 Northwest Portland Area  
Indian Health Board

***Executive Director Report***  
*Silver Reef Hotel Casino*  
*Ferndale, WA*  
*October 21, 2013*

*Joe Finkbonner, RPh, MHA*

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 Northwest Portland Area  
Indian Health Board

**Personnel**

- Departing Employees:

➤ Wendee Gardner – Native VOICES Project Coordinator

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 Northwest Portland Area  
Indian Health Board

**Personnel**

- New Employees:

➤ Jessica Marcinkevage, Epidemic Intelligence Service Officer (CDC)

➤ Mattie Tomeo-Palmanteer – Native VOICES Project Coordinator

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Northwest Portland Area  
Indian Health Board

*Events*

- **July 2013**
  - Cow Creek Tribe Health Clinic Grand Opening – Canyonville OR
  - PHAB Finance & Executive Committee – Washington DC
  - 10th Nike Native Fitness - Beaverton

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Northwest Portland Area  
Indian Health Board

*Events Cont...*

- **August 2013**
  - Canoe Journey – Quinault Nation
  - Washington State Tribal Leaders Listening Session – Quinault Nation
  - Panelist at NW Center for Public Health Summer Institute – Seattle

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Northwest Portland Area  
Indian Health Board

*Events Cont....*

- **September 2013**
  - ATNI Annual Conference – Coeur d'Alene ID
  - Patrick Blahut, Dental Headquarters visit & tour of Grand Ronde Tribe
  - Indian Day Celebration - Portland

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Northwest Portland Area  
Indian Health Board

*Events Cont....*

- **October 2013**
  - CRIHB Annual Board Meeting & Retirement Dinner for Jim Crouch – Lake Tahoe
  - NCAI Annual Conference – Tulsa OK

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Northwest Portland Area  
Indian Health Board

*Events Cont....*

- **Upcoming**
  - ❖ NPAIHB Staff Retreat – Lincoln City OR  
October 29-30
  - ❖ Idaho Tribes/State of Idaho Quarterly Meeting – Boise ID  
November 5
  - ❖ DSTAC Quarterly Meeting – Nashville Area  
(may be virtual meeting)  
November 7-8

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Northwest Portland Area  
Indian Health Board

*Events Cont....*

- **Upcoming**
  - ❖ NIHB 4<sup>th</sup> Quarter Board Meeting – Washington DC  
December 3-5

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Northwest Portland Area  
Indian Health Board

*Ongoing*

- 2014 Delegate of the Year
- 2014 Employee of the Year
- Fy2016 IHS Budget Formulation Meeting  
– Lummi (*following conclusion of our Board Meeting*)

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**Northwest Tribal Epidemiology Center**  
**(The EpiCenter)**  
July – September 2013 Quarterly Report



**Northwest Tribal Epidemiology Center Projects' Reports Include:**

-  **Adolescent Health**
-  **Comprehensive Cancer Tribal BRFSS**
-  **Epicenter Biostatitician**
-  **Immunization and IRB**
-  **Injury Prevention Program (IPP)**
-  **Maternal Child Health Projects**
-  **Medical Epidemiologist**
-  **Monitoring the abuse of Drugs (MAD) NARCH**
-  **Nak-nu-wit**
-  **Northwest Tribal Dental Support Center**
-  **THRIVE**
-  **Western Tribal Diabetes Project**

## **Adolescent Health**

**Stephanie Craig Rushing, MPH, Project Director**  
**Colbie Caughlan, THRIVE Project Manager**  
**Jessica Leston, Multimedia Project Coordinator**  
**David Stephens, Multimedia Project Specialist**  
**Mattie Tomeo-Palmanteer, VOICES Coordinator**  
**Wendee Gardner, VOICES Coordinator**  
**Amanda Gaston, IYG Coordinator**

### **Technical Assistance and Training**

#### **Tribal Site Visits**

- UNITY Conference, July 12-16, 2013.
- Chicago Clinic Visit, July 9<sup>th</sup>, HIV/STD/HCV Electronic Records TA
- Spirit Lake, North Dakota QIP/TA visit, July 28<sup>th</sup> – July 31<sup>st</sup>
- Booth: w/ We R Native materials @ NARA Back to School Picnic, August 29<sup>th</sup>
- Training: IYG Site Coordinator Training, Nisqually, WA, September 19, 2013.
- Training: IYG Site Coordinator Training, Swinomish, WA, September 24, 2013.
- Booth: We R Native, Oklahoma Native Youth Summit, September 21, 2013. Tulsa, OK. Approx. 220 participants.

#### **Telephone - Email: Program Support or Technical Assistance**

During the quarter, Project Red Talon participated in thirty calls and five partner meetings, and provided five programmatic updates, including:

- Annual IYG Face-to-face meeting, Anchorage, AK, August 21 – 25, 2013
- We R Native Booth: Oklahoma Native Youth Summit, September 21, 2013. Tulsa, OK. Approx. 220 participants.
- Call: Rick Haverkate, OMH, re: We R Native and LGBT projects, August 6, 2013
- Focus Group: Text Messaging and VOICES survey, @ NAYA, September 24, 2013
- Meeting: with First Nations Experience FNX, August 19<sup>th</sup>
- "Its Your Call" hosted by NCSD on NPAIHB Quality Improvement Project, September 26<sup>th</sup>
- Presentation: We R Native @ NIH Annual Consumer Conference, August 26-28, Traverse City, MI.
- Presentation: WeRNative Community Service Grants, UNITY Conference, Los Angeles, CA. July 12-16, 2013. Approx. 40 participants total attended the 2 workshops.

During the quarter, Project Red Talon provided the following trainings and webinars:

1. Training: IYG Site Coordinator Training, Nisqually, WA, September 19, 2013.
2. Training: IYG Site Coordinator Training, Portland, OR, September 16, 2013.
3. Training: IYG Site Coordinator Training, Swinomish, WA, September 24, 2013.
4. Webinar: IHS Pharmacy with UCSF, Infectious Disease Update, July 3<sup>rd</sup> 2013, 10 participants.
5. Webinar: IHS Pharmacy, re: Infectious Disease Treatment, August 21, 2013
6. Webinar: QIP Virtual Sharing Session, July 11<sup>th</sup>, 2013
7. Webinar: QIP, re: Wrap-Up, August 29, 2013
8. Webinar: We R Native and LGBT resources, hosted by SAMHSA NACE, September 17, 2013. Approx. 25 participants.

### **Health Promotion and Disease Prevention**

**Chlamydia Screening Events:** All promotional materials are available on

**National HIV Testing Initiative:** All promotional materials are available on including logos, radio spots, fliers, snag bag inserts, and window decals. Orders upon request.



the web.

the web,  
are filled

PRT staff participated in regular teleconferences for the HIV/STD/Hep C Listserv and the Viral Hepatitis Action Plan for IHS. Work is moving forward on both calls to develop strong networks of pharmacists and healthcare professionals to address HIV/STD/Hep C in pharmacy and Hepatitis in the I/T/U settings.

**STD/HIV Quality Improvement:** PRT staff are working with the IHS STD Program STD/HIV clinical measures. The project recruited 6 clinics that are participating in STD quality improvement project. Sites will build upon existing Improving Patient activities to carry out QI activities to address STD/HIV GIPRA indicators. Project providing training and technical assistance throughout the process.



to improve a year-long Care (IPC) Red Talon is

**Native LGBT-Two Spirit HIV Media Campaign:** PRT worked with Tommy Chesbro to create a HIV prevention, testing, and treatment campaign targeting LGBTQ & two spirit AI/AN: *Native. TESTED. Proud.* The campaign includes posters, fact sheets, and radio ads, and was released in conjunction with Pride month in June. Campaign materials have been distributed to over 60 tribes across U.S. request. Additionally, the project created 8 Native It Gets Better videos, educational LGBT sexual health pages on the We R Native website (www.wernative.org), reviewed by teens and staff from NNAAPC.



upon and appx. 30

**Tribal STD/HIV Policy Kit for Tribal Decision-makers:** Completed. The Kit clearance July 2012. The Kit is now available on the IHS and NPAIHB website for national distribution. Appx 250 hard copies and 300 jump drives with the kit have been distributed to date.



received IHS funded 10 treatment technical organizations on their local

**Mini Grants for Native LGBT-Two Spirit HIV Media Campaigns:** In February, PRT tribes/tribal organizations to develop locally tailored HIV prevention, testing, and campaigns targeting LGBTQ & two spirit AI/AN. PRT will provide training and assistance to the sites throughout the year-long project. All 10 tribes/tribal attended a 2-day Social Marketing training in March 2013, and sites are now working campaigns.

**We Are Native Website:** The We website launched on September [www.weRnative.org](http://www.weRnative.org)

**WERNATIVE**

R Native 28<sup>th</sup>, 2012:

From 1/1/13 to 9/30/2013:

Page views	47,741
Visits	16,045
Percentage of new visitors	72.6
Percentage of returning visitors	27.4
Average visit duration	3:17
Pages per visit	2.98

- Over 330 health/wellness pages on the website were reviewed by AI/AN youth and topical experts from throughout the U.S.
- Over 150 interviews and short videos were developed for the website by AI/AN youth and topical experts from throughout the U.S. (including youth at SEARHC, Menominee Indian School, Aspen Institute, Salish Kooteni College, Boys and Girls Club of SD, and Native Lens).

