 Lower Hoh Road Forks, WA 98331	2006
Jamestown S'Klallam Tribe	Mary Trevathan	(360) 297-9634	(360) 297-9615	maryt@pgst.nsn.us	Community Health Building 32020 Little Boston Road Kingston, WA 98346	2006
Kalispel Tribe	Charlene Castillo	(509) 445-1147	(509) 445-1705	ccastillo@kalispeltribe.com	Kalispel Social & Health Services Department PO Box 327 Usk, WA 99180	2006
Lower Elwha Klallam Tribe	Roberta Kimberly (Community Health Representative)	(360) 452-8471 x205	(360) 457-8429	rkimberly@elwha.nsn.us	Lower Elwha Health and Business Center 2851 Lower Elwha Road Port Angeles, WA 98363	2006
Lummi Nation	Pat Rasch (Public Health Nurse Manager)	(360) 384-0464	(360) 384-4403	patr@lummi-nsn.gov	Lummi Tribal Health Center 2592 Kwina Road Bellingham, WA 98226	2006
Makah Tribe	Marcelina Parker Tribal Health Director	(360) 645-3282	(360) 645-2246	mtchm@centurytel.net	Makah Tribal Health Neah Bay, WA 98357	2006

Washington Tribal Cancer Control Contacts (Continued)

Tribe	Contact	Phone Number	Fax	Email	Address	Last Updated
Muckleshoot Tribe	Cheryl Davis	(253) 939-6648	(253) 333-3612	cheryl.davis@muckleshoot-health.com	Muckleshoot Tribal Health Center 17500 SE 392nd St. Auburn, WA 98092	2006
Nisqually Tribe	Sandra Pluff	(360) 459-5312 x1226	(360) 407-0860	Pluff.Sandra@nisqually-nsn.gov	Nisqually Health Center 4816 She Nah Num Drive SE Olympia, WA 98513	2006
Nooksack Tribe	Diane Hill	(360) 966-2106 x105	(360) 966-2304	Dehill@hincet.org	Nooksack Tribal Clinic PO Box 648 Everson, WA 98247	2006
Port Gamble S'Klallam Tribe	Lourdes Schmitz (Health Planner)	(360) 297-9664	(360) 297-9615	lrschmitz@pgst.nsn.us	Port Gamble Tribal Tribal Health Facility 31912 Little Boston Road NE Kingston, WA 98346	2006
Puyallup Tribe	Frank Muñoz (Cancer Navigator)	(253) 593-0232 x396	(253) 272-6138	fmunoz@eptha.com	Puyallup Tribal Health Authority 2209 E 32nd Sreet Tacoma, WA 98404	2006



Washington Tribal Cancer Control Contacts (Continued)

Tribe	Contact	Phone Number	Fax	Email	Address	Last Updated
Quileute Tribe	Brenda Nielson (Tribal Health Director)	(360) 374-9035	(360) 374-2644	brenda.jaime@ihs.gov	Quileute Tribal Health Facility PO Box 279 LaPush, WA 98350	2006
Quinault Indian Nation	Teresa A. Solis (Medical Director)	(360) 276-4405	(360) 276-4602	tsolis@quinault.org	Roger Saux Health Center PO Box 219 Taholah, WA 98587	2006
Samish Indian Nation	Keith Tucker, MD (Health Director)	(360) 293-6404	(360) 588-9537	ktucker@samish-tribe.nsn.us	Samish Indian Nation PO Box 919 1017 29th Street Anacortes, WA 98221	2006
	Mitch Markovitch, RN (Public Health Research and Program Manager)			mmarkovitch@samishtribe.nsn.us		
Sauk Suiattle Tribe	Michelle Fink-Custer (CHR)	(360) 436-1400 x222	(360) 436-0242	chrissitl@hotmail.com	Sauk-Suiattle Tribal Community Clinic 5318 Chief Brown Lane Darrington WA 98241	2006
Shoalwater Bay Tribe	Charlene Nelson (Tribal Chair and Outreach Worker)	(360) 267-0119	(360) 267-6217	cnelson@shoalwaterbay-nsn.gov	Shoalwater Bay Tribal Clinic PO Box 130 2373 Old Tokeland Rd. Tokeland, WA 98590	2006
	Lisa Shipman (Outreach Worker)			lishipman@shoalwaterbay-nsn.gov		

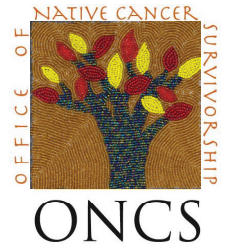
Washington Tribal Cancer Control Contacts (Continued)

Tribe	Contact	Phone Number	Fax	Email	Address	Last Updated
Skokomish Tribe	Jennie Strong (Outreach Worker)	(360) 426-5755	(360) 877-2399	jstrong@skokomish.org	Skokomish Health Center N 100 Tribal Center Road Shelton, WA 98584	2006
Snoqualmie Tribe	Gerald Yorioka (Clinic Director)	(425) 888-6551	(425) 333-6909	dryorioka@aol.com	Snoqualmie Tribal Health PO Box 280 Carnation, WA 98014	2006
Spokane Tribe	Liz Sachse (Nurse)	(509) 258-4517 x136	(509) 258-7152	Elizabeth.Sachse@ihs.gov	David C. Wyncoop Memorial Clinic PO Box 357 Wellpinit, WA 99040	2006
Squaxin Island Tribe	Rose Algea (Outreach & CHR)	(360) 432-3930	(360) 427-1951	ralgea@squaxin.nsn.us	Squaxin Health Clinic 90 SE Clahchemin Drive Shelton WA 98584	2006
Stillaguamish Tribe	Anne Hurd (Clinic Director)	(360) 435-9338 x18	(360) 435-2266	fnpanneh@yahoo.com	Stillaguamish Tribal Clinic 902 E. Maple Arlington, WA 98010	2006

Washington Tribal Cancer Control Contacts (Continued)

Tribe	Contact	Phone Number	Fax	Email	Address	Last Updated
Suquamish Tribe	Barbara Hoffman (RN, CHN, CDE)	(360) 394-8468	(360) 598-6740	bhoffman@ suquamish.nsn.us	PO Box 498 15858 Sandy Hook Road Suquamish, WA 98392	2006
Swinomish Tribe	Barbara Clure (Medical Director)	(360) 466-3167	(360) 466-5528	bclure@swinomish .nsn.us	Swinomish Tribal Health Center PO Box 683 LaConner, WA 98257	2006
	Barbara Marks (CHR)			BMarks@swinomish .nsn.us		
Tulalip Tribes	Karen Fryberg (Tribal Health Director)	(360) 651-4515	(360) 651-9503	kfryberg@ tulaliptribes-nsn.gov	Tulalip Tribal Health Facility 7520 Totem Beach Road Tulalip, WA 98271	2006
Upper Skagit Tribe	Jean Wessel (ARNP)	(360) 854-7070	(360) 854-7060	jeanw@upperskagit. com	Upper Skagit Tribal Clinic 25944 Community Plaza Way Sedro Wooley, WA 98284	2006
Yakama Nation	Patricia Ike (Alcohol Program Manager)	(509) 865-5121	(509) 865-4333	pike@yakama.com	Tribal Health 20 Gunnyon Road Toppenish WA 98948	2006

Yakama Office of Native Cancer Survivorship



Mission: Improve the lives of those faced with a cancer diagnosis through the initiation of and access to cancer services and support that will result in improved survivorship and quality of life thereafter.

Vision: Advance delivery and quality of cancer care and survivor support for Alaska Natives and American Indians is our priority and motivation.

Our Philosophy: Collaborate with Native communities and Native Health Organizations to complement, enhance and extend existing cancer related care and support services.

Who we are: We are survivors, tribal members and health care professionals living in communities we serve. Committed to investing in our people, tribes and communities. Influencing progression in the landscape of cancer care and support. We are a Native operated and governed non-profit 501(c)(3) organization serving the native population.

What We Do: The ONCS programs work to collectively support our mission through four focused avenues:

- **Support**
- **Education**
- **Advocacy**
- **Policy**

Contact Information Catherine Sampson
Co-Founder & Board Member
Phone: (509) 949-7739

Patricia Ike
Board Member
Phone: (509) 865-5121
Email: pike@yakama.com



Yakama ONCS members

Back Row: Connie Adams, Ellen Doublerunner, Cat Miller
Front Row: Delilah Martinez, Catherine Sampson, Patricia Ike
Not Pictured: Hollyanna Cougartracks Pinkham



Native People's Circle of Hope

General Information Native People's Circle of Hope (NPCOH) serves Native American cancer survivors, their families, caretakers and medical providers who live on and off their reservations. NPCOH is a coalition of Native American cancer survivor support groups whose mission is to provide hope, communication, support, education, advocacy for the cancer survivor. Members of the coalition are from Alaska, Oregon, Idaho, Montana, Arizona and Oklahoma.

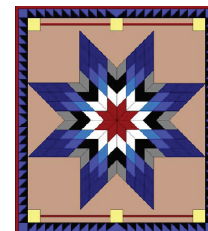
Resources Available The "Medicine-Bag" project wherein NPCOH gifts to newly diagnosed cancer survivors, regardless of the type of cancer or ethnic background items that a cancer survivor might need during their treatment. The items gifted are a pill container, water bottle, hat, lap quilt, cancer books, slippers, beaded "Medicine-Bag" necklace, and other similar donated items. This project enlists the help of many volunteers to collect the products, make the quilts and bead the necklaces. The volunteers are encouraged during the course of the activity to adopt healthy behaviors that can lower their risk for a cancer diagnosis.

The hosting of the annual "Roots of Strength" national conference for native cancer survivors, participation in state planning efforts wherein they affect Native cancer issues, and starting cancer support groups in Native communities. NPCOH collaborates with the Native American Cancer Researchers, Cancer Information Service, NCI-Director's Consumer's Liaison Group, Ovarian Cancer Coalition, National Patient Advocate Foundation, Lance Armstrong Foundation, Susan G. Komen Foundation, Huntsman Cancer Institute and many others.

How to Obtain Resources Please contact us for assistance

Contact Information Celeste Whitewolf
Director, Native People's Circle of Hope
(A coalition of Native cancer survivors and support groups.)
9770 SW Ventura Ct.
Tigard, OR 97223
Phone: 1-877-773-8248, toll free
Cell Phone: (503) 970-8004
Email: npcoh@spiritone.com
Website: www.nativepeoplescoh.org

Northwest Tribal Cancer Navigator Program



General Information

The Northwest Tribal Cancer Navigator Program is a community-based intervention sponsored by the National Cancer Institute addressing barriers to timely, quality cancer diagnosis and care for American Indians.

Resources Available

Navigators are nurses or community members with training and experience in cancer issues. They are available to help any Native patient and their family who have abnormal cancer screenings, who need diagnostic tests related to cancer, or who have diagnosed cancer. Navigators cannot provide direct services, however can help coordinate medical care and non-medical issues, such as transportation services, paperwork, and insurance. Participating sites include the Grand Ronde Health & Wellness Center in Grand Ronde, Oregon; the Puyallup Tribal Health Authority in Tacoma, Washington; the Siletz Community Health Clinic in Siletz, Oregon; the Shoshone-Bannock Tribal Health Center in Fort Hall, Idaho; and the Yakama Indian Health Center in Toppenish, Washington. The project is expected to run until October 2010.

How to Obtain Resources

Navigators are available to patients at the participating clinics who have cancer or who have screening tests or symptoms that mean they could have cancer. For more information regarding navigation services, please contact NPAIHB or visit one of the tribal programs listed in the Appendix A.

Contact Information

Claudia We-La-La Long
Navigator Research Director
Email: clong@npaihb.org

Matthew Town, MPH
Project Coordinator
Email: mtown@npaihb.org

Northwest Portland Area Indian Health Board
527 SW Hall Street, Suite 300
Portland, OR 97201
Phone: 1 (877) 664-0603
Fax: (503) 228-8182
Web: www.npaihb.org/epi/navigator



PATIENT ADVOCATE FOUNDATION

Providing Professional Services Nationally since 1996

General Information Patient Advocate Foundation is a national non-profit organization that seeks to safeguard patients through effective mediation assuring access to care, maintenance of employment and preservation of their financial stability.

Resources Available Patient Advocate Foundation seeks to empower patients to take control of their health care. Case managers work with patients to discover local, state, and federal programs that provide assistance for their individual needs. PAF has produced six major publications, several informational brochures, and several special sections devoted to certain health related topics to assist in this goal. Our case managers have also compiled a list of valuable resources that address several topics that you may find beneficial.

How to Obtain Resources If you or someone you know needs assistance with their insurer, employer and/or creditor regarding insurance, job retention and/or debt crisis matters relative to their diagnosis of life threatening or debilitating diseases, please call us at 1-800-532-5274 or email us.

We are constantly adding resources for patients and professionals. If you are unable to find a particular resource or wish to add a resource, please email us.

Contact Information **Patient Advocate Foundation**
700 Thimble Shoals Blvd
Suite 200
Newport News, VA 23606
Phone: (800) 532-5274
Fax: (757) 873-8999
Email: help@patientadvocate.org

General Information

CancerCare is a national non-profit organization that provides free, professional support services to anyone affected by cancer: people with cancer, caregivers, children, loved ones, and the bereaved. CancerCare programs – including counseling, education, financial assistance and practical help – are provided by trained oncology social workers and are completely free of charge. Founded in 1944, CancerCare now provides individual help to more than 90,000 people each year, in addition to the 1.4 million people who gain information and resources from its website.

