**NW Tribal Food Sovereignty Coalition Meeting**

**Meeting Notes**

**When**: March 1st, 2018 9am-4pm

**Where**: DoubleTree by Hilton, Portland, Oregon

**Topic**: Strategic Planning

**Facilitators:** Nora Frank-Buckner, Nanette Star

**Co-facilitators:** Ryan Sealy, Clarice Charging

**Attendees:** Lisa Barrell, Janell Blacketer, Azure, Boure, Elizabeth Campbell, Sheilia Canada, Judith Charley, Nicole Charley, Anita Davis, Michal Heidt, Tleena Ives, Rosalina James, Caitlin Krenn, Elise Khron, Amelia Marchand, Joaquin Marchand, Perri McDaniel, Valerie Segrest, Zeke Serrano, Erika Warren

**Envisioning: Long-term and short-term goals:**

**Long-term visions:** Participants were asked to envision what the coalition will look like in 5 years. *–Please see document titled “Envisioning” for notes on verbal comments*

**Long-term goal 5 year: (draft)** “Increase access to traditional foods/medicine to all tribal communities.”- *Please see document titled “Envisioning” for notes on verbal comments*

**Short-term 1-2 year goals: (Workgroups created to begin the tasks on these goals…see notes below)**

1. Create a campaign to help educate the community about our food system and traditional foods.
2. Plan an indigenous Celebration Day of traditional foods and culture.

**Identified Resources:** *To shed light on the current realities of the situation*

Zeke Serrano:

* Data collection
* Surveys

Sheilia Canada:

* Caring for livestock and beekeeping
* Teaching, public speaking
* Powerpoint
* Class curriculum production
* Sustainable garden design
* Sustainable farming design
* Gardening knowledge
* Cooking and tea preparation

Elizabeth Campbell:

* Plant Knowledge
* TEND Curriculum
* Garden building experience
* Educators

Caitlin Krenn:

* Lots of experience cooking and making plant medicines
* Experience conducting a tribal food sovereignty assessment for Nisqually Tribe
* Lots of experience growing vegetables, fruits, herbs, and traditional plants
* Connections to Nisqually’s salmon, shellfish, and traditional foods businesses and hunters

Adrienne Berry:

* GHWIC- Indian Country Health Centers
* Yellowhawk Tribal Health Center
* Eastern Oregon Master Gardeners

Elise Krohn:

* I have a lot of contacts in Indian Country and can get word out/connect people
* I have curricula and resources to share
* I can help plan events

Azure Boure:

* Meeting Space/hosting
* Hands on help implementing projects

Rose James:

* UIHI staff skilled in editing, grant or other types of writing, evaluation
* Connections across tribes and urban communications
* National public health network
* I coordinate neighborhood garden in Everett

Janell Blacketer:

* Share time/space/knowledge
* Classes
* Supplies for events?
* Harvent/buy

Myk Heidt:

* Climate change
* Assessment
* Adaptation
* Larry Campbell, Jamie Donatuto, Myk Heidt [www.swinomish.org/climatechange](http://www.swinomish.org/climatechange)
* 13 Moons curriculum (harvest calendar) workshops
* Indigenous Health Indicators (IHI) Template [www.swinomish.org/IHI](http://www.swinomish.org/IHI)

Adrienne Berry:

* Positive vibes
* Connection with Oregon Food Bank
* Connection to CTUIR Native Plant Nursery
* I can provide team support by encouragements and trouble shooting
* Connection to Oregon Farm to School & School Garden Network
* Organizing and Planning Garden classes
* Connections to the CTUIR First Foods program

Judy Charley:

* Writing
* Word-smithing
* Commitment and able to follow-up and follow-through

Perri McDaniel:

* Policy Research & Development
* Grant research & writing
* Designing garden spaces
* Networking/collaboration
* Long-term thinking/visioning

Valerie Segrest:

* Connected well with larger movement
* Systems thinker
* Writing
* I like to geek out on topics of: nutrition, plants, and policy
* Movement building