- We are continuing to work with INDIG to refine and improve the website, sitemap and wireframe.

**Text Messages:** The service currently has 1,340 active subscribers.

**Twitter:** Followers = 533

**YouTube:** <http://www.youtube.com/user/wernative#p/f>

The project currently has 186 uploaded videos, has had 10,642 video views, and has 68 subscribers.

**Facebook:** <http://www.facebook.com/pages/We-R-Native/247261648626123>

By the end of the month, the page had 3,410 Likes.

**Native STAND Curricula:** A culturally-appropriate, school-based making curriculum is now available:

<http://www.nativestand.com/>

The curriculum was evaluated by NPAIHB in four BIA Boarding Schools in 2010, and is currently being evaluated in partnership with a NW tribal school (HEY Project).



healthy decision-

**Native STAND Videos:** In 2009, Project Red Talon worked with Longhouse Media and NW teens to develop videos addressing: Healthy Relationships ☐ Teen Sexual Health ☐ Condom Demonstration ☐ Teen Pregnancy and Parenting Panel ☐ Living with HIV/AIDS ☐ Drug & Alcohol Youth Panel ☐ 2 Role Plays ☐ 3 Public Service Announcements (PSA). Please check out our videos on YouTube: <http://www.youtube.com/user/Nativestand7#p/u> A teacher's guide for using the videos with students is available at: <http://nativestand.com/index.php/resources/> Since their release, the Native STAND videos have been viewed 12,403 times.

## Surveillance and Research

**It's Your Game Adaptation:** 15 participating tribal sites are implementing the Native IYG and Control lessons with 275 NW students to complete consent acquisition, carryout the baseline survey, schedule their 2-hour training on intervention implementation (either on the Control program or IYG), and design a site-specific implementation plan.

**VOICES Adaptation:** Follow-up and outreach was provided to recruit research sites via email, fax and mail. An excel spreadsheet was maintained to track contact with Tribal Schools, Tribal Colleges, Urban Health Centers and other Tribal Youth programs. Five applications have successfully been received by Native VOICES Coordinator. Cognitive testing of the pre-post survey was successfully completed with NARA teens and young adults Sept 24th.

## Comprehensive Cancer Tribal BRFSS

**Birdie Wermey, Project Director**

Technical Assistance & Reporting via telephone/email

### July

- Ongoing communication with Victoria and Julie with regard to project
- NPAIHB call with ITCA & TON on 7.17.13
- NPAIHB CC Tribal BRFSS call with CDC on 7.19.13

### ITCA

- IRB review in progress – will inform NPAIHB of IRB submission date
- New Finance Director – Seth Smith

### TON

- Meeting on 7.22 regarding letter to Director on data request

### NPAIHB



- Tribe 2 BRFSS – 110 surveys completed
- Tribe 3 IRB approval – in the process of hiring interviewers
- Tribe 4 – all sample materials mailed
  - Recommended to start with Tribal Council

#### August

- Ongoing communication with Victoria and Julie with regard to project
- NPAIHB CC Tribal BRFSS call with ITCA & TON on 8.08.13
- NPAIHB CC Tribal BRFSS call with CDC on 8.23.13

#### TON

- Issues regarding enrollment office – requesting a concrete sample size
  - ITCA wants to sample 10% of their population = 800-1,200; >18+; door to door (12 districts, every 4<sup>th</sup> house)
- Technical difficulties surrounding data being pulled
- Finalized job description
- ITCA has yet to submit to NPAIHB IRB

#### NPAIHB

- Tribe 2 – IRB approval (door to door)
  - In the process of hiring interviewers
  - Completed 120 of 300 surveys by phone
- Tribe 3 – Resolution submitted
  - Applying for supplemental grant
- Tribe 4 – sample material must be approved by their Tribal Health Board before it is presented to Tribal Council

#### Birdie

- Completed NIH Human Subjects training on 8.14.13
- Met w/ NPAIHB BRFSS interviewer on 8.22 to go over instrument & guide
- Conducted “mock” BRFSS interview with NPAIHB staff on 8.23 & 8.27

#### September

- Ongoing communication with Victoria and Julie with regard to project
- NPAIHB CC Tribal BRFSS call with ITCA & TON on 9.12.13
- NPAIHB CC Tribal BRFSS call with CDC & ITCA/Ton on 9.09.13
- NPAIHB CC Tribal BRFSS call with CDC on 9.13.13

#### NPAIHB

- September conference call cancelled; written updates submitted on 9.12.13.
- Tribe 2 – 160+ interviews completed
- Monika will be scheduling appointments for Birdie
- Trouble shooting with Klamath: reposting advertisement, inquiring about updated tribal roll for wrong and disconnected numbers, inquiring about submitting list of disconnected numbers from our team
- Sending updated tribal roll for comparison with phone numbers
- Tribe 3 – IRB approved; hiring interviewers
- Tribes 4 – Sample materials being reviewed ; still in progress
- Tribe 5 – Received all sample materials; resolution passed
  - Acquired additional funding NPAIHB ( public health accreditation project mini grant) for a point person at the Tribe for BRFSS point person

#### TON – updated work plan

- Delsen was reassigned to the Management of Health; Stephine Baloo will be the TON BRFSS Project Director as of 9.18.13
- Teresa Wall & Jennie Mullins will be on monthly calls beginning in October
- IRB Submission – September 30<sup>th</sup> 2013
- Hire interviewers/3 day training – Fall 2013

- Survey Implementation – Winter 2013
- Data analysis/quality assurance – Late winter 2013/Early spring 2014

#### ITCA

- Sent draft interview training to TON for review
- Sent final revisions to TON on 9.23
- Planning meeting on 9.23
- Pending written project budget for 55,000 and 30,000 additional funds from TON team

\*\*\*CDC has requested a call with NAPIHB, ITCA & TON if IRB submission date is not met\*\*\*

#### Meetings/Trainings/Conferences

September – CSTE Meeting 9.09-9.11 in Albuquerque, NM

### Epicenter Biostatistician

Nancy Bennett

#### Conference Calls:

- ✚ Cow Creek BRFSS
  - Call with grad student to explain the BRFSS variables
- ✚ MAD Narch ASI bi monthly calls
  - Wrapped up data collection for Ft Hall, Umatilla is on-going.
  - Tulalip has not begun collection yet. – went over the minimum requirements needed from them for a representative sample

#### NPAIHB Meetings:

- ✚ All staff meeting - monthly
- ✚ Tribal Health Profiles meeting bi-monthly
  - All have been assigned base line data for the 3 state profile report
  - Updates on assigned data components for base line report

#### Conferences/QBMs/Out of area Meetings

- ✚ Epi Datamart webinar training 2.5 hrs for 5 days, received training on use of the EpiDatamart
- ✚ Gis Arc class room training in Olympia WA
- ✚ International data linkage workshop Montreal, Quebec Canada
  - Attended with Sujata & Jenine, international data linkage workshop in conjunction with Canada, US, Australia, New Zealand, Sweden

#### Miscellaneous

- ✚ Data analysis of ASI database for Pendleton and Ft Hall
  - Pulled some individual data for Pendleton, and combined data of Ft Hall and Umatilla
  - Received final data from Ft Hall to begin final analysis, Pendleton continues to collect data
- ✚ Continued work on Client listing database for ShoBan
  - Continued Access database setup for the Client intake system for Ft Hall.
- ✚ Pulled BRFSS data for Cow Creek for 2012 per their request
  - Special request from Cow Creek to pull some data from the 2012 BRFSS files released in July 2013
- ✚ 3 state data for Tribal Health Profiles via US Census, BRFSS, Birth/Death files
  - Began collection the data for the 3 state profile due at the end of August
- ✚ Continued work on Client listing database for ShoBan
  - Continued Access database setup for the Client intake system for Ft Hall.
- ✚ 3 state data for Tribal Health Profiles via US Census, BRFSS, Birth/Death files
  - Began collection the data for the 3 state profile due at the end of August
  - SAS analysis on BRFSS data for THP reports combining 7 years of data

#### Reports:

- ✚ Draft report of THP report
- ✚ 2012 BRFSS data for Cow Creek
- continue to work with Cow Creek for CHSDA specific and All Oregon AI/AN data

#### Site Visits:

- ✚ ASI data meetings at Pendleton, OR and Ft Hall ID
- ✚ Client listing database Ft Hall, ID

### **Immunization and IRB**

**Thomas Weiser, Medical Epidemiologist**

**Clarice Charging, Immunization Coordinator**

#### **Meetings:**

- IPAT meeting, September 5, 2013
- First Nations Health Authority site visit, September 6, 2013

#### **Conferences/Training:**

- ACS/CDC Coalition Workshop, August 12-14, 2013, Atlanta, GA
- NTCCP meeting, Kiana Lodge, September 28, 2013 Suquamish Tribe, Poulsbo, WA

#### **Conference Calls:**

- Immunization Coordinators, August 26, 2013
- Immunization Coordinators, September 18, 2013

#### **Portland Area (PA) Indian Health Service (IHS) Institutional Review Board (IRB):**

- PA IHS IRB administration meeting, July 2, 2013
- PA IHS IRB committee meeting, July 10, 2013
- PA IHS IRB administration meeting, August 9, 2013
- PA IHS IRB committee meeting, August 14, 2013
- PA IHS IRB administration meeting, August 20, 2013
- PA IHS IRB administration meeting, August 27, 2013
- PA IHS IRB committee meeting, September 11, 2013
- PA IHS IRB administration meeting, September 17, 2013

During the period of July 1 – September 30, 2013 Portland Area IRBNet program has 85 registered participants, received 3 new electronic submissions, 1 administrative project revisions, processed 1 protocol revision approvals, 2 annual renewals, 4 publication/presentations, and approved 2 Exempt protocols.