Resources Available

CancerCare Connect™: Expert-led educational programs on a variety of cancer-related topics

CancerCare Counseling™: Professional counseling and facilitated support groups

CancerCare Inform™: Resources and strategies for finding help

CancerCare Assist™: Financial Assistance for those who need it most

How to Obtain Resources

Please use the information below.

Contact Information

For all services call 800-813-HOPE (4673) or use the following:

CancerCare Connect™

www.cancercare.org/get_help/education.php
Education calendar: www.cancercare.org/TEWteled@cancercare.org

CancerCare Counseling™

www.cancercare.org/get_help/counseling.php
info@cancercare.org

CancerCare Inform™

www.cancercare.org/reading_room/publications@cancercare.org

CancerCare Assist™

www.cancercare.org/get_help/assistance/index.php
info@cancercare.org



Angel Flight West

General Information

The year was 1983. At that time the Los Angeles chapter of the American Medical Support Flight Team was launched with a lot more good intentions than flights. In fact, for the first several years of its existence, what would later be called Angel Flight West had an uphill battle to convince people that it was giving away free air transportation!

Angel Flight, a volunteer organization dedicated to providing free air transportation to medical treatment for patients and their families who cannot afford public transportation or who cannot tolerate it for health reasons.

The Oregon, Washington, and Idaho Angel Flight Wings currently (2005) have 465 members of which 311 are mission pilots. We have flown hundreds of missions across the NW and further.

We also fly missions for other compelling needs such as transporting young cancer victims to Camp Rainbow Gold each summer in Sun Valley. The Idaho Wing meets the growing need of Idaho families by providing continued education to community organizations about available services and by recruiting pilots to fly missions.

Resources Available

The organization will fly patients and their families to medical care on a non-emergency basis who demonstrate medical and financial need.

How to Obtain Resources

If you are a medical or social work professional who is interested in learning about free transportation for your patients in need, please contact our Outreach Coordinators. They can supply information and can arrange for an Angel Flight representative to make a presentation to your group. This largely consists of one-on-one meetings and presentations with hospitals, non-profit organizations, and government agencies.

Contact Information

If you are interested Angel Flight doing a site visit to your tribe or tribal health program, contact Angel Flight West and they will put you in contact with your local Angel Flight Outreach Coordinator. They can also be found on the Angel Flight web site by state.

Angel Flight West
3161 Donald Douglas Loop South
Santa Monica, CA 90405
1-888-426-2643
www.angelflight.org

Lance Armstrong Foundation

Survivorship Resources



General Information

The Lance Armstrong Foundation (LAF) inspires and empowers people affected by cancer. We help people with cancer focus on living; we believe that unity is strength, knowledge is power and attitude is everything. From the moment of diagnosis, the LAF provides the practical information and tools people with cancer need to live life on their own terms. The LAF serves its mission through advocacy, public health and research. Founded in 1997 by cancer survivor and champion cyclist Lance Armstrong, the LAF is located in Austin, Texas.

Resources Available

The **LIVESTRONG** Resource for Cancer Survivors provides tools and information to address the physical, emotional and practical challenges of cancer. Offering a range of survivorship topics and stories shared by cancer survivors in their own words, the Resource is available online at www.livestrong.org and through the **LIVESTRONG** Survivorship Notebook, a portable, three-ring binder with worksheets to help survivors be informed and keep organized. Order a free **LIVESTRONG** Survivorship Notebook at www.livestrong.org/notebook. Shipping charges may apply.

The **LIVESTRONG** SurvivorCare program educates cancer survivors about new treatments in development, helps them navigate the insurance system, offers counseling and support groups and provides help with the practical challenges of cancer, such as transportation and child care. Call **LIVESTRONG** SurvivorCare toll-free at (866) 235-7205 or contact us online at www.livestrong.org/survivorcare.

How to Obtain Resources

If you would like more information and/or assistance with the services listed above:

- Call **LIVESTRONG** SurvivorCare toll free at (866) 235-7205
- Visit the LAF's website www.livestrong.org/survivorcare

Contact Information

Lance Armstrong Foundation
Tel: (866) 235-7205 Toll Free
Website: www.livestrong.org/survivorcare

General Information

Our Mission is to cure leukemia, lymphoma, Hodgkin's disease and myeloma, and to improve the quality of life of patients and their families. The Society has chapters nationwide and in Canada.

The Society is the world's largest voluntary health organization dedicated to funding blood cancer research and providing education and patient services.

A diagnosis of leukemia, lymphoma or myeloma brings many daily challenges. The Society is committed to providing support and guidance to patients, families and the healthcare professionals who care for them.

Resources Available

The resources provided by the Society include:

- Patient Education Programs
- Family Support Groups
- Website
- Information Resource Center
- Patient Financial Aid
- First Connection: Peer Support
- Trish Greene Back to School Program

How to Obtain Resources

If you would like more information and/or assistance with the services listed above:

- Call the Information Resource Center: 800-955-4572
- Visit the website www.lls.org

Call your chapter's Patient Services Manager:

Oregon: 503-245-9866

WA/AK: 888-345-4572

ID: 208-658-6662

For other chapters go to www.lls.org and consult the map.

National Marrow Donor Program®

Creating Connections. Saving Lives.™



General Information

The National Marrow Donor Program (NMDP) works through active communities, corporate outreach, and partnerships to raise awareness of the need for adult volunteer donors and donations of cord blood units from the American Indian and Alaska Native communities. Nearly 75,000 American Indians and Alaska Natives have joined the NMDP Registry to volunteer as potential marrow or blood cell donors. Nevertheless, more American Indian and Alaska Native donors are still needed, so that more patients can have a chance of finding a match. To learn more, visit marrow.org/join.

Resources Available

The National Marrow Donor Program Office of Patient Advocacy is here to help. On this website, www.marrow.org, you can find information to help you:

- Talk with your doctor
- Choose a transplant center
- Answer questions about caregiving
- Manage financial or insurance matters
- Prepare for life after transplant

All National Marrow Donor Program patient advocacy services and resources are free.

How to Obtain Resources

If you would like more information and/or assistance with the services listed above:

Call toll free in the United States:
(800) MARROW2 (1-800-627-7692)
Outside of the United States call:
(612) 627-8140
Interpreters are available.

E-mail: patientinfo@nmdp.org



American Cancer Society

- General Information** The American Cancer Society is a nationwide community-based, voluntary health organization dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives, and diminishing suffering from cancer through research, education, advocacy, and service.
- Resources Available** Through research, fundraising, and trained volunteers, the American Cancer Society provides a wide array of services including the following: support groups, services, and events for support, information, and ideas about how you can help fight cancer.
- How to Obtain Resources** Please see contact information listed below. For detailed local information please see Appendix A.
- Contact Information** 1-800-ACS-2345 (1-800-227-2345). Visit the website at www.cancer.org. See the contact information in Appendix A for your respective branch of the American Cancer Society.

Cancer Information Service of the Northwest Region

National Cancer Institute's
**CANCER
INFORMATION
SERVICE**

- General Information** The National Cancer Institute (NCI), the Nation's lead agency for cancer research, established the Cancer Information Service (CIS) in 1975 to educate people about cancer prevention, risk factors, early detection, symptoms, diagnosis, treatment, and research. The CIS is a leader in providing the latest, most accurate information on cancer in language that is easy to understand. The CIS is an essential part of NCI's cancer prevention and control efforts.
- Resources Available** To provide information about cancer to patients and their families, physicians and other health professionals, and the public, the CIS has a three-pronged approach:
- Information specialists answer questions about cancer by telephone, TTY, and instant messaging. They can provide printed and electronic NCI publications.
 - The Partnership Program reaches those who may have limited access to health information.
 - The Research Program helps researchers advance health communication practices.
- How to Obtain Resources** To speak with a CIS information specialist:
- Call CIS toll-free at 1-800-4-CANCER (1-800-422-6237), 9:00 AM – 4:30 PM local time, Monday through Friday.
 - People in the U.S. with TTY equipment may call toll-free at 1-800-332-8615, 9:00 AM – 4:30 PM local time, Monday through Friday.
- To speak with a smoking counselor:
- Call NCI's Smoking Quitline at 1-877-448-QUIT (1-877-448-7848), 9:00 AM - 4:30 PM local time, Monday through Friday.
- Over the Internet:
- If you have Internet access, you get live, online assistance through the *LiveHelp* instant messaging service. Information specialists can answer your questions about cancer, offer help with quitting smoking, and help you use NCI's Web site. Access *LiveHelp* on NCI's Web site www.cancer.gov, (click on "Need Help?" and "Connect to LiveHelp"). This service is available from 9:00 AM to 11:00 PM Eastern time, Monday through Friday.
- Contact Information** Northwest Region Partnership Program Staff serving ID, OR and WA:
- Nancy Zbaren, Program Director – Tel: 206-667-6393, nzbaren@fhcrc.org
 - Kathy Briant, Partnership Program Manager, Tel: 206-667-1137, kbriant@fhcrc.org
 - Heidi Harbach, Partnership Program Coordinator (PPC) Communications, Tel: 206-667-7245, hharbarch@fhcrc.org
 - Carrie Nass, PPC (covers Western & Central WA), Tel: 206-667-5477, cnass@fhcrc.org
 - Sara Padilla, PPC (covers Western & Central OR), Tel: 971-673-1067, sara.padilla@state.or.us
 - Sharlynn Rima, PPC (covers E. WA, E. OR, and ID), Tel: 509-358-7813, srima@fhcrc.org

Section 3: Breast & Cervical Cancer Early Detection Programs



Cornhusk bag courtesy Violet Allman Collection (Nez Perce)

National Breast and Cervical Cancer Early Detection Programs

General Information

The National Breast and Cervical Cancer Early Detection Program (NBCCEDP) builds the infrastructure for breast and cervical cancer early detection by supporting public and provider education, quality assurance, surveillance, and evaluation activities critical to achieving maximum utilization of the screening, diagnostic and case management services. The Centers for Disease Control and Prevention fund programs administrated by State Departments of Health in addition to programs for American Indian and Alaska Natives. In addition to the state programs there are programs administrated by the Native American Rehabilitation Association and South Puget Intertribal Planning Agency.

Resources Available

Get a free or low-cost mammogram and pap test for those who qualify.

How to Obtain Resources

See the following pages (35-45) for program contacts in Idaho, Oregon, and Washington.

Contact Information

The following pages contain information for each of the programs.

Source: www.cdc.gov/cancer/nbccedp/

Native American Rehabilitation Association of the NW, Inc. (NARA)



General Information	The NARA Breast and Cervical Cancer Program provides AI/AN women the opportunity to receive screening, referral and follow-up care in a culturally comfortable environment.
Resources Available	The program offers annual women's wellness exams and breast and cervical health education. Our care includes follow-up, referral, transportation services, and a female health provider. These screening services are provided at low or no cost, to those who qualify; underserved, underinsured, at-risk, never screened or very rarely screened.
How to Obtain Resources	Call or write program staff as noted below.
Contact Information	Women's Wellness Program 15 North Morris Portland, OR 97214 Tel: (503) 230-1989 Fax: (503) 230-9877 Website: www.naranorthwest.org



South Puget Intertribal Planning Agency (SPIPA)

General Information

SPIPA is a consortium of five tribes in western Washington, including the Chehalis, Nisqually, Shoalwater Bay, Skokomish, and Squaxin Island Tribes.

Resources Available

SPIPA's Native Women's Wellness Program works to reduce breast and cervical cancer mortality through culturally appropriate outreach, education, screening, and diagnostic services. The program provides no-cost mammograms, clinical breast examinations, pelvic exams, and Pap tests to low-income Native American women of the five members tribes, and educational activities.

How to Obtain Resources

Call or write program staff as noted below.

Contact Information

Native Women's Wellness Program
2970 SE Old Olympic Highway
Shelton, WA 98584
Tel: (360) 462-3221
Toll Free: (800) 924-3984 x3221
Fax: (360) 427-8003
Website: www.spipa.org/nativewomen.shtml



Idaho Women's Health Check

General Information

Women's Health Check is a federally funded program that offers free breast and cervical cancer screening to women who qualify. Women's Health Check exams are available statewide from qualified Idaho providers including district health departments, clinics, tribal health facilities, gynecologists, and family practice doctors. Women's Health Check is for:

Resources Available

- **Women between the ages of 50 - 64** for Pap test, clinical breast exam and mammogram
- **Women between the ages of 40 - 49** for Pap test
- Note: Women who have not had a Pap test or not had a Pap test in the last 5 years are at high risk for cervical cancer and are a priority for enrollment.
- Have income below 200% of the federal poverty level (see website)
- No health insurance coverage for Pap tests or mammograms
- Women over age 65 who are NOT eligible for Medicare or cannot afford Medicare Part B

***Limited enrollment and services** available for uninsured women who meet these additional criteria:*

- *Age 30 – 49 and have symptoms suspicious of breast cancer confirmed by a health care professional*
- *Age 30 – 39 and have symptoms suspicious of cervical cancer confirmed by a health care professional*

How to Obtain Resources

Dial 2-1-1 Idaho CareLine or 1-800-926-2588 to refer a client to a *Health Check* Coordinator.

Contact Women's Health Check Central Office 208-334-5805 for questions, material requests, or to find out about partnership opportunities including how to become a Women's Health Check provider.