#### **Provided IT and IRB regulation assistance to Primary Investigators from:**

- 1) Port Gamble S'Klallam Tribe
- 2) Seattle Children's Hospital
- 3) NARA
- 4) OSU
- 5) University of Arizona
- 6) Confederated Tribes of Warm Springs

### **Injury Prevention Program**

**Bridget Canniff, Project Director**

**Luella Azule, Project Coordinator**

### Conference Calls

- 7/2 Tribal Public Emergency Preparedness Conference debriefing (Bridget, Luella, Rachel and planning committee)
- 7/9, 8/7 IHS/CDC IP Surveillance Course workgroup calls, course revisions, review draft manual (Bridget)
- 8/29 TIPCAP Econometrica Conference Call (Bridget and Luella)
- 9/3 and 9/24 IP Coalition Committee Conference calls both rescheduled
- 9/17 TIPCAP Administrative conference call/updates (Bridget)
- 9/27 IHS/CDC Injury Surveillance Course workgroup – final wrap-up meeting (Bridget)
  - 3-day course will be offered later in 2014, date and location TBA

### Meetings/Conferences:

- 7/16, 7/23, 7/30, 8/29 IPP staff meetings (Bridget and Luella)
- 7/16 Tribal Health Profiles workgroup meeting (Bridget)
- 8/30, 9/21 CPS clinics: S Salem Walmart & Randall Legacy Hospital to get CPS sign offs needed for recertification (Luella)
- 9/27 ACTS Oregon—Sandy Holt

### Trainings

- 7/19 Webinar: Fetal Alcohol Syndrome sent from Jacqueline LHB (Luella)
- 8/19 Against Domestic Sexual Violence presentation from Carrie S (Luella)
- 8/22 Webinar: National Council on Aging Fall Prevention Awareness (Luella)
- 09/05 Webinar: Tribal Transportation Safety Plans (Luella)
- 09/17 Meeting Advantage Training (Luella 9-4)
- 9/27 Webinar: TIPCAP/Econometrica--Data informs Decisions, Stories Inspire Change (Luella and Bridget)

### Core Activities - Luella Azure

- Reviewed various IP related websites and e-newsletters, and forwarded 28 IP-related announcements to CPS techs, Tribal IP Contacts and/or IP Coalition Committee, and added relevant training materials to IP resources library.
- **Download, print and read:** 2013 Risky Business PowerPoint, TEC Assessment, Medicaid.gov/federal Policy guidelines, Wellness in the Workplace
- **Update Contacts:** Tribal EpiCenter (TEC), TIPCAP, IP Coalition, IP Resource mailing list

### **July**

- Respond to Tribal booster seat inquiry, as requested checked booster seat installation at Grand Ronde Veterans powwow
- Followed up on rescheduling PAO TIPCAP quarterly call with IHS/NWWINH and possible October training/meeting @ Lummi/Bellingham

### **August**

- E-mail SPIPA re: CPS training for 6 community workers
- Scheduled TIPCAP conference call
- Developed agenda and sent to IP Coalition
- Revised IP Action Plan

### **September**

- Rescheduled IP Coalition Conference calls
- Child Passenger Safety Technician (CPS Tech) recertification: got the remaining needed car seat check sign offs, prepared recertification application – Luella's CPS Tech certification will be renewed through October 2015

## **Maternal Child Health Projects:**

**Njeri Karanja, PTOTS PI**

**Jodi Lapidus, Native CARS PI**

**Tam Lutz, PTOTS Project Director/Jr Investigator**

**Nicole Smith, MCH Biostatistician**

### **PTOTS Study**

#### **Project News & Activities**

This Native CARS began the third phase of vehicle observations data, data cleaning analysis and reporting. While the three phase 2 tribes sites continued to wind down remaining interventions The three remaining tribes continued in maintenance phase. We also resumed previously started analysis and writing activities this quarter. Additionally three tribes attended the nation Kids in Motion Conference in Albuquerque, NM. Most notably, Native CARS received notification of award for the dissemination phase. Below is a list of our study progress.

This quarter PTOTS we distributed the draft of the PTOTS Infant feeding paper to Tribal partners and PA IHS IRB for review and approval.

### **BOARD ACTIVITIES**

#### **Meetings - Conference Calls – Presentations – Trainings**

- Meeting: NRN Board of Directors Conference Call Meetings, Jul – Sept
- Meeting: NRN Annual Research Conference Planning Meeting, Jul - Aug
- Meeting: BRFSS meetings, Jul - Sept

#### **Program Support or Technical Assistance**

- Addressed BRFSS related technical support requests, Jul-Sept
- Reviewed, edited, finalized NARCH TOTS to TWEENS budget, budget justification, research plan, NIH forms, Aug
- Provided Letter of Support for PRC grant, Aug
- Created NRN Sponsorship form, Aug
- Consulted with Tom Becker, Victoria, Eric Vinson (separately) about Spirit of Eagles Cow Creek Cancer presentation, Aug
- Cow Creek Cancer analysis for presentation, Jul
- Registration & travel for Spirit of Eagles, Jul
- Reviewed Native CARS budget, Jul
- Provided documentation Support for PRC, Jul
- Edited final draft of NRN Sponsorship form and cover letter , Jul
- Assisted IRB Coordinator with consultation to Tribe on use of IRB.net, Jul
- Constructed and arranged for printing and delivery of Indian Day banner, July
- Provide technical support to BRFSS consultant, Sept

### **PTOTS**

#### **Meetings - Conference Calls – Presentations – Trainings**

- Meetings: KAB Analysis, journal article and fact sheets with Cara, Aug-Sept
- Meeting: with Tribal sited on Journal article, Aug -Sept

#### **Program Support or Technical Assistance**

- Completed IRB Review for Journal article, Jul
- Email tribes on journal article, acknowledgement and fact sheets, Jul-Sept

### **CARS**

### **Meetings - Conference Calls – Presentations – Trainings**

- Conference call: (Site Coordinators), Jul – Sept
- Met with Site Supervisor, Angela Mendez at Shoshone Bannock CARS, Aug
- Native CARS dissemination grant kickoff meeting (Jodi, Tam, Nicole, Candice, Allen Cheadle by phone), Aug
- Native CARS dissemination grant kickoff meeting (Jodi, Tam, Nicole, Candice, Beth Ebel by phone), Sept
- Native CARS dissemination grant kickoff meeting (Jodi, Tam, Nicole, Candice, Site Coordinators by phone), Sept
- Met with Site Supervisor - Alison Ball at Colville CARS, Sept
- Meeting: Presented at Summer Institutes CBPR Class, Jun
- Meeting: Presented at Summer Institute Noon Luncheon, Jun
- Meeting: Native CARS RA Interview cmte, Apr
- Meeting CARS Analysis at OHSU with Miriam, Jun
- Meeting: with Jacqueline and Priscilla on CARS grant budgets, Jun
- Meeting: with Bernadine Phillips on Colville CARS continuation, Jun
- Meeting: with Site Supervisor, Angela Mendez at Shoshone Bannock CARS, Jun
- Meeting: with Site Supervisor, Leslie Smith at Nez Perce CARS, Jun

### **Program Support or Technical Assistance**

- Completed Observation Form data entry for 5 tribes, Jul - Sept
- Outlined Native CARS final report, began drafting reports, Jul - Sept
- Created time point comparison charts and tables for Round 1 Tribes, Aug-Sept
- Data cleaning for Round 1 Tribes, Jul-Sept
- Began analysis & observation report for Round 1 Tribes, Aug-Sept
- Reread Dissemination Protocol and budget, Jul
- Constructed budget tables of Intervention and Dissemination Phases, Aug
- Processed contract invoices, Jul-Sept
- Prepared travel arrangements for 2013 KIM Conference, Aug
- Researched online training websites, Sept
- Drafted and finalized usability matrix to review training websites, Sept
- Forward matrix to staff and sites to review websites, Sept
- Reviewed websites on matrix, Sept
- Drafted work plans for sites, draft contracts and sent for review, Sept
- Uploaded transcripts, codes into Atlasti, creating HU for Spokane, Sept
- Created episode profiles for Spokane transcripts, Sept
- Coded Spokane transcripts, Sept
- Prepared presentation and documents for kick-off meeting, Sept
- Drafted position description, interview question for Temp Hire, Sept
- Re-ordered banners for Klamath, Sept
- Outlined Native CARS final report, Sept
- Prepared travel arrangements for APHA & Staff Retreat, Sept
- Outlined APHA poster, Sept

### **Medical Epidemiologist**

**Thomas Weiser, Epidemiologist (IHS)**

#### **New Projects:**

##### ***Tribal Community Health Profiles***

The NPAIHB Tribal Community Health Profiles team has been meeting with the goal to create an initial aggregate Area-level and State-specific report as a template. From that, site specific reports will also be created which will provide for

each tribe/clinic their own data and comparison to state, area and national level aggregated data to the extent this is appropriate and available.

#### Ongoing Projects:

##### Epidemic Intelligence Service

Jessica Marcinkevage (EIS officer arrived). Work continues on the surveillance (see below). She was detailed on an Epi-Aid to the San Carlos Apache Reservation in Eastern AZ for 10 days to assist with evaluation of RMSF control efforts.

##### National Data Warehouse Data Validation/EIS Surveillance Project

Early results show that the majority of cases identified in NDW are not the same as those identified in the OR Health Authority data. We are working to understand the discrepancies, to verify cases in RPMS and write up the results and recommendations. Work on this project will not likely continue during the Government Shutdown.

##### Childhood Immunization Coverage, Portland Area,

Outreach and Training: Continue to promote attendance of on-line training session. Some delays in arrival of VFC vaccine in at least two OR clinics. Followed up with OR immunization staff on this and they are looking into reasons for the delays.

Interview/Survey and Focus Group Project: Work on the analysis and report continues.

##### Improvement Support Team

IST face to face meeting on 9/16 was productive. We have the beginnings of an action plan and an agreed on mission/values statement. Jessica Leston has begun the IHI IA program.

#### Institutional Review Board

IRB has continued to meet both administratively and with the full committee for the past 3 months. We have received several requests recently involving NARA and CTUIR to waive PAOIHS IRB review. We are working with those researchers to ensure that these decisions are supported by the Tribes/Organizations. We are also discussing the implications of these requests and what it means to our operations.

##### Influenza Season Planning

Lummi starting their flu immunizations on October 1st, which is early for them. Klamath has already been to Elder Fairs, employees and have three more outreach health fairs scheduled. Grand Ronde, Quileute, Wellpinit, Shoalwater Bay all have started similar activities.

##### WA MCH & PRAMS Extension Grant to States for Enhanced Influenza Surveillance in American Indian/Alaska Native Communities

Postponed visit to the Seattle Children's GAPP program; still hope to talk/tour their facility for bio repository that includes specimens from AI/AN women. Met with Ken Rosenberg (OR PRAMS) and introduced EISO to the OR team. A f/u is planned with Suzanne Zane to go over infant mortality data with EISO after Shutdown resolved

##### Improving Colorectal Cancer Screening in Pacific Northwest Tribes: A pilot project to develop a resource toolkit for tribal communities.

Completed updating clinic sections for pilot which will be discussed with Tribal representatives in October. Once their feedback is obtained, further edits and updates will be done.

#### Completed Travel and Meetings:

Meetings: 8/18/13, HHS Region X, Seattle & UIHI

8/27-8/28/13 Site visits with EIS officer to Warm Springs and CTUIR  
(Yellowhawk)

## **Monitoring the Abuse of Drugs (MAD) NARCH**

**Elizabeth Hawkins, Principal Investigator**

**Bridget Canniff, Project Director**

**Rennae Granados, Research Assistant – Umatilla**

**Vera Honena, Research Assistant – Shoshone-Bannock**

**Sandra Radin, Consultant – Tulalip**

**Erik Kakuska, Project Specialist**

### **Project Coordination**

- Biweekly project calls held on Wednesdays at 10 AM Pacific
- One-year no-cost extension request on July 30; approval received August 29; Notice of Award received in early September. Approximately \$225K was expected to remain at the end of the current project period on August 31, 2013. The project will continue through August 31, 2014.
  - The Research Assistant position at Yellowhawk/Umatilla has been extended through May 2014, and we will continue to collect ASIs/intake data, conduct additional change cycles, and develop an updated community substance abuse profile.
  - The Research Assistant position at Shoshone-Bannock ended on August 31, 2013.
  - Data collection at Tulalip is still pending. We are planning to move forward by the end of October, to continue data collection using a research model through the fall and winter.
- A 2-day visit by MAD NARCH RAs plus 3 tribal staff from members each from Shoshone-Bannock and Umatilla took place in Portland on August 20-21
  - 1-day NIATx Change Cycles booster training (trainer Lynn Madden)
  - 1-day project evaluation/wrap-up meeting
- Bridget attended a one-day IHS-sponsored training on Environmental and Health Effects of Clandestine Meth Labs, held in Portland on August 28

### **Project Updates**

- Nancy Bennett, biostatistician, is continuing work on data cleanup and preliminary analysis

## **Shoshone-Bannock**

### **Accomplishments:**

- 220 Addiction Severity Index (ASI) reviews were completed by the end of July. ASI data was validated during August 13-14 site visit (by Nancy Bennett and Bridget Canniff) and all data transferred securely to NPAIHB.
- Met with Fort Hall Business Council on August 14 (Donna, Vera, Nancy and Bridget)
- Database (developed by Nancy Bennett, with guidance from Vera Honena, Donna Honena and others) was completed, including on-site review by Donna Honena, Vera Honena, Bridget and Nancy during a site visit to Shoshone-Bannock on August 13-14. Data reports will be used for the community profile.
- NIATx projects:
  - Completed NIATx PRT Unit Technician In-Service project
  - Completed NIATx 90 day PRT policy project
  - Completed NIATx Primary Residential Family Day project
  - Working on NIATx Client Satisfaction Popcorn Survey project
  - Working on NIATx PRT 9-Day Exit Interview Survey project
  - Working on NIATx PRT Data project
  - Presented several projects during the NIATx training in Portland in August.



- Software MS Office 2013 (7 copies) purchased for MAD project and FDTC, and site licenses received by Roger, IT specialist at Shoshone-Bannock
- Training materials and multiple copies of DSM-5 ordered for FTDC

### Umatilla

#### **Accomplishments:**

- 157 Addiction Severity Index interviews completed. ASI data collection is ongoing.
- Meet with clients 2 days per week
- A&D Oversight Committee:
  - BOT presentation was shared with A&D Oversight Committee and discussed.
  - At July and August meetings, members decided that there was a lot more work to do and the Committee could not dismantle. The committee will collaborate on new projects in order to keep the prevention activities going.
  - We will be selecting officers in order to ensure that there is someone to cover if the chairman and the secretary is not available
  - Next meeting October 8, 2013.
- NIATx projects:
  - Completed presentation on change cycle for incentive program and shared at NIATx training in Portland in August.

### Tulalip

- September 24 call held between Elizabeth, Bridget Sandra Radin, to discuss data collection plans at Tulalip is feasible. Data collection is set to begin in October and if we can show results within the first few weeks, 6 months of additional data collection (through March-April 2014) should yield enough data for useful analysis.
- Sandra contract to collect ASI data at Tulalip has been amended, to continue her participation in the project through August 31, 2014.

#### **July-September Site Visits:**

- Shoshone-Bannock, July 1-3 (Nancy)
- Umatilla, July 24-26 (Bridget/Nancy)
- Shoshone-Bannock, August 12-15 (Bridget/Nancy)

### Nak-nu-wit

**Dr. Linda Frizzell, Director**

#### **I. SAMHSA PROJECT NARRATIVE**

Nak-nu-wit (pronounced Nock-new-it)

The NPAIHB is collaborating with The Native American Rehabilitation Association of the Northwest, Inc. (NARA). NARA provide Mental Health services to approximately 170 clients per year through six integrated, but separate, service sites, including the NARA Indian Health Clinic, located in North Portland, which provides a variety of health and mental health services to all ages.

### **NARA**

#### **NARA Activities:**

Lead Family Contact/Cultural Advisor

The focus for the month of August was the Nak-Nu-Wit Summer Youth Program. This year's theme was "Water, Wolves and Habitat". Actually beginning July 30<sup>th</sup> and ending August 22, 2013, the program had sixteen children between the ages of 7 – 12 attending three days a week. There were also five teen leaders or ambassadors (ages 13 – 17) who helped

with the activities and were indispensable in many duties they performed such as making lunches and introducing new games and keeping tabs of their assigned youth during field trips. The age breakdown for the group was as follows, one 7 year old, one 8 year old, five 9 year olds, three 10 year olds, three 11 year olds, and three 12 year olds. Within this total group, all were either enrolled or of American Indian decent except for three. We had four children returning from last year along with three teen leaders. This offered a consistency that was very valuable as we progressed through the activities. It must also be noted that NARA staff did an excellent job of providing activities that engaged this age group and the Child and Family therapists who contributed their time in spite of their busy schedule added greatly to the success of the program.