Contact Information

Minnie Inzer Muniz, Program Manager
Women's Health Check
Idaho Department of Health and Welfare
450 W State Street, 4th Floor
Boise, ID 83720-0036
Tel: (208) 334-5805
Fax: (208) 334-6573
Email: inzerm@idhw.state.id.us
Website: www.healthandwelfare.idaho.gov

Idaho Health District Women's Health Check Programs

Idaho Tribes	Panhandle	North Central	Southwest	South Central	Southeastern	Eastern Health Department
Coeur d'Alene	X					
Kootenai	X					
Nez Perce		X				
Northwestern Band of the Shoshone Nation					X	
Shoshone Bannock Tribes					X	

Idaho Women's Health Check Coordinators

Name	WHC Coordinator	Website
Panhandle Health District 8500 N. Atlas Rd Hayden, ID 83835	Gail Turley Phone: (208) 415-5100 Fax: (208) 664-8736 Email: gturley@phd1.state.id.us	www2.state.id.us/phd1/
North Central Health District 215 10th Street Lewiston, ID 83501	Maggi Alsager Phone: (208) 799-3100 Fax: (208) 799-0349 Email: malsager@phd2.idaho.gov	www2.state.id.us/phd2/
Southwest District Health Department 920 Main Street Caldwell, ID 83605	Debbie Dobbs Phone: (208) 455-5300 Fax: (208) 454-7722 Email: ddobbs@phd3.state.id.us	N/A
South Central District Health Department 1020 Washington Street N Twin Falls, ID 83301-3156	Sharlynn Van Tassell Phone: (208) 734-5900 Fax: (208) 734-9502 Email: svantassell@phd5.state.id.us	www2.state.id.us/phd5/
Southeastern District Health Department 1901 Alvin Ricken Drive Pocatello, ID 83201	Dana Bezdeka Phone: (208) 233-9080 Fax: (208) 234-7169 Email: dbezdeka@phd6.state.id.us	www2.state.id.us/phd6/
Eastern Health Department 254 "E" Street Idaho Falls, ID 83402-3597	Pat Fletcher Phone: (208) 522-0310 Fax: (208) 525-7063 Email: fletcher@phd7.state.id.us	www2.state.id.us/phd7/
Family Practice Residency of Idaho 777 North Raymond Boise, ID 83704	Sharene Brown Phone: (208) 367-6638 Fax: (208) 327-2217 Email: Sharene.Brown@FMRIdaho.org	www.fmridaho.org
Terry Reilly Health Services 223 16th Avenue North Nampa, ID 83687	Roxanne Ohlund Phone: (208) 318-1223 Fax: (208) 466-5359 Email: rohlund@trhs.org	www.trhs.org
Saint Alphonsus Breast Cancer Center 6200 W. Emerald Boise, ID 83706	Julie Orgill Phone: (208) 367-3336 Fax: (208) 367-3390 Email: JULIORGI@sarmc.org	www.saintalphonsus.org

Oregon Breast and Cervical Cancer Program



General Information

Since 1992, CDC has funded the Department of Health Services (DHS) to implement the Oregon Breast and Cervical Cancer Program. DHS also works with the Oregon & SW Washington Affiliate of the Susan G. Komen Breast Cancer Foundation. The screening funds are to promote early detection of breast and cervical cancer among Oregon's medically underserved individuals. Approximately 6,000 individuals annually receive services. The Komen Breast Screening Program provides screening and diagnostic services to eligible women and men ages 40 - 49 and 65+.

Resources Available

DHS Health Services fund county health departments, federally recognized tribes, and community-based organizations to conduct education and recruitment activities and provide **Women's Health Check** services which can include the following: blood pressure check, height and weight check, clinical breast exam by health provider, time to learn about breast self-exam, a mammogram, a pelvic exam, a Pap test, and time to talk about health concerns. **Follow-up services can include:** some diagnostic services such as ultrasound, breast biopsy, surgical consultation, colposcopy, and cancer treatment for some women qualified through Medicaid or referral to treatment services.

To be eligible, a woman must be:

- ⌘ Age 40 – 64; 65+ not eligible for Medicare Part B
- ⌘ Uninsured or underinsured
- ⌘ Have an income below 250% of the federal poverty level

How to Obtain Resources

To find out about education and screening activities near you, or to learn about becoming involved, contact the local BCC Program near you either through the local Indian health program or local health department.

Federally Recognized Tribes

Burns Paiute Tribe	(541) 573-7312
Confed. Tribes of Coos, Lower Umpqua, Siuslaw	(541) 888-9577
Coquille Indian Tribe	(800) 344-8583
Cow Creek Band of Umpqua Tribe of Indians	(800) 935-2649
Klamath Tribal Health & Family Services	(541) 882-1487
Confederated Tribes of the Siletz Indians	(541) 444-1030
Confederated Tribes of Warm Springs	(541) 553-3225
NARA Indian Health Clinic (Portland)	(503) 230-9875

Contact Information

See local telephone listings for county health department or call the local tribe.

Oregon Breast and Cervical Cancer Programs

For Oregon Tribes	Burns Paiute Tribe	Confederated Tribes of Coos, Lower Umpqua, Siuslaw	Confederated Tribes of Grand Ronde	Confederated Tribes of Siletz Indians	Confederated Tribes of the Umatilla Indian Reservation	Confederated Tribes of Warm Springs	Coquille Tribe	Cow Creek Band of Umpqua	Klamath Tribes
Baker									
Benton				X					
Clackamas				X		X			
Clatsop									
Columbia									
Coos		X					X	X	
Crook		X							
Curry							X		
Deschutes								X	
Douglas		X					X	X	
Gilliam									
Grant									
Harney	X								
Hood River									
Jackson							X	X	
Jefferson						X			
Josephine								X	
Klamath								X	X
Lake									
Lane		X		X			X	X	
Lincoln		X		X					
Linn				X					
Malheur									
Marion			X	X					
Marrow									
Multnomah			X	X					
Polk			X	X					
Sherman									
Tillamook			X	X					
Umatilla					X				
Union					X				
Wallowa									
Wasco						X			
Washington			X	X					
Wheeler									
Yamhill			X						



Oregon Breast and Cervical Cancer Program Contacts

County	Telephone
Baker	(541) 962-8839
Benton	(541) 757-6835
Clackamas	(503) 557-6446
Clatsop	(503) 397-4651
Columbia	(503) 397-4651
Coos	(541) 756-2020
Crook	(541) 447-5165
Curry	(541) 247-3300
Deschutes	(541) 322-7452
Douglas	(866) 550-8818
Grant	(541) 575-0429
Harney	(541) 573-2271
Hood River	(541) 296-4636
Jackson	(541) 774-8046
Jefferson	(541) 475-4456
Lake (North)	(541) 576-2176
Lane	(541) 682-6682
Linn	(541) 967-3888
Malheur	(541) 889-7279
Marion	(503) 361-2664
Morrow	(541) 676-5421
Multnomah	(503) 988-4043
Polk	(503) 623-8175
Tillamook	(503) 842-3912
Umatilla	(541) 962-8839
Union	(541) 962-8823
Wallowa	(541) 962-8839
Wasco-Sherman	(541) 296-4636
Washington	(503) 846-2814
Wheeler	(541) 763-2725
Yamhill	(503) 434-7525



Washington Breast & Cervical Health Program

General Information

The Washington Breast and Cervical Health Program (WBCHP) in Washington state is designed to provide uninsured and underinsured women aged 40 to 64 with breast and cervical cancer screenings. Women ages 40 to 64 whose household income is at or below 250% of the Federal Poverty Level (FPL) Guidelines are eligible for free breast and cervical cancer screening and diagnostic services. Age- and income-eligible women having insurance that covers the procedures either in part, or having not met their deductibles may get their screening and diagnostic services through this program.

Medicaid and Medicare Part B covers the same screening and diagnostic services as WBCHP. Women with Medicaid as their primary health coverage are not eligible for WBCHP. A woman's Medicaid coverage for her dependents has no bearing on her WBCHP eligibility. Women without Medicare Part B may be eligible for the program.

Resources Available

WBCHP pays for annual screenings. This includes a clinical breast examination, mammogram, pelvic exam, and pap test, as indicated.

How to Obtain Resources

To find out about education and screening activities near you, or to learn about becoming involved, contact the local BCC Program near you. You can find out more information either through the local Indian health program or local health department

Contact Information

Washington Breast and Cervical Health Program
Washington State Department of Health
NewMarket Industrial Campus, Bldg. 13
P. O. Box 47855
Olympia, WA 98504-7859
Toll Free: 1-888-438-2247
www.doh.wa.gov/wbchp/

Table – Washington Breast & Cervical Health Programs

For Washington Tribes	Public Health Seattle/ King County	Southwest Washington Medical Center	Spokane Regional Health District	Tacoma-Pierce County health department	Wenatchee Valley Clinic	Yakima Health District
Confederated Tribes of Chehalis		X				
Confederated Tribes of Colville			X		X	
Hoh	X					
Jamestown S’Klallam	X					
Kalispel			X			
Lower Elwha	X					
Lummi					X	
Makah	X					
Muckleshoot	X			X		
Nisqually		X		X		
Nooksack					X	
Port Gamble	X					
Puyallup	X	X		X		
Quileute	X					
Quinault Indian Nation	X	X				
Samish					X	
Sauk Suiattle					X	
Shoalwater Bay		X				
Skokomish		X				
Snoqualmie	X					
Spokane			X			
Squaxin Island		X				
Stillaguamish					X	
Suquamish	X					
Swinomish					X	
Tulalip Tribes					X	
Upper Skagit					X	
Yakama Nation		X				X

Washington Breast & Cervical Health Program Contacts

Prime Contractor	Counties Served	Primary Contact
<p>Southwest Washington Medical Center 600 NE 92nd Avenue P.O. Box 1600 Vancouver, WA 98661 Toll-free: (800) 992-1817</p>	<p>Clark, Cowlitz, Klickitat, Pacific, Skamania, Wahklakum, Grays Harbor, Lewis, Mason, Thurston</p>	<p>Sherril Allen Phone: 360-514-3126 Or (800) 992-1817 smallen@swmedctr.com</p>
<p>Tacoma-Pierce County Health Department 3629 South D. Street Tacoma, WA 98418 Tel: (253) 798-4971</p>	<p>Pierce</p>	<p>Karen Fennell Phone: (253) 798-4971 kfennell@tpchd.org</p>
<p>Wenatchee Valley Clinic 830 N. Chelan Wenatchee, WA 98801 Toll-free: (888) 551-3994 (Eastern Washington) Toll-free: (800) 865-3647 (Northwest Washington)</p>	<p>Adams, Chelan, Douglas, Grant, Island, Okanagon, San Juan, Skagit, Snohomish, Whatcom</p>	<p>Natasha Rathbun Phone: (888) 551-3994 or (800) 865-3647 nrathbun@wvclinic.com</p>
<p>Public Health Seattle-King County 111 Israel Rd SE, 3rd floor Tumwater, WA 98501-7855. Toll-free: (800) 756-5437</p>	<p>Clallam, Jefferson, King, Kitsap</p>	<p>Ellen Phillips-Angeles Phone: (206) 205-5679 or (800) 756-5437 ellen.Phillips-angeles@metrokc.gov</p>
<p>Spokane Regional Health District 1101 West College Avenue Spokane, WA 99201 Toll-free: (888) 461-8876</p>	<p>Asotin, Ferry, Garfield, Lincoln, Pend Oreille, Spokane, Stevens, Whitman</p>	<p>Linda Jackson Phone: (509) 324-1538 or (888) 461-8876 ljackson@spokanecounty.org</p>
<p>Yakima Health District 104 North 1st Street, Suite 204 Yakima, WA 98907 Toll-free: (800) 535-5016</p>	<p>Benton, Columbia, Franklin, Kittitas, Walla Walla, Yakima</p>	<p>Jensen Thayer Phone: (509) 249-6512 or (800) 535-5016 carolyn.jensen@co.yakima.wa.us www.yakimapublichealth.org</p>



Section 4: Tribal Cancer Control Planning Forms and Examples



Cornhusk bag courtesy of the Violet Allman Collection (Nez Perce)

Tribal Cancer Action Plans

We have included examples for you to develop tribal action plans related to different phases of cancer control among American Indian and Alaska Native patients and community members. Some of these examples are based on the 20-year plan for Tribal Cancer Control in Northwest Tribes.

We encourage you to use the template to help guide your creativity related to cancer control in your own community. Please pay particular attention to identification of various agencies and other resources that will be useful for implementation of your various programs.

These agencies may include:

- Avon Foundation
- Susan G. Komen Breast Cancer Foundation
- Lance Armstrong Foundation
- American Cancer Society
- Cancer Information Service
- Local Breast and Cervical Cancer Screening and Treatment Program
- Local Cancer Center
- Leukemia and Lymphoma Society
- Native People's Circle of Hope
- Yakama Office of Native Cancer Survivorship
- Spirit of EAGLES

The definitions used for these plans are:

Resources - Individuals or organizations that can partner to accomplish the activities.

Activity - Used to address problem.

Outputs - Result immediately or soon after the activity

Short and Long Term Outcomes - Result of activity in 1 to 6 years following activities.

Impact - Resulting changes from activity in 7 to 10 years.