Although the week's design was to have two half days, Tuesday and Wednesday from 12:30 to 5:30 pm and one full day from 9 – 5:30 pm as the field trip day, a lot of care and planning went into each week. Each day had a cultural activity planned into it with an emphasis on Wednesday being to bring in a member of the American Indian community to talk with the children about a topic that coincided with the field trip that was scheduled for the following day. The first week's fieldtrip was to the Portland Aquarium. The youth had a chance to pet the lampreys and baby sharks that swam in a huge inside pool. We had, as a guest speaker, Gabe Souships (Umatilla), who recently worked at the Columbia River Intertribal Fish Commission (CRITFC) and now attending graduate school at Oregon State University. His passion is the preservation of the Lamprey Eel, which is a huge concern for the Columbia River Treaty tribes. He showed a video of how he and his team are preserving the water quality and breeding area so that the Lamprey can thrive and propagate, because like the salmon it also goes to the Pacific Ocean as adults and returns to its origins, having to battle the many dams of the Columbia River each year.

The second week we took the children to the Magness Memorial Tree Farm in Sherwood, OR with its many trails and interesting stories that the Magness guide shared with us. Our guest speaker for this week was Judy Blue Horse Skelton (Nez Perce) who talked about the uses of plants and trees and how Native people used them. She showed how to make tree tea out of Douglas fir and the youth had a cup of tree tea with her. The third fieldtrip was to the World Forestry Center to learn more about ecosystems. Phillip Archambault (Sioux), Cultural Director for NARA, was our guest for this week. The children listened attentively as he told stories about his life and talked about Native American cultural values. For the final week of the program we took the children on a field trip to Wolf Haven in Tenino, WA. It's a sanctuary for injured wolves and the children learned about their stories and now have great respect for the animals. Each time we've done this trip in years past we've found it to be a memorable experience that the children can relate to and don't forget. They have a special way of relating to the wolves. The speaker for this week was David Barrios (Apache/Mexican) who did join our youth for lunch, but because he is a Park Ranger for Oregon Parks, was called away on an unexpected matter. However, we had a great end of the program cookout with hamburgers, hot dogs and grilled salmon and invited the Madison building to join our youth for lunch. It was a way to say thank you for the Madison building's support and patience during our month-long program. It was well attended and was a great way to close this year's activities.

#### *Adult Mental Health*

There are two groups that I facilitate weekly, one at the Wellness Center on Thursday afternoon and one at Totem Lodge on Friday afternoon. The Wellness Center group was put on hold during the month of August to devote my time and energy toward the planning and success of the Summer Youth Program. I continued to meet with the Totem Group on Fridays. Several other standing meetings such as the Nak-Nu-Wit Advisory Committee meeting and the Nak-Nu-Wit Steering Committee meetings were also put on hold this month because the time conflicted with the Summer Youth Program. However, the Tuesday evening Family Culture Night continued as scheduled and the families involved in the Summer Program were encouraged to attend. All scheduled meetings will be back in full swing beginning in September.



#### **Evaluation Activities:**

##### **July**

- **Individualized tracking sheets**
- The Interviewers are continuing to update their individualized tracking sheets.

- The Project Manager also continues to maintain her tracking sheet.
- **Miscellaneous**
  - Continue to submit the Monthly Evaluation Reports (MEAR) each month.
  - The evaluation team continues to create and mail out Family Progress Reports for those families who have completed their 24 month interviews.
  - Staff contacted families who have received their Family Progress Reports to discuss any questions the caregiver or youth have.
  - Staff continues to mail thank you letters to those who have completed their 24 month interview for the study.
  - The evaluation team continues to work on data issues and non-data issues that appear on the Data Issues Report.
- **Meetings/Trainings/Presentations**
  - The evaluation team continues to have weekly team meetings.
  - Staff continue to have weekly meetings.
  - NNW teen e-team will not meet during the summer months.
  - The evaluation team participated in a TA call with Connie.
  - Staff participated in the CMHI National Evaluation Roundtable discussion via conference call. The calls focus on tribal children and youth. We shared our family progress report template directly with the two other urban AI/AN communities that requested the template.
  - Staff discussed data analysis work.
  - Staff organized a meeting with a focus group for the local study. There were 7 individuals who attended and participated.
  - Staff attended the TRC Summer Institutes 2013 to take a 2 credit course titled "Early Childhood Research on Tribal Communities." This course is made possible by Johns Hopkins University Center for American Indian Health and Tribal Early Childhood Research Center.
- There was a data sustainability meeting scheduled with NARA but was cancelled. **Case Counts and Status Updates**
  - The evaluation team received 1 new case this month.
  - The data collectors continue to schedule baseline and follow-up interviews.

## August

- **Individualized tracking sheets**
  - The Interviewers are continuing to update their individualized tracking sheets.
  - The Project Manager also continues to maintain her tracking sheet.
- **Miscellaneous**
  - Continue to submit the Monthly Evaluation Activity Reports (MEAR) each month.
  - The evaluation team continues to create and mail out Family Progress Reports for those families who have completed their 24-month interviews.
  - Staff contacted families who have received their Family Progress Reports to discuss any questions the caregiver or youth have.
  - Staff continues to mail thank you letters to those who have completed their 24-month interview for the study.
  - Staff shared the caregiver and youth templates of the Family Progress Reports with the Urban Trails. Staff shared these templates with Mescalero. The team requested that NPAIHB and Nak-Nu-Wit be acknowledged as the source of the documents.
  - The evaluation team worked on data issues that appear on the Data Issues Report in preparation for the data download on 8/10/2013 used for the Data Profile Report.
  - The evaluation team is waiting for the Retention report in order to address MEAR discrepancy issues with Connie.

- We received the transcriptions from the focus groups conducted from last month with NARA. Staff worked on completing the analysis of the transcriptions.
- Eleanor informed the evaluation staff that there will be an across the board reduction in hours/FTE on the project beginning on October 1, 2013 (Year 6). Staff will be working at a lower FTE on Nak-Nu-Wit, which reflects the Year 6 decreased budget.
- **Meetings/Trainings/Presentations**
  - The evaluation team continues to have weekly team meetings.
  - Staff put weekly meetings on hold when Eleanor went on vacation but will continue to have weekly meetings upon her return.
  - Staff attended the NARA steering committee meeting.
  - Staff attended the E-team meeting.
  - Staff attended the Wraparound Training provided by the Native American Training Institute in Bismarck, North Dakota.
  - Staff attended the 2-day training on "Becoming an Adult Ally and Building Change Agents through Facilitating a Youth Participatory Action Research Curriculum." The training was free and provided by PSU in collaboration with the Oregon Health Authority.
  - Travel arrangements were made for Staff to attend the Native Children's Research Exchange conference in September in Denver.
  - Staff participated in the CMHI National Evaluation Roundtable discussion via conference call. The calls focus on tribal children and youth.
  - The evaluation team participated in the facilitated "Lessons Learned Discussion Session for 2008 Funded Communities" conference call.
  - Staff submitted a proposal for the Summer of Learning, which has been accepted as a webinar presentation. Date of the presentation is TBD.
- **Case Counts and Status Updates**
  - The evaluation team received 0 new cases this month.
  - The data collectors continue to schedule baseline and follow-up interviews.

## **Nak-Nu-Wit Evaluation Advisory Council Meeting Minutes**

**August 28, 2013**

### ***Photovoice Webinar***

The E-team screened a webinar about photovoice titled, "This place helps you figure out who you want to be": A photovoice experience with urban Native youth, here is a link to the recording (<http://www.pathwaysrtc.pdx.edu/webinars-previous.shtml#photovoice>). Photovoice is a way collecting data (also known as a research methodology), where research participants take pictures about the research topic and write a story, summary, or explanation of their photo and how it relates to the research topic. This webinar covered the main objectives (or purpose) of Photovoice, how Photovoice was conducted for this specific study, and how Photovoice can be used as a tool for advocacy.

The group had a discussion about some of the differences between the Photovoice and Digital Storytelling approach to collecting data. Some people expressed that a benefit of Photovoice is that it is less intimate than Digital Storytelling, and it provides more protections for participants to not be triggered or re-traumatized by reliving a painful story told about their lives. There were also concerns about how people may feel about their digital stories in the future, and having shared so much about their personal life experiences. Photovoice has the ability to be more symbolic and less direct, while still being a powerful way of sharing about one's experiences.

Comments were also made about how this method of data collection may be more comfortable for youth who are more shy or introverted.

Additional benefits of Photovoice that were also discussed included that people can learn skills (photography, photo

editing, research, etc.) that may open up opportunities for future career paths, exploring new outlets for processing emotions, or just finding a new hobby. Someone also mentioned that people could even sell their photos, but concerns came up around dealing with rejection and criticism.

### ***Strengths and Healing: Follow-up on questions***

During our last meeting, the evaluation staff shared a data findings summary on topics the group indicated interest in. There was a chart, which showed a little over half of the youth participating in this survey indicating that they were encouraged to join an advanced level class (for example college prep classes). The group wanted to know if there was a pattern of certain school districts or schools encouraging (or not encouraging) youth to take advanced classes. It was mentioned that of the youth who were not encouraged to take an advanced level class, (they may have IEPs), and we would want to take that into the context of those cases.

Staff did further research into these questions and found out that of the 9 youth who had not been encouraged to join an advanced level class, 8 had individual education plans (IEPs), and one youth was not attending school at the time. This explains why this group of youth was likely not encouraged to join an advanced level class. The group expressed concerns that although youth may have an IEP, whether it's due to emotional/behavioral struggles or learning disabilities, that youth were not receiving these opportunities. A comment was made that youth may improve behaviors if they are encouraged to excel, or that youth could be living out what other's expectations are for them. It was also mentioned that while youth could experience a learning disability, that they are very gifted in other areas which should be focused on for a more strengths-based approach.

### ***Update on Third Local Evaluation Study***

An update was provided on the third local evaluation study. It was explained that this new study was developed through conversations with Nak-Nu-Wit service staff. The group worked together to develop focus group questions regarding the integration of culture and identity into the service experience for families. A focus group was conducted with staff in various roles, throughout NARA, and including staff from programs other than Nak-Nu-Wit. The evaluation team was grateful to have staff participate, and had 7 respondents at the focus group. Staff shared some of the preliminary findings, which included the main themes that are emerging from data analysis. More specific information will be provided once analysis is finalized. 3

### **September**

- **Individualized tracking sheets**
  - The Interviewers are continuing to update their individualized tracking sheets.
  - The Project Manager also continues to maintain her tracking sheet.
- **Miscellaneous**
  - Continue to submit the Monthly Evaluation Activity Reports (MEAR) each month.
  - The evaluation team received the Retention report and addressed the MEAR discrepancy issues with MACRO.
  - The evaluation team continues to create and mail out Family Progress Reports for those families who have completed their 24-month interviews.
  - Staff contacted families who have received their Family Progress Reports to discuss any questions the caregiver or youth have.
  - Staff continues to mail thank you letters to those who have completed their 24 month interview for the study.
  - The evaluation team continues to work on data issues that appear on the Data Issues Report.
  - Staff are in the process of finalizing the analysis of the transcriptions from the focus groups.
  - Staff completed the Fall newsletter.
  - Lindsay will no longer be part of the Nak-Nu-Wit staff as of October 1. Annabelle will follow up with the families on Lindsay's caseload as of October. Letters and phone calls were made to inform families of this staffing change.

- **Meetings/Trainings/Presentations**

- The evaluation team continues to have weekly team meetings.
- Eleanor and Danielle continue to have weekly meetings.
- Annabelle, Danielle, and Lindsay attended the Native Children's Research Exchange conference in Denver, Colorado.
- Danielle and Lindsay participated in the CMHI National Evaluation Roundtable discussion via conference call. The calls focus on tribal children and youth.
- There was no E-team meeting scheduled for September, but there is an E-team scheduled for October.

- **Case Counts and Status Updates**

- The evaluation team received 2 new cases this month.
- The data collectors continue to schedule baseline and follow-up interviews.

### **Program Support and Training Development**

PSU also facilitated a meeting with the Oregon Tri County leadership (Clackamas, Washington and Multnomah). Nak-Nu-Wit Program Director and state leadership for Oregon Health Authority to focus on sustainability issues for Wraparound/System of Care services for youth and families. This group will meet on-going to continue to strategize working with the statewide implementation of CCO organizations who manage Oregon Health Plan consumer services in primary and behavioral health.

### **Promotion of Professional Pathways**

In addition to providing staff development and community training and support for the Nak-Nu-Wit System of Care grant, the Center for Improvement of Child and Family Services has a commitment to partner with others to create pathways to professional education for NARA staff and other community members with cultural expertise. To this effort, PSU has brought together PSU educators, Native education and human service organization representatives, and interested community members to discuss ideas and work on strategies towards this goal.

Towards this goal, PSU Center staff has continued to meet with other Native educators to explore processes and programming that support recruitment and support of AI/AN students. This group, called "Native Ways", convenes people from across campus and within Social Work involved in the educational success of AI/AN students. The purpose is to build pathways to higher education, and specifically social work education, for Native people who are interested in careers in human services. The goal is that anytime a Native organization has an opening, there will be multiple applicants with the professional skills and cultural capital to fill the position. This group is partnering with the Center for Native Education on campus and the Native American Student Center.

### August

#### **Staff Development: Consultation/Training Sessions**

PSU staff provides Wraparound training and consultation sessions for Nak-Nu-Wit project staff. Consultation sessions serve as a follow up to earlier trainings on Wraparound and provided a vehicle to discuss culturally specific application of the Wraparound model in work with American Indian and Alaska Native urban youth and families.

PSU staff is also working with Nak-Nu-Wit clinical manager and staff to develop internal training capacity for sustainability of the project. To this effort, Nak-Nu-Wit staff is being trained in the major components of Wraparound practice.

Do to the Nak Nu Wit Youth Summer Program, meetings with staff were limited to one session.

- 8/28/13 Service Team Consultation

### **Program Support and Training Development**

PSU provides on-going support for program development. To that effort, PSU staff are active participants and consultants in Nak-Nu-Wit workgroups, meet as needed with the Nak-Nu-Wit Administration, and meet regularly with the Training Coordinator and Clinical Supervisor. PSU staff also meet with PSU program evaluators and Northwest Portland Area Indian Health Board Nak Nu Wit Project Director Dr. Linda Frizzell, to address grant requirements.

Due to staff commitments to Nak Nu Wit summer Program, there were not training committee meetings this month. However, there were several planning meetings for upcoming trainings:

## September

### Training

#### **Staff Development: Consultation/Training Sessions**

PSU staff provides Wraparound training and consultation sessions for Nak-Nu-Wit project staff. Consultation sessions serve as a follow up to earlier trainings on Wraparound and provided a vehicle to discuss culturally specific application of the Wraparound model in work with American Indian and Alaska Native urban youth and families.

PSU staff are also working with Nak-Nu-Wit clinical manager and staff to develop internal training capacity for sustainability of the project. Nak-Nu-Wit staff are being trained in the major components of Wraparound practice and training platform skills. One-on-one consultation is also provided to an identified team coach and developing trainer. Due to illness, team consultation was cancelled this month.

- 9/16,17,18 QMHA Training for staff (18 participants)
- 9/25/13 Service Team Consultation (6 participants)

#### **Program Support and Training Development**

PSU provides on-going support for program development. PSU staff are active participants and consultants in Nak-Nu-Wit workgroups, meet as needed with the Nak-Nu-Wit Administration, and meet regularly with the Training Coordinator and Clinical Supervisor. PSU staff also met with PSU program evaluators and Northwest Portland Area Indian Health Board Nak Nu Wit Project Director Dr. Linda Frizzell, to address grant requirements.

- 9/3,4,8,10 Planning meetings for QMHA Training
- 9/11/13 Nak-Nu-Wit Training Committee Meeting (7 participants)
- 9/11/13 Nak-Nu-Wit Community Advisory Committee Meeting (10 participants)
- 9/24/13 Planning meeting for Distance Learning Culturally Specific Wraparound presentation
- 9/26/13 Planning meeting for Two Spirit NARA Training

#### **Promotion of Professional Pathways**

In addition to providing staff development and community training and support for the Nak-Nu-Wit System of Care grant, the Center for Improvement of Child and Family Services has a commitment to partner with others to create pathways to professional education for NARA staff and other community members with cultural expertise. PSU has brought together PSU educators, Native education and human service organization representatives, and interested community members to discuss ideas and work on strategies towards this goal.

Towards this goal, PSU Center staff has continued to meet with other Native educators to explore processes and programming that support recruitment and support of Native American students. This group, called "Native Ways", convenes people from across campus and within Social Work involved in the educational success of American Indian / Alaska Native students. The purpose is to build pathways to higher education, and specifically social work education, for Native people who are interested in careers in human services. The goal is that anytime a Native organization has an opening, there will be multiple applicants with the professional skills and cultural capital to fill the position. This group is partnering with the Center for Native Education on campus and the Native American Student Center.

Activities this month for Native Ways included recruitment activities at the NAYA annual Neerchokikoo Honoring Powwow.

### PI/PD activities

- Meeting with NARA staff (4)
- Meeting with RRI staff (5)
- Meeting with Training staff (5)
- Telephone conference with NARA staff (5)
- Telephone conference with Evaluation staff (3)

- E-mail consultation with NARA (50)
- E-mail consultation with Evaluation (41)
- E-mail consultation with Training (40)
- Project supervision
- Monitor SAMHSA TA (daily)
- Provided TA for Strategic/Sustainability/Marketing Plan

### **III. OTHER PROGRAM DEVELOPMENT**

- Conference calls MMPC – 2
- Attended Quarterly Board Mtg.
- Attended WrapAround Training, Bismarck, ND
- Provided TEOC training, Portland
- Provided technical assistance to the SAMHSA tribal advisory committee
- Provided technical assistance to HRSA during their tribal consultation at the NIHB mtg. (will be following up on correcting their Consultation Policy.
- Conference calls BHWG – 1
- Attended NICWA ICWA training in Portland

### **Northwest Tribal Dental Support Center**

**Joe Finkbonner, Executive Director**

**Tacey Casey, Project Manager**

**Bonnie Bruerd, Prevention Consultant**

**Bruce Johnson, Clinical Consultant**

**Kathy Phipps, Epidemiology Consultant**

Provide clinical and preventive program support.