Sample Cancer Control Plans

Sample Plans	Resources	Activities	Outputs	Short and Long Term Outcomes	Impact
<p>Cancer Prevention</p>	<ul style="list-style-type: none"> • Tribal Tobacco Coordinator • American Lung Association: Teens Against Tobacco Use (TATU) • American Cancer Society: Tobacco Youth Speakout 	<ul style="list-style-type: none"> • Fun event with meeting 	<ul style="list-style-type: none"> • Number of youth attending group meetings 	<ul style="list-style-type: none"> • Number of youth not using commercial tobacco 	<ul style="list-style-type: none"> • Reduce initiation of commercial tobacco use among youth ages 10-19
<p>Screening and Early Detection</p>	<ul style="list-style-type: none"> • Susan G. Komen Foundation • NTCCP • Region X Women's Health 	<ul style="list-style-type: none"> • Women's health Day, holding educational activities, survivor presentations, food, and fun 	<ul style="list-style-type: none"> • Number of women participate in event 	<ul style="list-style-type: none"> • Number of women who receive annual mammograms 	<ul style="list-style-type: none"> • Increase awareness of women 40 and older about the importance of annual mammograms



Sample Cancer Control Plans (Continued)

Sample Plans	Resources	Activities	Outputs	Short and Long Term Outcomes	Impact
Cancer Treatment	<ul style="list-style-type: none"> • CancerCare • Patient Advocate Foundation • Yakama Office of Native Cancer Survivorship • Native People's Circle of Hope 	<ul style="list-style-type: none"> • Create Phone tree for volunteer network • Train volunteer network • Distribute phone tree to cancer center for native cancer patients to receive 	<ul style="list-style-type: none"> • Number of volunteer hours • Number of patient assistance 	<ul style="list-style-type: none"> • Number of Patients attending cancer center appointments 	<ul style="list-style-type: none"> • Improve cancer patient attendance at cancer center appointments
Palliation	<ul style="list-style-type: none"> • NPAIHB • Local Cancer Center • Local Spiritual Leadership 	<ul style="list-style-type: none"> • Mobilize local volunteer support network to educate patients about available resources 	<ul style="list-style-type: none"> • Number of community health providers educated 	<ul style="list-style-type: none"> • Number of patients reporting good pain management 	<ul style="list-style-type: none"> • Increase percentage of patients who state that their cancer pain is under good control

Sample Community Activity Plan

Goal: Increase Cancer Awareness									
Activity: Community Cancer Awareness Walk/Ride May 13, 2006									
Action Steps	Accountability		Schedule		Resources		Feedback Mechanism		
	Primary	Others	Start	End	Dollars	Time (hrs)			
Event Planning	Cancer Survivor		4/4/06				Attendance		
Park Facilities Registration	Breast & Cervical Program				\$25	0.3			
Get Event Tables	Cancer Survivor Group		5/13/06	5/13/06	\$0	0.5			
Riding Wagon Rental	Breast & Cervical Program		4/6/06	4/6/06	\$195	0.3	Receipt		
Purchase T-Shirts	Cancer Survivor				\$600	8	Receipt		
Cancer Pins/tape measures	Breast & Cervical Program				\$50	0.6			
Water	Cancer Survivor				\$10	0.2			
Juice	Cancer Survivor	Local Juice Company			\$108	0.6			
Event Posters	Cancer Survivor	Local Casino			\$200	8			
Event Maps	Breast & Cervical Program	Local Historical Society			\$0	0.15			
Cancer Literature	Community Health Representative	American Cancer Society			\$0	0.3			
Total					\$1188	18.95	Attendance & Satisfaction Survey		



Strategic Plan

Sample Plans	Resources	Activities	Outputs	Short and Long Term Outcomes	Impact

Activity Plan

Goal:												
Activity:												
Action Steps	Accountability		Schedule		Resources		Feedback Mechanism					
	Primary	Others	Start	End	Dollars	Time (hrs)						



Section 5: Cancer Control Partnership Programs for conducting Activities with Northwest Tribes



Cornhusk bag courtesy of the Violet Allman Collection (Nez Perce)

Northwest Tribal Cancer Control Project

General Information

In December 1998, the Northwest Tribal Cancer Control Project (NTCCP) began its work to reduce the cancer burden in Northwest tribal communities by taking an integrated and coordinated approach to cancer control through prevention, screening and early detection, diagnosis, treatment, rehabilitation, and palliation. The Northwest Tribal Cancer Coalition, meeting since 1999, directs project activities.

NTCCP's current priorities are:

1. Meet with tribal cancer control teams to identify potential partners to provide resources to tribes.
2. Contact potential cancer control organizations regarding participation with tribes.
3. Facilitate the development of tribe-specific action plans at initial meetings with tribes and in follow-up conference calls.
4. Conduct meetings between tribal representatives and their current and potential cancer control partners to discuss action plans.
5. Assist tribes in developing evaluation strategies and outcome measures for their action plans.
6. Provide technical assistance to tribes as they implement their action plans.
7. Collect and analyze evaluation data.
8. Prepare final evaluation report.

Resources Available

Staff provide technical assistance and training. Efforts are directed toward bringing more resources into tribal communities to reduce the cancer burden and support tribal cancer control efforts. The 20-year comprehensive cancer control plan and Cancer 101 curriculum are also available for Indian health programs to adapt to their local needs.

Contact Information

Kerri Lopez, Project Director
Northwest Tribal Cancer Control Project
Northwest Portland Area Indian Health Board
527 SW Hall, Suite 300
Portland, OR 97201
Phone (503) 416-3301
Fax: (503) 228-8182
Website www.npaihb.org
Email: klopez@npaihb.org

Women's Health Promotion Program



General Information

Since its inception in 1995, Women's Health Promotion Program (WHPP) has worked to increase the number of American Indian and Alaska Native women who are screened for breast and cervical cancer. Made up of representatives from Indian health programs in Oregon, the Women's Health Promotion Coalition directs project activities.

WHPP promotes routine women's health checks in a collaborative effort that makes resources available especially for women with inadequate resources for screening. WHPP provides training and technical assistance to the nine federally recognized Oregon Indian tribes as they carry out activities to increase the number of Indian women screened.

Participating tribal health programs are: Burns Paiute Tribe; Confederated Tribes of Coos, Lower Umpqua, Suislaw; Confederated Tribes of Grand Ronde; Confederated Tribes of the Umatilla Indian Reservation; Confederated Tribes of Siletz Indians; Confederated Tribes of the Warm Springs Indian Reservation; Coquille Indian Tribe; Cow Creek Band of Umpqua Indians; the Klamath Tribes; and the Native American Rehabilitation Association.

Resources Available

WHPP provides culturally sensitive curricula and presentations, incorporating traditional values and activities in outreach activities. The Pink Shawl Project, as adapted from the Inter-Tribal Council of Michigan, is one example of this. WHPP provides additional technical assistance in response to the needs of Indian health programs.

Contact Information

Kerri Lopez, Project Director
Women's Health Promotion Program
Northwest Portland Area Indian Health Board
527 SW Hall Street, Suite 300
Portland, OR 97201
Tel: (503) 416-3301
Fax: (503) 228-8182
Web: www.npaihb.org
Email: klopez@npaihb.org

Northwest Tribal Epidemiology Center

General Information

The mission of the *EpiCenter* is to collaborate with Northwest American Indian Tribes to provide health-related research, surveillance, and training to improve the quality of life of American Indians and Alaskan Natives.

Until recently, monitoring and surveillance of disease and disease risk factors among AI/AN people has been a function of the Indian Health Service (IHS). In the Portland Area, which includes Idaho, Oregon, and Washington, downsizing diminished the capabilities of IHS to adequately perform basic epidemiologic functions such as monitoring the health status of AI/AN communities. In 1997, the Northwest Portland Area Indian Health Board (NPAIHB) received funding for the development of the Northwest Tribal Epidemiology Center (*The EpiCenter*), with the goal to assist member tribes to improve their health status and quality of life. *The EpiCenter*'s is housed at NPAIHB, a non-profit tribal advisory board established in 1972 to advocate and provide technical assistance for the 43 Federally recognized tribes of Washington, Oregon, and Idaho.

Representatives from health care programs, IHS, and NPAIHB have selected seven Health Status Objectives related to :

- Infant Mortality
- Childhood Immunizations
- Children's Dental Health
- Women's Health
- Tobacco Use Cessation
- Diabetes
- Domestic Violence

For a list of objectives please see: www.npaihb.org/epi

Resources Available

The *EpiCenter* is involved with collecting data relating to and monitoring progress towards meeting health status objectives; evaluating delivery systems and data systems; and assisting tribes to identify high priority needs for health care delivery and health education.

Contact Information

Northwest Tribal Epidemiology Center
Northwest Portland Area Indian Health Board
527 SW Hall, Suite 300
Portland, OR 97201
Phone: (503) 228-4185
Fax: (503) 228-8182
Website: www.npaihb.org/epi
Email: tcasey@npaihb.org

Northwest Tribal Registry Project

General Information

The Northwest Tribal Registry Project was developed in January 1999 by the Northwest Tribal Epidemiology Center. The Registry Project utilizes a probabilistic linkage methodology to increase the quality of disease surveillance data for American Indians and Alaska Natives in Idaho, Oregon and Washington.

Morbidity and mortality data on Northwest AI/AN exist in many health-related data sets not controlled by Indian health care programs, including state cancer registries, hospital discharge data sets, and state death certificates. Unfortunately, race data are often incorrectly or inconsistently recorded, leading to incomplete and inaccurate race-specific disease measures.

By employing the record linkage methodology, the Registry Project allows for the identification of racial misclassification and thus a more accurate characterization of disease burden among the Northwest AI/AN population.

Resources Available

The project can provide Northwest Tribes and Tribal Health Programs

- Racially corrected Portland Area IHS, state specific, county or zip code based AI/AN cancer incidence and mortality
- Assistance with tribal cancer data needs as requested

Contact Information

For more information, please contact:

Doug White, MS
Northwest Tribal Registry Project Director
527 SW Hall St. Suite 300
Portland, OR 97201
Phone: (503) 228-4185 ext. 261
Fax: (503) 228-8182
Email: dwhite@npaih.org



Western Tobacco Prevention Project

General Information

The Vision of the NPAIHB Tobacco Team

The Western Tobacco Prevention Project's (WTPP) vision is to enhance the wellness of American Indian and Alaska Native communities by providing culturally appropriate tobacco education and prevention resources through training, technical assistance, collaboration and advocacy with a commitment to excellence.

Tobacco Related Cancers

Tobacco use is the single most preventable cause of cancer. Current estimates suggest that the use of commercial tobacco is responsible for nearly one third of all cancer deaths in the US, making it the single largest cause of death from cancer. Eight forms of cancer are largely attributed to smoking, including: mouth, larynx, pharynx, lung, esophagus, pancreas, kidney, pelvis and bladder cancer. The use of cigarettes, cigars, pipes, and smokeless tobacco, as well as exposure to second hand smoke, extensively increases one's risk of developing cancers. In the last decade, more than four million people in this country lost their lives to tobacco-related diseases, including more than 30,000 nonsmokers who died of lung cancer caused by secondhand smoke.

NPAIHB Tobacco Project Goals

- Promote respect for the sacred use of traditional tobacco
- Promote cessation services
- Prevent youth initiation
- Reduce exposure to secondhand smoke
- Counter tobacco company advertising on tribal lands

Resources Available

Resources provided by the Western Tobacco Prevention Project

- Monthly newsletters
- Technical assistance tailored to reduce commercial tobacco use
- Assistance in the development of media materials and campaign information
- Access to information about tobacco and culturally appropriate materials
- Workshops, training, and skill-building sessions
- Assistance in policy development around clean indoor air and youth access

Contact Information

Western Tobacco Prevention Project
Northwest Portland Area Indian Health Board
527 SW Hall, Suite 300
Portland, OR 97201
Phone: (503) 228-4185 x. 284
Fax: (503) 228-8182
Email: bmoran@npaihb.org
Website: www.western tobaccoprevention.net

Project Red Talon



General Information

Project Red Talon (PRT) provides education, training, and technical assistance to the tribes of Idaho, Oregon, and Washington on the prevention and treatment of sexually transmitted diseases.

Resources Available

Project Red Talon provides STD training and technical assistance to tribal medical providers, health professionals, and community health advocates. PRT facilitates the Red Talon STD/HIV Coalition, a group committed to reducing the prevalence of STDs among American Indians and Alaska Natives in the Pacific Northwest. PRT supports the adoption of new STD screening and treatment practices in tribal clinics. And by developing brochures, fact sheets, and resources, PRT supports activities that increase tribal knowledge about effective STD prevention, screening, and treatment strategies.

How to Obtain Resources

Download materials at: www.npaihb.org/std-aids/prt.html
Or call toll free: 877-955-5519

Contact Information

Stephanie Craig Rushing, MPH
Director, Project Red Talon
Northwest Portland Area Indian Health Board
527 SW Hall Street, Suite 300
Portland, OR 97201
Tel: (503) 416-3294
Fax: (503) 228-8182
Email: scraig@npaihb.org
Website: www.npaihb.org/std-aids/prt.html

Western Tribal Diabetes Project

General Information

The goal of Western Tribal Diabetes Project (WTDP) is to provide technical assistance to Northwest Tribes to develop a system for sustained data collection, reporting, and utilization. The objectives of WTDP are designed to assist the Tribes:

- Build a foundation to provide complete and accurate information about patients with diabetes
- Estimate the burden of disease and impact of diabetes by using an electronic diabetes register
- Improve health outcomes by using an electronic diabetes register to make informed decisions about clinical diabetes care
- Prevent diabetes in high-risk individuals
- Computer Trainings
- Assistance annual audit

Resources Available

WTDP has developed several tools to guide diabetes programs data improvement and health promotion activities.