- NTDSO consultants completed both clinical and prevention program reviews, including detailed reports, at two Portland Area dental programs this quarter: Camas (a relatively new Portland Area Dental Program and first site visit for NTDSO), and Grand Ronde. NTDSO has exceeded this objective yearly during this grant cycle.
- We developed a format to assist programs in developing a formal Quality Improvement Project. Dr. Johnson and Dr. Bruerd are implementing this exercise with excellent results during all site visits this year. (samples were submitted previous quarters)
- NTDSO staff and consultants have been working in collaboration with WA Dental Services Foundation (Delta Dental) to meet some identified mutual objectives. We have engaged in discussions to further expand this collaboration during the next fiscal year. Our ideas for collaboration include an "OR Diversion Program" to work with dental programs interested in reducing the number of children referred for dental work under general anesthesia. We also are discussing an effort to better network our dental chiefs with the goal of increased retention. Finally, WDSF will work with us on our annual dental meeting to secure speakers and plan special events.
- As part of our program review, NTDSO reviewed 13 years of RPMS data from site visits. When comparing data from the first to the most recent site visit, there was an increase of 28% in dental access for 0-5 year olds, 193% increase in the use of fluoride varnish, and 88% increase in dental sealants.
- Portland Area met the dental access GPRA objective this past year and established baseline data for topical fluoride and sealants.
- NTDSO provides technical assistance to all Portland Area dental programs as appropriate.

### **Implement an Area-wide surveillance system to track oral health status**

- NTDSO recruited dental programs to participate in the Teen BSS Survey this fall. Some of the dental programs in the survey sample refused to participate, but we recruited 2 additional programs to gather data.



Provide continuing dental education opportunities

- Dental staff completed the "Update on Prevention" course for 2 CDEs during site visits.
- NTDSO has decided to replace the Prevention Coordinators' meeting with a Portland Area Dental Meeting to be more inclusive of all of the dental staff in the Portland Area.

Work with IHS Headquarters and other Dental Support Centers towards meeting national HP/DP objectives.

- NTDSO had a program review by Dr. Patrick Blahut, IHS Division of Oral Health on October 23-24. The program review was fairly intensive and will result in a written report.
- NTDSO Prevention Consultant serves as the Portland Area dental representative on the national HP/DP Committee.
- NTDSO Prevention Consultant serves as Co-Chair of the national Early Childhood Caries Collaborative.
- NTDSO consultants participate in email correspondence, national conference calls, and respond to all requests for input on national issues.

## **THRIVE (Tribal Health: Reaching out InVolves Everyone)**

**Colbie Caughlan, Project Manager**

### **Site Visits**

#### **Tribal Site Visits**

- Cow Creek, ASIST Facilitation, July 26-27, 2013

#### **Out of Area Tribal Site Visits**

- UNITY Youth Conference, Los Angeles, CA, July 12-15, 2013

### **Technical Assistance & Training**

During the quarter, project staff:

- Participated in thirteen meetings and conference calls with program partners.
- Disseminated materials for the SA media campaign to over 130 Tribes and Tribal Organizations
- Participated in three adolescent health, suicide, and/or mental health webinars.

During the quarter, THRIVE provided or participated in the following trainings:

- Motivational Interviewing, Seattle, WA, July 10-11<sup>th</sup>
- Applied Suicide Intervention Skills Training (ASIST) Workshop Facilitator, Canyonville, OR – 16 attendees, July 26-27<sup>th</sup>
- Bystander Intervention Webinar, September 12<sup>th</sup>
- National Strategy for Suicide Prevention Webinar- Changing the Public Conversation about Suicide and Suicide Prevention, September 30<sup>th</sup>

During the quarter, the MSPI project responded to 241 phone or email requests for suicide, bullying, or media campaign-related technical assistance, trainings, or presentations.

### **Health Promotion and Disease Prevention**

**THRIVE Media Campaign:** All THRIVE promotional materials are available on the web. Materials include: a logo, three community murals, posters, fact sheet, t-shirts, note pads, and window decals.

During the quarter, THRIVE continued developing new materials addressing family prevention campaign. The slogan for the FV prevention campaign is *What is done*

*violence  
to one is felt by*



*all. Honor Our People.* This campaign will focus on three topics: elder abuse, child maltreatment, and intimate partner violence.

## Other Administrative Responsibilities

### Reports/Grants

- Submitted monthly reports to IHS for the National Media Campaign
- Submitted MSPI Continuation Grant Application on July 25<sup>th</sup>
- Submitted MSPI Request for Carryover Funds on September 26<sup>th</sup>

### Western Tribal Diabetes Project

Kerri Lopez, Director

Don Head, Project Specialist

Erik Kakuska, Project Specialist

### Trainings

- Oklahoma City DMS Training remote
  - 15 participants
  - Excellent evaluations
- DMS training
  - 10 participants
  - 3 area 7 out of area – excellent

### Special projects

- Nike Native Fitness
  - 135 participants 65 tribal programs
  - Evaluation complete
  - Reconcile shoes
  - Invoice for payment
  - Follow up travel reimbursement
  - Debriefing meeting (Nike and Staff)
- Completion of WTDP continuation application
  - Narrative, audit 2011,12,and 13,
  - Best practices: systems of care and case management
  - Budget and budget narrative
- NPAIHB/CRIHB joint quarterly board meeting
  - SDPI presentation – aggregate area report
- Honoring luncheon- Jim Crouch
- Health Status Report
  - Working on problems with confidence intervals
- Oregon Health Authority – tribal tobacco grant meeting
  - Development of SOW for contract – facilitating policy workshop for tribal programs
  - Sharing of successes in tribal communities – identifying strategies for new policy
- NPAIHB Pioneer Square flyer
- NPAIHB Pioneer Square Powwow
- Completed ADP training – webex session
  - 2 hour on line session new electronic time sheet
- Colorectal Cancer Toolkit - Contract
  - Billed for .25 contract
  - Complete edit, layout and design for CRC

- All tools completed
- Chapter six completed
- Community section – draft form
- BRFSS progress
  - Additional interviewer – 3 interviews
  - BRFSS Tribe 2
    - 160 interviews complete
    - 850 calls to tribal members
    - Monika is now doing calls for scheduling appointments
  - Tribe 3 – IRB approved – – hired 2 interviewers
    - Continued work on cleaning up and updating the training manual
    - Recommended CITI human subjects training
    - Start practicing survey
  - Tribe 5 – Tribal community doing modified survey
    - Discussion of moving forward
  - Tribe 4 – got all sample materials
    - Working on IRB packet
    - Acquired additional funding for a point person at the tribe for brfss work

#### **Technical assistance via telephone/email**

- Billings Area Office, emailed how to run a report that listed GFR values and worked on a QMAN report that would allow
- Chehalis – Talked to site manager at Chehalis about connecting to their server for TA and emailed a copy of their clinic's 2013 audit report. Emailed IHS IT specialist how to access the diabetes register. Sent the security keys, and also add an Authorized user of the register, emailed, how to run an audit from Jun 1, 2012, to this year for their SDPI annual report
- IDEA NW - gave data for the Tribal Health Profiles, broken out by state
- Navajo Area IHS Diabetes Program, sent an updated version of the Health Status Report for 2013
- Oklahoma Area, showed how to copy the graphs and put them in a PowerPoint
- Quinalt – Needed an audit run, five years of audit data. Sent a HSR for their grant
- Samish, sent the link to on line training
- Skokomish, sent the flier for our trainings, conduct a site visit if requested
- South Dakota Urban Indian Health, inquiry about reporting out goals from the EHR for patients with diabetes. Getting a report for goals (GS, GM, GNM) is not yet a feature of DMS,
- Tulalip asked if the Registered Dietitian part of the audit was going to be dropped from the audit. I emailed her back, and since I had just been on the Audit meeting call, told her that wasn't going to be one of the changes for next year
- Umatilla, emailed, request to change peoples' addresses in EHR. let registration handle that aspect of the patient encounter,
- Worked 6 with tribes on registration for dms class

#### **Meetings/Conferences**

- Nike meeting (2)
- Hilton meeting – host hotel for NF X
- Native Fitness Volunteer meeting
- Audit 2014 planning meeting
- NCO

#### **Conference calls**

- SDPI web ex training

- SDPI web ex training (breast feeding)
- BRFSS (3)

## Northwest Tribal Comprehensive Cancer Project July-September 2013

### Trainings

- NTCCP Meeting
  - 24 tribal participants
  - Speakers and agenda logistics – Dr. DeRoin facilitated
  - Colorectal cancer toolkit rollout
  - Follow-up travel reimbursement paperwork
- Northwest Tribal Clinical Cancer Update
  - CME, CEU applications submitted
  - Needs assessment developed and distributed (17 responses)
  - Challenging with government shut down