WTDP has developed several tools to be used throughout the data improvement process. These tools include:

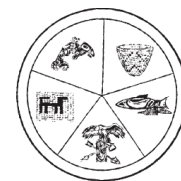
- Capacity Measurement Scale
- Mock Reports
- Site Work-plan
- Diabetes Screening Toolkit
- Bulletin
- RPMS Computer Program Training
- Workshops for Data Utilization
- Summary Diabetes Reports
- Excel Reports for Diabetes Audit

How to Obtain Resources

Kerri Lopez, Project Director
Western Tribal Diabetes Project
527 SW Hall Street, Suite 300
Portland, Oregon 97201
Phone 1.800.862.5497
Fax 503.228.4801
Email: klopez@npaih.org
Website: www.npaihb.org/epi/cadsp/WTDP_home.html

South Puget Intertribal Planning Agency

Comprehensive Cancer Control Project



General Information

South Puget Intertribal Planning Agency, SPIPA, driven by the values of service, collaboration and respect, has been serving the five tribes in Western Washington including: the Shoalwater Bay Tribe, Skokomish Tribe, Squaxin Island Tribe, Confederated Tribes of the Chehalis Reservation, and Nisqually Tribe, since 1976. Each tribe has their own characteristics that reflect their rich history and traditions as well as vision for the future. All five tribes have worked hard to develop community centers, health facilities, youth programs, elder services, tribal enterprises, and more. There is a National Breast and Cervical Cancer Program available for education and screening members of the five SPIPA tribes.

SPIPA's Cancer Control Planning efforts are rooted in the notion that many successful programs in Indian Country have begun as small projects that gradually developed and evolved in response to the needs of the communities being served. Meeting the needs of our five tribes works best with small, local beginnings and strong partnerships that respect community-based planning and management. This means important planning and decision making still take place at the tribal or community level.

SPIPA recognizes that good health can only be attained through helping tribal and community members improve the whole situation in which they live. Through strong partnerships this program is linking health activities with other aspects of social development. Health is seen as a state of wholeness and well being in the five tribes. This program is committed to cancer control efforts that enable tribal and community members from the SPIPA tribes to work together to improve community wellness in a way that is self-reliant and responsive to ongoing needs.

Resources Available

- Provide cancer prevention, education and awareness for tribal and community members at the SPIPA tribes
- Detect all screenable cancers at the earliest stage for tribal and community members
- Ensure that all tribal and community members with cancer at the Tribes receive cancer treatment services
- Ensure that tribal and community cancer survivors and their loved ones at all five tribes receive support

Contact Information

John C Simmons
Program Coordinator
Comprehensive Cancer and Control Project
Phone: (360)462-3226
Fax:(360)427-8003
Cell:(360)556-9508
Email: simmons@SPIPA.org
Website: www.spipa.org/expanding.shtml#cancer

Comprehensive Cancer Alliance for Idaho (CCAI)

General Information

Idaho aims to coordinate efforts to address the cancer burden by strengthening alliances and encouraging collaboration to address the continuum of cancer care. We will identify gaps in service delivery, maximize resources, enable changes in systems and policies, and implement multi-level interventions to reduce cancer incidence and mortality and improve quality of life. The Comprehensive Cancer Alliance for Idaho (CCAI) has identified five focus areas that will be targeted:

- Prevention
- Early Detection
- Treatment
- Quality of Life and Survivorship Issues
- Data

Resources Available

The resources available include:

- Idaho Comprehensive Cancer Control Strategic Plan: Available August 2006
- Idaho Cancer Resources- Local, Regional, and Statewide - Available July 2006 online at www.idcancer.org/ccc (For those without internet access please use the contact information below)
- Idaho Needs Assessment: Results from Seven Idaho Community Forums October/November 2005

Contact Information

Patti Moran, MHS
Comprehensive Cancer Control Program Manager
450 W. State Street, 6th Flr.
P.O. Box 83720
Boise, ID 83720-0036
Phone 208-332-7344
Fax: 208-334-6573
Email: moranp@idhw.state.id.us
Website: www.idcancer.org/ccc

Oregon Partnership for Cancer Control (OPCC)

General Information

Oregon Partnership for Cancer Control, OPCC, was formed in April 2004 to create the first statewide cancer plan for Oregon. More than 75 organizations are represented from health care, voluntary and community-based organizations. Membership and meetings are open to any interested individual or organization. OPCC activities are supported by a grant from the Centers for Disease Control and Prevention.

Resources Available

Resources available on the OPCC website (www.healthoregon.org/cancer)

- Oregon Comprehensive Cancer Plan 2005-2010
- Oregon Cancer Resources
- National Cancer Resources

Workgroups:

- Prevention and Early Detection
- Cancer Treatment and Quality of Life
- Cancer Disparities
- Public Policy and Legislation
- Cancer Surveillance

Contact Information

Patricia Schoonmaker, MPH
Project Coordinator
Oregon Partnership for Cancer Control
Oregon Health Services
800 NE Oregon Street, Suite 730
Portland, OR 97232-2162
Phone: (971) 673-0984
Fax: (971) 673-0994
Email: patricia.schoonmaker@state.or.us
Website: www.healthoregon.org/cancer

Washington Comprehensive Cancer Control Partnership (WCCCP)

General Information

Washington Comprehensive Cancer Control Partnership, WCCCP, is a diverse group of public, private, and non-profit organizations and individuals working to implement and evaluate the state cancer plan. WCCCP includes over 180 organizations and individuals. Membership and meetings are open to any organization or individual interested in cancer prevention and control. In 2006, the WCCCP received the first annual C-Change Exemplary Planning Award, recognizing a Comprehensive Cancer Control plan developed through a stakeholder and data driven process that is likely to be effective during its implementation phase.

Resources Available

A variety of resources are available on the Department of Health CCC Program website: www.doh.wa.gov/ccc

- Washington State Comprehensive Cancer Control Plan, 2004-2008
- Cancer Connection (WCCCP newsletter)
- Literature reviews and survey reports – colorectal cancer (samples):
 - * KAP survey report (physician knowledge, attitudes, and practices)
 - * Patient and physician barriers to screening
 - * Priorities for screening interventions
- Literature reviews and survey reports – prostate cancer (samples):
 - * KAP survey report (physician knowledge, attitudes, and practices)
 - * Screening and informed decision-making
 - * PSA controversy
 - * Priorities for intervention
- Other resources:
 - * Better Care for Cancer: A Symposium on the Quality of Cancer Care in Washington (recorded presentations available online at: Swedish Cancer Institute - videomedia.swedish.org/Mediasite/Viewer/?cid=2193cdd8-4e3f-4b33-bca5-86bd49c2a6e8)
 - * Annual policy and legislation summit – train, empower, and engage Partnership member on issues relating to legislation

Contact Information

Lauren B. Jenks, MPH, CHES
Director, Cancer Prevention and Control Unit
Washington State Department of Health
PO Box 47855
Olympia, WA 98504-7855
Phone: (360) 236-3843
Fax: (360) 664-2619
Email: lauren.jenks@doh.wa.gov
Website: www.doh.wa.gov/ccc

Project Filter



Idaho Tobacco Prevention and Control Program

General Information

Project Filter is a federally and state funded program that offers support to Idaho Tribes to address commercial tobacco use and secondhand smoke. Efforts towards prevention, cessation and elimination of secondhand smoke are developed by each Tribe and accomplished through a mix of education about commercial and traditional tobacco use, tobacco marketing awareness, and a strengthening of cultural ideals, leadership skills and community involvement.

Project Filter Goals

- Preventing young people from starting to smoke
- Eliminating exposure to secondhand smoke
- Promoting quitting among young people and adults
- Identifying and eliminating disparities in tobacco use among different population groups

Cessation Resources

Cessation services are offered through some Tribal Health Clinics and most local Health Departments. (See Tribal Tobacco Contacts below). Additional cessation assistance is available through:

Idaho QuitLine 1 (800) QUITNOW

TTY 1- 888 - 229 - 2182

- Free telephone counseling service to help smokers quit
- 5 free cessation Counseling sessions with trained cessation counselor
- Printed education materials
- Information about medications to help smokers quit
- All services are available in English, Spanish and for the Deaf and Hard Hearing Community.

Idaho QuitNet

www.idaho.QuitNet.com

- Free internet service that can help smokers quit
- Offers expert advice on quitting
- Online support from other smokers who are trying to quit
- Quitting guides to help smokers plan their quit attempt
- Directory of classes in local areas
- Quit calendar

Or call 2-1-1, Idaho CareLine

Contact Information

Idaho Department of Health

Disparities Coordinator - Jamie Delavan (208) 334 - 0643 delavanj@idhw.state.id.us

Tribal Tobacco Coordinators

Coeur d'Alene Tribe – Lanette Higgins (208) 686 - 1931 lhiggins@bmc.portland.ihs.gov

Nez Perce Tribe – Joyce McFarland (208) 843 - 7303 joycem@enterprise.nezperce.org

Shoshone Bannock Tribes – Hank Edmo McArthur (208) 238 - 5430 Hank.EdmoMcArthur@ihs.gov

Shoshone-Paiute Tribes – Virginia Howard (208) 757 - 2923 vzhoward0624@yahoo.com



Spirit of EAGLES

National Cancer Institute Community Networks Program

General Information

The goal of Spirit of EAGLES Community Networks Program (SoE CNP), a program of the National Cancer Institute's (NCI) Center to Reduce Cancer Health Disparities, is to reduce cancer disparities in American Indian/Alaska Native populations through community participation in education, research, and training. A major focus of this effort is to improve access to and utilization of beneficial cancer interventions by AI/ANs residing in both rural and urban settings. In addition, SoE CNP strives to provide mentoring and training opportunities for AI/AN researchers who will work to continue to address reduction and elimination of cancer disparities within these settings.

SoE CNP works through partnerships to bring the voice of the community forward to define the most effective ways to reduce the burden of cancer within this population. Examples of these partnerships include tribal organizations like the Northwest Portland Area Indian Health Board, National Indian Health Board, tribal communities, and the NCI's Cancer Information Service Northwest Region among others.

Resources for Cancer Control developed in collaboration with the NPAIHB

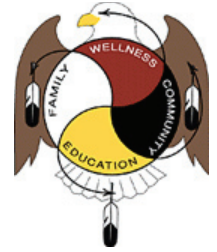
Cancer 101 – A Cancer Education and Training Program for American Indians and Alaska Natives. Teresa Guthrie, RN, MN, developed the Cancer 101 curriculum in consultation with Northwest tribes and the Northwest Tribal Cancer Control Project. It includes seven learning modules about cancer: 1) cancer among American Indians and Alaska Natives, 2) what is cancer, 3) cancer screening and early detection, 4) cancer diagnosis and staging, 5) cancer risk and risk reduction, 6) basics of cancer treatment, 7) support for patients and caregivers. The resource also includes evaluation forms, training tips, a glossary, and list of resources.

You can download the curriculum from the NPAIHB website:
www.npaihb.org/cancer/ntccpCA101.htm

Contact Information

Teresa Guthrie, RN, MN, Project Manager
Cancer Information Service – Northwest Region
1100 Fairview Ave. No., J2-400
P.O. Box 19024
Seattle, WA 98109-1024
Tel: (206) 667-7593
Fax: (206) 667-6097

Native C.I.R.C.L.E.



(Cancer Information Resource Center & Learning Exchange)

General Information

The Native C.I.R.C.L.E. is a resource center providing cancer-related materials to healthcare professionals and lay people involved in the education, care and treatment of American Indians and Alaska Natives.

The American Indian/Alaska Native Cancer Information Resource Center and Learning Exchange (Native C.I.R.C.L.E.) exists to stimulate, develop, maintain and disseminate culturally appropriate cancer information materials for American Indian/Alaska Native educators, healthcare leaders and students.

Resources Available

The Native C.I.R.C.L.E. does not produce their own materials. The materials listed in their resource catalog have been gathered from outside agencies, hospitals, clinics, etc., from within the United States and Canada. All materials are free of charge and there are no shipping and handling charges. There is a limit of 15 items with 50 copies maximum (items include videos which have a limit of two copies per video). Please allow 14-20 days for order processing.

How to Obtain Resources

Call toll-free 1-877-372-1617 for the *Resource Catalog* and/or use the order form included in the back pocket of this resource guide.

Contact Information

Native CIRCLE
Charlton 6; Room 282
200 First Street S.W.
Rochester, MN 55905
Toll free: (877) 372-1617
Fax: (507) 538-0504
E-mail: nativecircle@mayo.edu
Webpage: www.mayoclinic.org/nativeprograms



Native American Cancer Research

General Information

Native American Cancer Research (NACR) is an American Indian operated, community-based 501(c)(3) (non-profit) organization. The mission is to reduce cancer incidence and increase survival among American Indians and Alaska Natives. Our priority is to implement cancer research projects involving: prevention, health screening, education, training, control, treatment options, and support.

Research Principles

Because our research is community-based, there are specific stipulations we follow:

1. The community must directly benefit (service or education intervention) from participating in the research project.
2. The research project needs to address the communities' health priorities in a culturally respectful manner while fulfilling the funding agency(ies) research requirements.
3. Members of the community "research team" must be included in leadership roles throughout the research project.

Resources Available

Curricula that have completed extensive intertribal testing for cultural and scientific appropriateness are available on our website as free downloads. These slides will still need tribal and geographic modifications to be culturally relevant to your local communities. We ask that you acknowledge NACR when you use our slides, but you do not need separate permission. Examples of online curricula are:

1. "Get on the Path to Breast Health"
2. "Get on the Path to Cervix Health"
3. "Get on the Path to Colon Health"
4. "Get on the Path to Lung Health"
5. "Get on the Path to Prostate Health"
6. "Clinical Trials Education for Native Americans"
7. "Native American Palliative Care"
8. "Native American Cancer Education for Survivors" (NACES) (the little tree on the left-hand side of the web page links to multiple information and resources for survivors)

Toll-free hotline. NACR staff provide support over a toll the phone to anyone in the US (1-800-537-8295) Monday through Friday 9-2:00 pm MOUNTAIN Time Zone.