### Special projects

- NTCCP Year-end report
  - Met with Finance for year-end report
  - Completion of evaluation section
  - Input second six month activities and narrative into MIS
  - Submit to PGO
- OPCC
  - OPCC summit data meeting
  - NTCCP presentation – tribal brfss
  - Development of jeopardy – survivor workgroup
- AACE meeting/presentation
  - Colorectal screening toolkit
  - Cancer survivorship seminar
- SOE contract - Chronic disease module
  - Final billing
  - Presentation prep for SOE conference -
  - Made presentation more culturally appropriate - pilot
    - Native specific data and curriculum for walk away resources
- Komen grant meeting
- Oregon Health Authority – tribal tobacco grant meeting
  - Development of SOW for contract – facilitating policy workshop for tribal programs
  - Sharing of successes in tribal communities – identifying strategies for new policy
- Kiki Travel to Klamath Restoration events
- Washington DOH Breast Cancer Screening of AI/AN women data analysis
- Colorectal Cancer Toolkit - Contract
  - Billed for .25 contract
  - Complete edit, layout and design for CRC
  - All tools completed
  - Chapter six completed
  - Community section – draft form
  - Work on closing out grant
- BRFSS progress
  - Additional interviewer – 3 interviews

- BRFSS Tribe 2
  - 170 interviews complete
  - 850 calls to tribal members
  - NPAIHB now doing calls for scheduling appointments
- Tribe 3 – IRB approved – – hired 2 interviewers
  - Continued work on cleaning up and updating the training manual
  - Recommended CITI human subjects training
  - Start practicing survey
- Tribe 5 – Tribal community doing modified survey
  - Discussion of moving forward
- Tribe 4 – got all sample materials
  - Working on IRB packet
  - Acquired additional funding for a point person at the tribe for brfss work

#### **Technical assistance via telephone/email**

- Travel logistics for Northwest Tribal Cancer Coalition meeting
- Kiki travel to Cowlitz
- Kiki to Klamath restoration pow wow
- Contact with all tribal programs for coalition recruitment
- Contact to all clinical directors for clinician update
- Nez perce and Komen Idaho beginning partnership for tribal grant

#### **Meetings/Conferences**

- Staff meeting (3)
- Epicenter meeting (3)
- Project Director Meeting (3)
- Data Meeting
- Employee survey discussion
- Nike meeting (2)
- Hilton meeting – host hotel for NF X
- Native Fitness Volunteer meeting
- Audit 2014 planning meeting
- NCO

#### **Conference calls**

- Worksite wellness (2)
- Tribal project director and tribal (2)
- CDC NTCCP project director call – cdc (2)
- FDA tribal consultant – discussion of doing listening session about NW tobacco work
- BRFSS (3)
- Health Information Technology Survivor web ex – Presentation
- American Association for Cancer Education Executive committee
- CDC Public Health Grand Rounds, The Future of Cancer Screening: Public Health Approaches; WebEx training
- Wellness in the workplace
- Chronic Disease Council Meeting

## **NPAIHB Information Technology Department Quarterly Report for October 2013**

### **Overview**

The Northwest Portland Area Indian Health Board has a high level of office automation and extensive information services. The staff uses desktop computers, laptops, PDAs and office equipment that require periodic maintenance. This is in addition to 11 servers and other electronic equipment housed in a secure and temperature-controlled server room. The Board also has a 24 station training room using Dell PCs and Microsoft Terminal Server technology. The purchase of technical equipment, configuration, and maintenance is handled by the department director and the network administrator. The Meaningful Use Project is now a part of the IT Department and it's activities will be part of this report.

### **Strategic Priorities by Functional Area**

#### **Meetings/Trainings/Conferences Attended:**

- NPAIHB Quarterly Board Meeting – Joint meeting with CRIHB
- NPAIHB Monthly Staff meetings
- NIHB All Sub-recipient Monthly conference calls
- NIHB – NPAIHB weekly status update calls
- National MU Team meetings (every 2 weeks)
- National Pharmacy Council monthly meeting
- Pharmacy Informatics Training – Planning Calls, weekly
- Pharmacy Informatics Training July 22-26
- E-Prescribing monthly status calls
- ONC Meaningful Use CoP calls (every 2 weeks)
- Pharmacy PSG monthly meetings
- Pacific University Pharmacy School Recruiting Fair
- Area CAC conference calls
- PHR Office Hours
- Patient Volume Report Office Hours
- Area IST face to face meeting

#### **Conferences and Trainings Supported/Provided:**

- Medicare B Training with IHS
- Native Nike Fitness
- iCare: A Population Management Tool IHS
- CPR&AED/First Aid Class
- RPMS / DMS Diabetes Training
- Sexual Assault Nurse Examiner Training (Carrie)
- Meeting Advantage Workshop -- Bobby Puffin
- Tribal Health Profiles meeting
- Amanda - IYG Training
- OHSU Class: HIP533 Community-Based Research
- MAD NARCH mtg & training
- Pharmacy Informatics Training (National)
- E-prescribing Training/Testing (National)
- Medication Management – Muckleshoot
- Auto-finish and Rx Printing training – Roger Saux, Muckleshoot, Siletz, Squaxin Island

- Nursing documentation in EHR – Squaxin Island
- National Drug File updates – Tulalip, Siletz
- TIU Templates – Squaxin Island
- Trouble shooting with various sites – Swinomish duplicate visits, Nisqually POC labs, rx printing formats at several sites,
- Assisting sites with OIT Helpdesk tickets – Skokomish with multiple visit creation and all sites with new Patient Volume Reports, both issues had IHS wide implications
- Planning, coordinating, providing presentations for national Pharmacy Informatics Course
- MU support – Fort Hall, Warm Springs with attestation, many others with ongoing MU questions and clarifications. Klamath Falls with NextGen specific questions.
- MS3 attained for 5 more providers, bringing total to 48 providers
- Monitoring and assisting with WIREC to conduct onsite with Security Risk Analysis for Tribal sites
- Work with PEI for delivery of drug file services to Muckleshoot, Nisqually, Squaxin Island, and Nooksack
- Work with National eRx Deployment team to move forward with NARA and Swinomish for eRx deployment
- Work on clarifying budget for the project
- Monthly meetings with Tulalip on drug file maintenance
- Work with Area Office on providing MU updates for Area and more specifics for Federal sites
- Planning with sites due to do 90 day MU this year
- Planning for Tribal Health Director's Meeting on the Future of EHRs in Indian Country
- Assisting new IHS Regional MU Consultant in providing reports as needed
- ASHP Pharmacy Residency Informatics rotation precepting
- Site visit to Chemawa to discuss use of EHR Consults and RCIS package

#### **Presentations:**

- MU Update for Area CEOs
- NPAIHB and CRIHB REC Joint Update

#### **Technical Assistance Highlights:**

- Site visit to Chehalis Tribal Clinic for MU readiness
- On site pharmacy assistance for NARA for RPMS Pharmacy package "go live"
- Site visits to Skokomish and Grand Ronde for Security Risk Analysis
- Trouble shooting with various sites – EHR notifications and rx printing at Quinalt, Siletz pharmacy problems, NARA pharmacy questions, Lower Elwha GPRA questions, Skokomish rx printing problems, Nisqually rx printing problems
- Packed and loaded all equipment for the April QBM and delivered to the site
- Training Squaxin Island on making lab quick orders
- Assisting sites with OIT Helpdesk tickets – Tulalip for discontinued meds showing on PWH and Shoalwater Bay with NDF matching problem, both issues had IHS wide implications
- MU support for A/I/U – NARA, Muckleshoot, Neah Bay
- Milestone 2 work for Cow Creek, Lummi, and Lower Elwha
- MS3 attained for 8 more providers, bringing total to 43 providers
- Monitoring and assisting with WIREC to conduct onsite with Security Risk Analysis for Tribal sites
- Work with NextGen sites and assessing needs, contacting outside consulting groups
- Replaced bad training room router with IHS and returned old one
- Kept Npaihb.org and NativeExchange websites updated
- Updated all Board electronic mailing lists
- Configured and ordered a large volume of computers and related equipment
- Prepared multiple workstations and associated accounts for incoming staff
- Work with PEI for delivery of drug file services to Muckleshoot, Nisqually, Squaxin Island, and Nooksack
- Work with National eRx Deployment team to move forward with NARA and Swinomish for eRx deployment

- Work on clarifying budget for the project
- Weekly meetings with Tulalip on drug file maintenance
- Work with Area Office on providing MU updates for Area and more specifics for Federal sites
- Planning with sites due to do 90 day MU this year
- Planning for Tribal Health Director's Meeting on the Future of EHRs in Indian Country
- Retired an old server and removed a large quantity of excess equipment
- Work on 1099-MISC and MU incentive payment clarification
- Assisting new IHS Regional MU Consultant in getting acquainted with Portland Area sites and their MU status
- Coordinate delivery of lab consultant services to Squaxin Island clinic
- Meeting with Jonathan Merrell of OCHIN on future ways we can work together on projects
- Pharmacy Informatics course material preparation, work-a-thon
- Assisting Fort Hall and Neah Bay in getting MU documentation for immunization exchange and public health surveillance measures
- Site visit to Muckleshoot for MU readiness/pharmacy help