Listing continued on next page

Native American Cancer Research

(Continued)

Trainings are implemented by NACR staff in Pine, CO; Denver, CO; in tribal communities' local organizational settings; and in conjunction with ongoing meetings. Training topics include, but are not limited to:

1. Starting and Maintaining a Local Native Cancer Survivors' Circle
2. Creating Cancer Early Detection Through Treatment Native Community Navigator Programs
3. Creating Effective Native American Cancer Outreach Materials and Strategies
4. Family Members Providing Chronic or End-Of-Life Care to a Cancer Patient
5. Developing Comprehensive Cancer Plans
6. Translating Clinical Trials Information For Community Members
7. Improving Provider Communication with Native Cancer Patients and their Family Members
8. Improving Researchers' Skills to Implement Culturally Respectful Community-Based Participatory Research
9. Creating the Next Generation of Native American Cancer Researchers

Community Education Workshops are implemented by three NACR staff usually in the local Native community setting. An average of 18 native community workshops are implemented and evaluated each year. Topics are tailored for the community and evaluation is typically carried out by the use of an electronic audience response system. Topics include, but are not limited to:

1. Easy-to-understand variation or excerpts of the topics listed above under "training" and "curricula"
2. Genetic Education for Native Americans

Public Speaking engagements are primarily implemented by three NACR staff and address a diverse range of topics.

Survivors' Conferences are coordinated in partnership with Native Peoples' Circle of Hope. These conferences are intended for Native American cancer survivors and their loved ones.

Publication and Grant Technical Assistance is provided by two NACR staff on topics as requested by the Native organization.

How to Obtain Resources

You may first review the materials on the website. When presentations, workshops or trainings are desired, please contact us at the business line below.

Contact Information

Native American Cancer Research
3022 South Nova Road
Pine, CO 80470-7830
Phone: 303-838-9359
Fax: 303-838-7629

Survivors' Support Network: 800-537-8295

E-mail: LindaB@NatAmCancer.net

Web Page: www.NatAmCancer.org

General Information The Intercultural Cancer Council (ICC) promotes policies, programs, partnerships, and research to eliminate the unequal burden of cancer among racial and ethnic minorities and medically underserved populations in the United States and its associated territories.

Resources Available Cancer Fact Sheets:

- African Americans & Cancer
- American Indians/Alaska Natives & Cancer
- Asian Americans & Cancer
- Hispanics/Latinos & Cancer
- Native Hawaiians/Pacific Islanders & Cancer
- Rural Poor/Medically Underserved Americans & Cancer
- Pain & Cancer
- Workplace & Cancer
- Children/Adolescents & Cancer
- Elderly & Cancer
- Cancer Clinical Trials
- Fatigue and Cancer

The Second Edition Pocket Guide
*Cultural Competence in Cancer Care:
A Health Care Professional's Passport*



How to Obtain Resources Additional information on the Intercultural Cancer Council can be found on the website iccnetwork.org or by contacting us at:

Contact Information Intercultural Cancer Council/BAYLOR COLLEGE OF MEDICINE
Monique DeLynn
Project Coordinator
6655 Travis St. Suite 322
Houston, TX 77030
Office: 713.798.6372
Fax: 713.798.6222
E-mail: mdelynn@bcm.edu
Website: iccnetwork.org

Community and National Programs

General Information

The Lance Armstrong Foundation (LAF) inspires and empowers people affected by cancer. We help people with cancer focus on living; we believe that unity is strength, knowledge is power, and attitude is everything. From the moment of diagnosis, the LAF provides the practical information and tools that people with cancer need to live life on their own terms. The LAF serves its mission through advocacy, public health, and research. Founded in 1997 by cancer survivor and champion cyclist Lance Armstrong, the LAF is located in Austin, Texas.

Resources Available

The **LAF Community Program** provides financial support and capacity-building counsel for community-centered initiatives that address the physical, emotional, and practical challenges of cancer. Through its Community Program, the LAF awards planning, implementation and evolution grants to community non-profit organizations to serve the needs of people living with cancer as identified by the *National Action Plan for Cancer Survivorship: Advancing Public Health Strategies*.

Also to help meet the needs of people affected by cancer, the **LAF National Partnerships Program** offers a coordinated, comprehensive approach that is aligned with the priorities established in the *National Action Plan for Cancer Survivorship: Advancing Public Health Strategies*. The LAF National Partnerships Program increases the visibility of cancer survivorship issues and enhances the public health infrastructure surrounding survivorship. The LAF identifies, evaluates, and forms long-term cooperative agreements with partner organizations, which leverage the strengths and resources of both organizations. Together, the organizations address the physical, emotional, and practical challenges of cancer.

How to Obtain Resources

If you would like more information about:

- LAF Community Program – visit www.livestrong.org/communityprogram
- LAF National Partnerships – visit www.livestrong.org

Contact Information

Lance Armstrong Foundation
Email: communityprogram@laf.org
Website: www.livestrong.org



Susan G. Komen Breast Cancer Foundation

- Mission** The mission of the Susan G. Komen Breast Cancer Foundation is to eradicate breast cancer as a life threatening disease by advancing research, education, screening and treatment.
- Power of a Promise** The Komen Foundation was founded on a promise between two sisters. Over 20 years ago, Nancy Brinker promised her dying sister, Susan Komen, that she would do everything possible to end breast cancer.
- Affiliates** The national headquarters for the Susan G. Komen Breast Cancer Foundation is located in Dallas, Texas. They have authorized 119 Affiliates worldwide to carry on the work of the foundation in local communities and states. The international affiliates are located in Germany, Italy and Puerto Rico.
- Resources** The national Komen Foundation and local Affiliates offer a wealth of breast health information, educational materials, grants and website resources. On the national website at www.komen.org you can find:
- An Interactive Breast Health video
 - Breast health and breast cancer information in English and Spanish
 - Co-survivor information
 - Latest updates on research grants
 - Local Affiliate locator program
 - National and local events
- Programs and Grants** Each local Affiliate listed below offers breast health information, referrals to local resources and grants to local organizations that meet the Affiliate criteria. Most Affiliates have both a Community Grant program (large grants) and a Small Grant program that are offered on specific dates during the year. These grants can be used for a variety of breast health and breast cancer programs, such as Education and Outreach, Treatment Support and Survivor Support. Please check each Affiliate website for grant application details.
- How to Obtain Resources** For more information on grants, please check the websites listed below for the local Komen Affiliates. Full Affiliate contact information is listed on pages 87 and 88 of this guide.
- Oregon & SW Washington Affiliate – www.komenoregon.org
Boise Affiliate – www.boiseraceforthecure.org
Couer d' Alene Affiliate – www.cdakomen.org
Eastern Washington Affiliate – www.komenspokane.org
Puget Sound Affiliate – www.komenpugetsound.org

General Information

The mission of the American Lung Association® is to prevent lung disease and promote lung health through research, education, community service and advocacy. The American Lung Association celebrates 100 years. Founded in 1904 as part of the first nationwide corps of volunteers organized to combat a single disease: tuberculosis.

Resources Available

Today, 35 million Americans live with lung disease. Twelve million people have been diagnosed with chronic obstructive lung disease, and another 10-12 million have undiagnosed disease. Asthma is the leading chronic disease among American children. Half the nation's population still lives with polluted air. And 440,000 die annually from diseases directly related to cigarette smoking. To provide services and resources for those living with lung disease, we offer:

- Support Groups for those living with Lung Disease
- Web-site
- Literature Information & Call Center
- Professional Learning Workshops
- Asthma Management & Education Programs
- Asthma Camps
- Youth Tobacco Prevention Programs
- Adult Smoking Cessation Programs

How to Obtain Resources

If you would like more information and/or assistance with the services listed above:

- Call the Information Resource Center: 800-LUNG-USA
- Visit the following websites:
 - * Washington: www.alaw.org
 - * Oregon: www.lungoregon.org
 - * Idaho: www.lungidaho.org



Section 6: Cancer Treatment Centers



Basket courtesy of the Violet Allman Collection (Nez Perce)

Idaho Cancer Centers

Name	Address	City	Zip	Phone	Fax	Website
Saint Alphonsus Regional Medical Center	1055 North Curtis Road	Boise	83706	(208) 367-2121	(208) 367-7956	www.sarmc.org
St. Luke's Regional Medical Center	100 East Idaho Street	Boise	83712	(208) 381-2711	(208) 381-4675	www.slrmc.org
Kootenai Medical Center	2003 Lincoln Way	Coeur d'Alene	83814	(208) 666-2000	n/a	www.kmc.org
Eastern Idaho Regional Medical Center	415 6th Street	Lewiston	83501	(208) 743-2511	(208) 799-5528	www.sjrmc.org
Portneuf Medical Center	651 Memorial Drive	Pocatello	83201	(208) 239-1000	n/a	www.portmed.org
Magic Valley Regional Medical Center	650 Addison Avenue West	Twin Falls	83301	(208) 737-2000	(208) 737-2864	www.mvrmc.org

Oregon Cancer Centers

Name	Address	City	Zip	Phone	Fax	Website
St. Charles Medical Center	2500 Northeast Neff Road	Bend	97701	(541) 382-4321	(541) 617-2645	www.scmc.org
Kaiser Foundation Hospital, Clackamas	10180 Southeast Sunnyside Road	Clackamas	97015	(503) 652-2880	(503) 571-2606	www.kp.org
Bay Area Hospital	1775 Thompson Road	Coos Bay	97420	(541) 269-8111	n/a	www.bayareahospital.org
Good Samaritan Regional Medical Center	3600 Northwest Samaritan Drive	Corvallis	97330	(541) 768-5111	n/a	www.samhealth.org
Legacy Mount Hood Medical Center	24800 Southeast Stark	Gresham	97030	(503) 667-1122	(503) 413-6275	www.legacyhealth.org
Merle West Medical Center	2865 Daggett Street	Klamath Falls	97601	(541) 883-6211	n/a	www.mwmc.org
Willamette Valley Medical Center	2700 Three Mile Lane	McMinnville	97128	(503) 435-6591	(503) 435-6593	www.wvmcweb.com
Providence Medford Medical Center	1111 Crater Lake Avenue	Medford	97504	(541) 732-5000	(541) 732-5930	www.providence.org
Rogue Valley Medical Center	2825 East Barrett Road	Medford	97504	(541) 608-4900	n/a	www.asante.org
Providence Milwaukie Hospital	10150 Southeast 32nd Avenue	Milwaukie	97222	(503) 513-8300	n/a	www.providence.org
Williamette Falls Hospital	1500 Division Street	Oregon City	97045	(503) 656-1631	n/a	www.williamettefallshospital.org
St. Anthony Hospital	1601 Southeast Court Avenue	Pendleton	97801	(541) 276-3222	(541) 278-3229	www.sahpendleton.org
Adventist Medical Center	10123 Southeast Market Street	Portland	97216	(503) 257-2500	(503) 251-6318	www.adventisthealth.com
Legacy Emanuel Hospital & Health Center	2801 North Gantenbein Avenue	Portland	97227	(503) 413-2200	n/a	www.legacyhealth.org



Oregon Cancer Centers (Continued)

Name	Address	City	Zip	Phone	Fax	Website
Legacy Good Samaritan Hospital & MC	1015 Northwest 22nd Avenue	Portland	97210	(503) 413-7711	(503) 413-6920	www.legacyhealth.org
Legacy Health System	1919 Northwest Lovejoy	Portland	97209	(503) 415-5600	(503) 415-5777	www.legacyhealth.org
OHSU Hospital	3181 S.W. Sam Jackson Park Road	Portland	97239	(503) 494-8311	n/a	www.ohsu.edu
Providence Portland Medical Center	4805 Northeast Glisan Street	Portland	97213	(503) 215-1111	n/a	www.providence.org
Providence St. Vincent Medical Center	9205 Southwest Barnes Road	Portland	97225	(503) 216-1234	n/a	www.providence.org
VA Medical Center	3710 S.W. U.S. Veterans Hospital Road	Portland	97207	(503) 220-8262	n/a	www.va.gov/portland/index.asp
Mercy Medical Center	2700 Stewart Parkway	Roseburg	97470	(541) 673-0611	(541) 677-4830	www.mercyrore.org
Salem Hospital	665 Winter Street Southeast	Salem	97301	(503) 561-5200	n/a	www.salemhospital.org
Legacy Meridian Park Hospital	19300 Southwest 65th Avenue	Tualatin	97062	(503) 692-1212	(503) 692-2479	www.legacyhealth.org

Washington Cancer Centers

Name	Address	City	Zip	Phone	Fax	Website
Island Health Northwest	1211 24th Street	Anacortes	98221	(360) 299-4200	(360) 299-4215	www.island-health.org
Auburn Regional Medical Center	202 North Division	Auburn	98001	(253) 833-7711	(253) 939-2376	www.auburnregional.com
Overlake Hospital Medical Center	1035 116th Avenue Northeast	Bellevue	98004	(425) 688-5000	n/a	www.overlakehospital.org
St. Joseph Hospital	3217 Squalicum Parkway	Bellingham	98225	(360) 734-5400	n/a	www.peacehealth.org
Harrison Medical Center	2520 Cherry Avenue	Bremerton	98310	(360) 377-3911	(360) 792-6607	www.harrisonhospital.org
Highline Medical Center	16251 Sylvester Road, SW	Burien	98166	(206) 244-9970	(206) 439-8595	www.highlinehealthcarenetwork.org
Whidbey General Hospital	101 North Main Street	Coupeville	98239	(360) 678-5151	(360) 678-0945	www.whidbeygen.com
Stevens Healthcare	21601 76th Avenue West	Edmonds	98026	(425) 640-4000	n/a	www.stevenshealthcare.org
Providence Everett Medical Center	916 Pacific Avenue	Everett	98201	(425) 258-7123	(425) 258-7770	www.providence.org
St. Francis Hospital	34515 Ninth Avenue South	Federal Way	98003	(253) 927-9700	n/a	www.fhshealth.org
Kennewick General Hospital	900 South Auburn Street	Kennewick	99336	(509) 586-6111	n/a	www.kennewickgeneral.com
Evergreen Hospital Medical Center	12040 Northeast 128th Street	Kirkland	98034	(425) 899-1000	n/a	www.evergreenhealthcare.org
St. Clare Hospital	11315 Bridgeport Way SW	Lakewood	98499	(253) 588-1711	n/a	www.fhshealth.org
St. John Medical Center	1615 Delaware Street	Longview	98632	(360) 414-2000	n/a	www.peacehealth.com
Skagit Valley Hospital and Health Center	1415 Kincaid Street	Mount Vernon	98273	(360) 424-4111	n/a	www.skagitvalleyhospital.org
Capital Medical Center	3900 Capital Mall Drive Southwest	Olympia	98502	(360) 754-5858	(360) 956-2574	www.capitalmedical.com



Washington Cancer Centers (Continued)

Name	Address	City	Zip	Phone	Fax	Website
Lourdes Medical Center	520 North Fourth Avenue	Pasco	99301	(509) 547-7704	(509) 543-2404	www.lourdesonline.org
Olympic Medical Center	939 Caroline Street	Port Angeles	98362	(360) 417-7000	(360) 417-7674	www.olympicmedical.org
Good Samaritan Community Healthcare	407 14th Avenue Southeast	Puyallup	98372	(253) 697-4000	(253) 845-5966	www.goodsamhealth.org
Valley Medical Center	400 South 43rd Street	Renton	98055	(425) 656-4002	n/a	www.valleymed.org
Kadlec Medical Center	888 Swift Boulevard	Richland	99352	(509) 946-4611	(509) 946-2679	www.kadlecmed.org
Children's Hospital & Regional MC	4800 Sand Point Way Northeast	Seattle	98105	(206) 987-2000	n/a	www.seattlechildrens.org
Northwest Hospital	1550 North 115th Street	Seattle	98133	(206) 364-0500	(206) 368-1949	www.nwhospital.org
Seattle Cancer Care Alliance	825 Eastlake Avenue	Seattle	98109	(206) 288-1000	(206) 288-1057	www.seattlecca.org
Swedish Health Services	747 Broadway	Seattle	98122	(206) 386-2354	(206) 320-3137	www.swedish.org
University of Washington Medical Center	1959 Northeast Pacific	Seattle	98195	(206) 598-3300	(206) 598-6186	www.uwmedicine.org
VA Puget Sound Health Care System	1660 South Columbian Way	Seattle	98108	(206) 764-2179	(206) 764-2851	www.puget-sound.med.va.gov
Virginia Mason Medical Center	1100 9th Avenue	Seattle	98101	(206) 624-1144	n/a	www.virginiamason.org
United General Hospital	2000 Hospital Drive	Sedro Woolley	98284	(360) 856-6021	n/a	www.unitedgeneral.org

Washington Cancer Centers (Continued)

Name	Address	City	Zip	Phone	Fax	Website
Cancer Care Northwest	601 S. Sherman	Spokane	99202	(509) 228-1300	n/a	www.cancercarenorthwest.com
Deaconess Medical Center - Spokane	800 West 5th Avenue	Spokane	99204	(509) 458-5800	(509) 744-7676	www.deaconess-spokane.org
Holy Family Hospital	5633 North Lidgerwood	Spokane	99208	(509) 482-0111	(509) 482-2456	www.holy-family.org
Sacred Heart Medical Center	101 West Eighth Avenue	Spokane	99204	(509) 474-3131	n/a	www.shmc.org
Valley Hospital & Medical Center	12606 East Mission Avenue	Spokane	99216	(509) 924-6650	n/a	www.valleyhospital.org
Madigan Army Medical Center	9040A Reid Street	Tacoma	98431	(253) 968-1110	n/a	www.mamc.amedd.army.mil
St. Joseph Medical Center	1717 South J Street	Tacoma	98405	(253) 627-4101	n/a	www.fhshealth.org
Southwest Washington Medical Center	400 NE Mother Joseph Place	Vancouver	98664	(360) 256-2000	(360) 514-2214	www.swmedctr.com
St. Mary Medical Center	401 West Poplar	Walla Walla	99362	(509) 525-3320	(509) 522-5950	www.smmc.com
Walla Walla General Hospital	1025 South Second	Walla Walla	99362	(509) 525-0480	n/a	www.wvgh.com
Yakima Regional Medical Center	110 South Ninth Avenue	Yakima	98902	(509) 575-5000	n/a	www.providence.org
North Star Lodge	808 N 39th Ave	Yakima	98902	(509) 574-3400	n/a	www.northstarlodge.org

Section 7: Appendices



Cornhusk bag courtesy of the Violet Allman Collection (Nez Perce)

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Table of American Cancer Society Branches Affiliates Serving Northwest Tribes

Tribes		Boise	Burley	Eugene	Medford	Portland	Everett	Tacoma	Kennewick	Spokane
Idaho Tribes	Coeur d'Alene Tribe									X
	Kootenai Tribe									X
	Nez Perce Tribe									X
	Northwest Band of Shoshoni	X								
	Shoshone Bannock Tribes	X								
Oregon Tribes	Burns Paiute Tribe								X	
	Confederated Tribes of Siletz Indians			X		X				
	Confederated Tribes of Grand Ronde			X		X				
	Confederated Tribes of the Umatilla Indian Reservation								X	
	Confederated Tribes of Warm Springs			X		X				
	Confederated Tribes of Coos, Lower Umpqua, Suislaw			X	X					
	Coquille Tribe				X					
	Cow Creek Band of Umpqua				X					
	Klamath Tribes				X					
	Washington Tribes	Chehalis Tribe							X	
Colville Confederated Tribes										X
Cowlitz Tribe						?		?		
Hoh Tribe								X		
Jamestown S'Klallam Tribe								X		
Kalispel Tribe										
Lower Elwha Klallam Tribe								X		
Lummi Nation							X			
Makah Tribe								X		
Muckleshoot Tribe								X		
Nisqually Tribe								X		
Nooksack Tribe							X			
Port Gamble S'Klallam Tribe								X		
Puyallup Tribe								X		
Quileute Tribe								X		
Quinault Indian Nation								X		
Samish Indian Nation							X			
Sauk Suiattle Tribe							X			
Shoalwater Bay Tribe								X		
Skokomish Tribe								X		
Snoqualmie Tribe							?	?		
Spokane Tribe										X
Squaxin Island Tribe									X	
Stillaguamish Tribe									X	
Suquamish Tribe									X	
Swinomish Tribe							X			
Tulalip Tribes							X			
Upper Skagit Tribe							X			
Yakama Indian Nation						X		X	X	



Addresses of Branch Offices – American Cancer Society

Idaho

Burley

322 E Main St.
P.O. Box 284
Burley, ID 83318
Tel: (208) 878-5238
Fax: (208) 878-5267

Boise

2676 Vista Avenue
Boise, ID 83705
Toll-free: (800) 632-5934
Tel: (208) 343-4609
Fax: (208) 343-9922

Oregon

Eugene

2350 Oakmont Way, Suite 200
Eugene, OR 97401
Tel: (877) 221-3072
Fax: (541) 687-9624

Medford

31 W 6th Street
Medford, OR 97501
Toll-free: (877) 221-3073
Tel: (541) 779-6091
Fax: (541) 779-1470

Portland

0330 SW Curry Street
Portland, OR 97239
Toll Free: (800) 577-6552
Tel: (503) 295-6422
Fax: (503) 228-1062

Washington

Everett

728 134th Street S.W., Suite 101
Everett, WA 98204
Toll-free: 1-800-729-5588
Tel: (425) 741-8949
Fax: (425) 741-9638

Kennewick

7325 W Deschutes Ave., Suite A
Kennewick, WA 99336
Toll-free: 1-877-861-6687
Tel: (509) 783-5108
Fax: (509) 737-9702

Spokane

1403 West Third
Spokane, WA 99204
Toll-free: (509) 455-3440
Tel: (509) 835-5406
Fax: (509) 455-3990

Tacoma

1551 Broadway, Suite 200
Tacoma, WA 98402
Toll-free: (800) 729-3880
Tel: (253) 272-5767
Fax: (253) 272-4485

Table of Susan G. Komen Breast Cancer Foundation Affiliates Serving Northwest Tribes

	Tribes	Boise	Coeur d'Alene	Oregon & SW Washington	Puget Sound	Spokane	No Affiliation
Idaho Tribes	Coeur d'Alene Tribe		X	X			
	Kootenai Tribe		X	X			
	Nez Perce Tribe		X				
	Northwest Band of Shoshoni						X
	Shoshone Bannock Tribes						X
Oregon Tribes	Burns Paiute Tribe			X			
	Confederated Tribes of Siletz Indians			X			
	Confederated Tribes of Grand Ronde			X			
	Confederated Tribes of the Umatilla Indian Reservation			X			
	Confederated Tribes of Warm Springs			X			
	Confederated Tribes of Coos, Lower Umpqua, Suislaw			X			
	Coquille Tribe			X			
	Cow Creek Band of Umpqua			X			
	Klamath Tribes			X			
	Washington Tribes	Chehalis Tribe				X	
Colville Confederated Tribes						X	
Cowlitz Tribe				X			
Hoh Tribe					X		
Jamestown S'Klallam Tribe					X		
Kalispel Tribe						X	
Lower Elwha Klallam Tribe					X		
Lummi Nation					X		
Makah Tribe					X		
Muckleshoot Tribe					X		
Nisqually Tribe					X		
Nooksack Tribe					X		
Port Gamble S'Klallam Tribe					X		
Puyallup Tribe					X		
Quileute Tribe					X		
Quinault Indian Nation					X		
Samish Indian Nation					X		
Sauk Suiattle Tribe					X		
Shoalwater Bay Tribe					X		
Skokomish Tribe					X		
Snoqualmie Tribe					X		
Spokane Tribe						X	
Squaxin Island Tribe					X		
Stillaguamish Tribe					X		
Suquamish Tribe					X		
Swinomish Tribe					X		
Tulalip Tribes					X		
Upper Skagit Tribe				X			
Yakama Nation						X	



Addresses for the Susan G. Komen Breast Cancer Foundation Affiliates

Idaho

Boise Affiliate

4355 Emerald, Suite 110
Boise, ID 83706
Tel: (208) 384-0013
Fax: (208) 384-0014
www.boiseraceforthecure.org

Coeur d'Alene Affiliate

PO Box 3309
Coeur d'Alene, ID 83816
Tel: (208) 666-3226
Fax: (208) 666-3217
www.cdakomen.org

Oregon and SW Washington

Oregon & SW Washington Affiliate

1400 SW 5th Ave., Suite 530
Portland, OR 97201
Tel: (503) 552-9160
Fax: (503) 552-9161
www.komenoregon.org

Washington

Eastern Washington Affiliate

PO Box 8717
Spokane, WA 99203
Tel: (509) 363-8188
Fax: (509) 363-8189
www.komenspokane.org

Puget Sound Affiliate

1900 N Northlake Way, Suite 135
Seattle, WA 98103
Tel: (206) 633-0303
Fax: (206) 633-0304
www.komenpugetsound.org

Table of American Lung Association Regional Offices Serving Northwest Tribes

	Tribes	Boise	Seattle	Spokane	Tacoma	Tigard	Yakima
Idaho Tribes	Coeur d'Alene Tribe	X		X			
	Kootenai Tribe	X		X			
	Nez Perce Tribe	X					
	Northwest Band of Shoshoni	X					
	Shoshone Bannock Tribes	X					
Oregon Tribes	Burns Paiute Tribe	X				X	
	Confederated Tribes of Siletz Indians					X	
	Confederated Tribes of Grand Ronde					X	
	Confederated Tribes of the Umatilla Indian Reservation	X				X	
	Confederated Tribes of Warm Springs					X	X
	Confederated Tribes of Coos, Lower Umpqua, Suislaw					X	
	Coquille Tribe					X	
	Cow Creek Band of Umpqua					X	
Washington Tribes	Klamath Tribes	X				X	
	Chehalis Tribe				X		
	Coville Confederated Tribes			X			
	Cowlitz Tribe		X				
	Hoh Tribe		X				
	Jamestown S'Klallam Tribe		X				
	Kalispel Tribe			X			
	Lower Elwha Klallam Tribe		X				
	Lummi Nation		X				
	Makah Tribe		X				
	Muckleshoot Tribe				X		
	Nisqually Tribe				X		
	Nooksack Tribe		X				
	Port Gamble S'Klallam Tribe		X				
	Puyallup Tribe		X				
	Quileute Tribe		X				
	Quinault Indian Nation		X				
	Samish Indian Nation		X				
	Sauk Suiattle Tribe		X	X			
	Shoalwater Bay Tribe		X				
	Skokomish Tribe		X				
	Snoqualmie Tribe		X				
	Spokane Tribe				X		
	Squaxin Island Tribe			X			
	Stillaguamish Tribe			X			
	Suquamish Tribe			X			
	Swinomish Tribe			X			
	Tulalip Tribes			X			
	Upper Skagit Tribe			X			
	Yakama Nation						

Addresses for Regional Offices – American Lung Association

Idaho

Boise

1111 S. Orchard, Suite 245
Boise, ID 83705
Tel: (208) 345-5864
Fax: (208) 345-5896
Email: alaw@alaw.org

Oregon

Portland

7420 SW Bridgeport Road, Suite 200
Tigard, OR 97224
Tel: (503) 924-4094
Fax: (503) 924-4120
Email: admin@lungoregon.org
Website: www.lungoregon.org

Washington

Main Office, Seattle

2625 Third Avenue
Seattle, WA 98121
Tel: (206) 441-5100
Toll Free: (800) 732-9339
Fax: (206) 441-3277
Email: alaw@alaw.org

Spokane Branch Office

1817 E. Springfield, Suite E
Spokane, WA 99202
Tel: (509) 325-6516
Fax: (509) 323-5380
Email: cthompson@alaw.org

Western Washington Region

223 Tacoma Avenue South
Tacoma, WA 98402
Tel: (253) 272-8777
Fax: (253) 593-8827
Email: lnoren@alaw.org

Eastern Washington Region

110 South 9th Avenue
Yakima, WA 98902
Tel: (509) 248-4384
Fax: (509) 248-4943
Email: lbenoit@alaw.org

Addresses for Tribal Sites – Northwest Tribal Cancer Navigator Program

For additional information regarding the Cancer Navigator Program please contact the cancer navigator at the appropriate clinic.

Idaho

Shoshone-Bannock Tribes

Not-tsoo Gah-nee Health Center
PO Box 306
Fort Hall, ID 93203
Phone: (208) 238-2400
Fax: (208) 478-3950

Oregon and Southwest Washington

Confederated Tribes of Grand Ronde

Grand Ronde Health & Wellness Center
9515 Grand Ronde Road
Grand Ronde, OR 97347
Toll Free: (800) 775-0095
Fax: (503) 879-2019

Confederated Tribes of Siletz

Siletz Community Health Clinic
PO Box 320
Siletz, OR 97380
Toll Free: (800) 648-0449
Fax: (541) 444-1278

Washington

Puyallup Tribe of Indians

Puyallup Tribal Health Authority
2209 East 32nd Street
Tacoma, WA 98404
Tel: (253) 593-0232
Fax: (253) 382-2094

Yakama Nation

Yakama Indian Health Center:
401 Buster Road
Toppenish, WA
Tel: (509) 865-2102

Appendix B: Making Resources Available in Indian Communities

By Deb Schiro, Vice-President, Survivorship and Quality of Life
Great West Division, American Cancer Society

Most people have heard of the American Cancer Society (ACS), but beyond a vague notion of “research” and “fundraising” many people don’t know what the American Cancer Society does, and how they go about doing it. It is true that the ACS funds over \$100 million in cancer research every year. And it is true that the ACS does do fundraising to support this and its many other programs.

Almost all of the paid staff for the American Cancer Society are *community organizers* and *volunteer managers*. **What does this mean, and how can tribal communities work with ACS for the benefit of their community?**

Unlike government agencies that hire individuals to work with one or a few communities, the American Cancer Society hires a few paid staff to work with many different communities. The ACS staff work with the members of the community to organize programs and activities that will benefit the community. Then, the members of the community, in a volunteer capacity, carry out the work.

This staff model has been highly effective all over America, and allows the ACS to pay just a few people, while getting tremendous amounts of work done to help fight the menace of cancer in their communities. For example, let’s say a community has cancer patients who must get to and from radiation or chemotherapy treatments daily for several weeks, however some of the patients have no transportation to treatment. The ACS staff person assigned to that community can help organize a volunteer effort, so that volunteer drivers can take turns helping people get to their cancer treatments.

But, you might ask, why does our community need the ACS to help organize volunteer drivers? There are several ways in which the ACS can contribute to efforts such as this:

- The ACS staff person will be well trained to create and organize a group of volunteer drivers, and can assist in making sure all of the necessary components are in place. Some of these components are: (1) how to get the word out to the community that drivers are needed, (2) how to coordinate a schedule that covers several weeks of driving for the patient, (3) how to get the word out to the patients that might need help, that there are drivers available, (4) how to use the driver’s contact with the patient to introduce the patient to other ACS or community services for cancer patients.
- The ACS can conduct training for the volunteer drivers. You might wonder what the training would consist of, since the drivers already know how to drive! The training consists of additional information people need to know about cancer patients, such as feeling comfortable about talking with the patient about his or her illness (if the patient wants to talk) and answering questions potential volunteer drivers might have about transporting patients.

- The ACS carries a \$1,000,000 insurance policy that covers official ACS volunteer drivers while the volunteers are driving the patients. (All ACS volunteer drivers must carry their own insurance policy as well.)
- The ACS maintains a 24-hour a day, seven days a week, National Cancer Information Center, which can be called at 1-800-227-2345. Patients or caregivers can call that number anytime, night or day, to talk to a “live” person about starting the process of getting help from volunteer drivers. Other helpful information is available to the patient at the National Cancer Information Center as well.

This is one example of how tribal community volunteers can work in partnership with the American Cancer Society for the benefit of the community. Other programs available at ACS are: public education for early detection of cancer; Look Good...Feel Better, which utilizes licensed cosmetologists in the community to help women with wigs, turbans, and make-up to alleviate the negative cosmetic side effects of cancer treatment; legislative advocacy for state and federal legislation affecting the health of tribal communities, and tribal-based SpeakOUT! activities, which involve youth education to their peers on tobacco abuse.

The American Cancer Society is a volunteer organization, and your ACS staff person is eager to help your community volunteers develop tribal community activities and programs in the fight against cancer! To find out who your American Cancer Society staff person is, call 1-800-227-2345.

Appendix C: Screening Guidelines

Women

Breast

Women age 40 and older should have an annual mammogram, an annual clinical breast exam (CBE) performed by a health care professional, and a monthly breast-self examination. The CBE should be done close to, and preferably before, the scheduled mammogram.

Women ages 20-39 should have a clinical breast exam performed by a health care professional every three years and monthly breast self-examination.

Cervix

All women who are or have been sexually active or who are 18 or older should have an annual Pap test and pelvic examination. After three or more consecutive satisfactory examinations with normal findings, the Pap test may be performed less frequently. Discuss the matter with your health care professional.

Endometrium

Beginning at age 35, women with or at high-risk for hereditary non-polyposis colon cancer should be offered endometrial biopsy annually.

Men

Prostate

Men should consult with each health care providers to obtain information about the benefits and limitations of tests so they can make an informed decisions.

Health care providers should offer the prostate-specific antigen (PSA) blood test and digital rectal exam (DRE) starting at age 50.

Men at high risk (African-American men and men who have a first degree relative who was diagnosed with prostate cancer at a young age) should begin testing at age 45.

Men and Women

Colon and Rectum

Men and women who are at average risk for colon rectal cancer and who are ages 50 or older should follow one of the five examinations schedules below:

1. Fecal occult blood test (FOBT) every year, or
2. Flexible sigmoidoscopy every five years, or
3. FOBT every year and flexible sigmoidoscopy every five years (Of these three options, the American Cancer Society prefers option 3, annual FOBT and flexible sigmoidoscopy every five years.)
4. Double-contrast barium enema every five years, or
5. Colonoscopy every 10 years.

People with a history of polyps, colorectal cancer, or inflammatory bowel disease, or a family history of colon cancer or polyps are at higher risk for colon cancer and may need to start being tested before age 50, and have tests done more often.

These guidelines are for the early detection of cancer for people without symptoms. Some people are at higher risk for certain cancers and may need to have tests more often and start when they are younger. Talk with your health care professional to find out how these guidelines relate to you.

Cancer-Related Checkups

The American Cancer Society recommends having a cancer-related checkup every three years for adults under the age of 40, and every year for those over the age of 40. The cancer-related checkup should include examinations for cancers of the thyroid, mouth, skin, and lymph nodes, an examination of the testicles for men, and an examination of the ovaries for women. The checkup should also include health counseling (such as tips on quitting smoking).

Appendix D: Evaluation Form

To: NTCCP
 Fax to 503-228-8182

Date _____
 No. of Pages Faxed _____



Northwest Portland Area Indian Health Board
 Northwest Tribal Cancer Control Project
 Resource Guide
 May 2006

Purpose: The goal of the Resource Guide is to provide contact information of a selected number of key cancer control organizations and agencies serving Northwest tribal communities.

Directions: Please print or type your answers or circle as indicated below and fax the completed form to the number given above.

Item	Question	Strongly Agree	Agree	Don't Know – Not Sure	Disagree	Strongly Disagree
1a.	The Resource Guide is easy to <i>understand</i> .	Strongly Agree	Agree	DK/NS	Disagree	Strongly Disagree
1b.	What would make the Resource guide easier to <i>understand</i> ?					
2a.	The Resource Guide provides me with useful <i>information</i> .	Strongly Agree	Agree	DK/NS	Disagree	Strongly Disagree
2b.	What would make the Resource Guide more <i>useful</i> ?					

Appendix D: Evaluation Form (Continued)

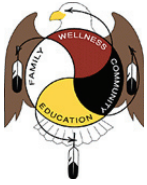
3. I have used the following resources listed in the Resource Guide.	I used these resources prior to reading the Resource Guide	I used these resources as a result of reading the Resource Guide	I plan to use these resources in the future.	Don't Know/ Not Sure
A. ACOS Cancer Centers	Already used	Guide result	Future use	DK-NS
B. American Cancer Society	Already used	Guide result	Future use	DK-NS
C. American Lung Association	Already used	Guide result	Future use	DK-NS
D. Angelflight West	Already used	Guide result	Future use	DK-NS
E. Cancer Care	Already used	Guide result	Future use	DK-NS
F. Cancer Information Service	Already used	Guide result	Future use	DK-NS
G. Comprehensive Cancer Alliance for Idaho	Already used	Guide result	Future use	DK-NS
H. Idaho Project Filter	Already used	Guide result	Future use	DK-NS
I. Idaho Women's Health Check	Already used	Guide result	Future use	DK-NS
J. Intercultural Cancer Council	Already used	Guide result	Future use	DK-NS
K. Lance Armstrong Foundation	Already used	Guide result	Future use	DK-NS
L. Leukemia & Lymphoma Society	Already used	Guide result	Future use	DK-NS
M. NARA Breast & Cervical Program	Already used	Guide result	Future use	DK-NS
N. National Marrow Donor Program	Already used	Guide result	Future use	DK-NS
O. Native People's Circle of Hope	Already used	Guide result	Future use	DK-NS
P. Native CIRCLE	Already used	Guide result	Future use	DK-NS
Q. Northwest Tribal Cancer Control Contacts	Already used	Guide result	Future use	DK-NS
R. Northwest Tribal Cancer Control Project	Already used	Guide result	Future use	DK-NS
S. Northwest Tribal Cancer Navigator Program	Already used	Guide result	Future use	DK-NS
T. Northwest Tribal Epidemiology Center	Already used	Guide result	Future use	DK-NS
U. Northwest Tribal Registry Project	Already used	Guide result	Future use	DK-NS
V. Oregon Breast & Cervical Cancer Program	Already used	Guide result	Future use	DK-NS
W. Oregon Partnership for Cancer Control	Already used	Guide result	Future use	DK-NS
X. Patient Advocate Foundation	Already used	Guide result	Future use	DK-NS
Y. Project Red Talon	Already used	Guide result	Future use	DK-NS
Z. SPIPA Breast & Cervical Program	Already used	Guide result	Future use	DK-NS
AA. SPIPA Comprehensive Cancer Control Program	Already used	Guide result	Future use	DK-NS
BB. Spirit of EAGLES	Already used	Guide result	Future use	DK-NS
CC. Susan G. Komen Breast Cancer Foundation	Already used	Guide result	Future use	DK-NS
DD. Washington Breast & Cervical Health Program	Already used	Guide result	Future use	DK-NS
EE. Washington Comprehensive Cancer Control Partnership	Already used	Guide result	Future use	DK-NS
FF. Western Tribal Diabetes Project	Already used	Guide result	Future use	DK-NS
GG. Western Tobacco Prevention Project	Already used	Guide result	Future use	DK-NS
HH. Women's Health Promotion Program	Already used	Guide result	Future use	DK-NS
II. Yakama Office of Native Cancer Survivorship	Already used	Guide result	Future use	DK-NS
JJ. Other _____	Already used	Guide result	Future use	DK-NS

Additional comments and questions (Use additional sheets, if needed.)

Appendix E: 2006 Cancer Resource Guide Order Form

To: Native CIRCLE
Fax: (507) 538-0504

Date _____
No. of Pages Faxed _____



Directions: Please print or type below and fax completed form to the number above.

Native CIRCLE: Please send ____ (number) copies of the Resource Guide to the following:

Name _____ Title _____

Organization/Agency _____

Mailing Address _____

City _____ State _____ Zip _____

Telephone _____ Fax _____

Email _____

Your Signature _____ Date _____

Notes/Questions/Comments (Use additional sheets, if needed.)

Appendix F: Update Form

To: NTCCP
Fax: 503-228-8182

Date _____
No. of Pages Faxed _____



Northwest Portland Area Indian Health Board
Northwest Tribal Cancer Control Project
Resource Guide
May 2006

Directions: Additional sheets of paper may be necessary to update the following information and fax it to the number above.

General Information In 50 to 100 words state your organization's mission, goals and objectives.

Resources Available In 50 to 200 words, list or summarize the types of resources available in northwest tribal communities.

How to Obtain Resources In 50 to 100 words, describe the process for obtaining each of the resources noted above.

Contact Information Provide the name of your organization's director and all information necessary to reach director.

Notes/Questions/Comments (Use additional sheets, if needed.)

I am authorized to make these changes.

Your Signature _____ Date _____

Your Printed Name _____ Title _____

Organization/Agency _____

Mailing Address (if different from above) _____

City _____ State _____ Zip _____

Telephone _____ Fax _____

Email _____

Northwest Portland Area Indian Health Board

Northwest Tribal Cancer Control Project

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