Erika Warren:

* Undergrad/grad students!
* Research projects
* Program development
* Planning/coordinating

Nicole Charley:

* Columbia River Inter-tribal Fish Commission Staff
* Chair of the Tribal Food Summit

Tleena Ives:

* Networking with tribal/state leaders
* Early learning curriculum
* Calendar tracking Tribal, State, and National events

WEAVE-NW/ Northwest Portland Area Indian Health Board:

* Evaluation support
* Resource Library <http://www.npaihb.org/resource-lib/>
* Printing support
* Strategic planning
* Connections with other Good Health & Wellness in Indian Country initiatives
* Travel scholarships
* Facilitation of coalition discussions
* Provide opportunity for networking/sharing/learning
* NW Tribal Food Sovereignty Coalition webpage <http://www.npaihb.org/weave/#1518820230152-5f6e55a8-197f>
* Access to various training opportunities

**Some Identified Strengths of the Team:**

* All previously identified resources from team
* Community/Ceremonies/Feasts
* Curriculum
* Practicing traditional ways
* Create new jobs and grow programs

**Some Identified Challenges:**

* Overstimulated, too many goals
* Ensuring celebration of all goals
* Leadership involvement beyond accolades
* Maintaining momentum of topic, project
* Always same people, limited people of movement
  + Lack of interns/help
* Connecting siloed departments and programs
* Building relationships to break down silos and perspectives on primary goals
* Bridging ideals to action
* Sustainability so others can continue to be involved and get others to keep momentum
* Start up and momentum including strategies of community engagement

**Indigenous Celebration Day Workgroup**

**(TIMELINE= 6 months)**

**Goal of workgroup:** Plan an Indigenous Celebration Day of Traditional Foods and Culture

**Purpose of activity:** Culture sharing, extend network, sharing stories

**Workgroup members:** Elizabeth Campbell, Elise Krohn, Myk Heidt, Azure Boure, Nicole Charley, Lisa Barrell, Sheilia Canada, Erika Warren

**Faciliator**s: Nanette, Clarice

**Working title of celebration:** 2018 NW Tribal Food Sovereignty Coalition Gathering: A celebration of traditional foods, medicines, and culture

**Date:** Thursday, September 27th, 2018 9am-5pm traditional dinner at 6pm

**Where:** Suquamish, WA

**Who’s invited?** All tribes from Idaho, Oregon, and Washington!

**Tasks Teams:**

1. **Breakout sessions:**
   1. **Coordinators:** Elizabeth, Elise
   2. **Co-coordinators:** Erika, Sheilia
   3. **Tasks:**

* Breakout sessions
* Networking opportunities
* Ice breakers
* Demos/experts, show & tell
* Presentations, recruitment of presenters
* Native Chef “cook off” competition

1. **Menu planning:**
   1. **Coordinator:** Azure
   2. **Co-coordinator:** Myk
   3. **Tasks:**
      * Main dinner/lunch
      * Intentional menu planning (pre-colonization/traditional)
2. **Youth Involvement:** 
   1. **Coordinator:** Erika
   2. **Tasks:**
      * Recruit help from youth/volunteers
3. **Materials/registration/Evaluation:**
   1. **Coordinators:** WEAVE-NW (Nora and Jenine)
   2. **Tasks:**
      * Save the date
      * Create registration
      * Printing of hand-outs, materials, etc
      * Incentives/gifts for attendees
      * Evaluation: mapping of who came from where/who came the furthest
        1. Photos
        2. Sharing
        3. Digital story telling
      * Tabling: Tribes, traditional foods, projects, specific to them to share
      * Outreach- network/communicate save the date, registration, etc

**NEXT STEPS:**

* Azure will finalize hotel info by next week (3/16/18)
* Elise will create a draft agenda and topics
* A save the date will be created and sent out this month (end of March)

**Educational Campaign Workgroup**

**(PROPOSED TIMELINE= 1 year)**

**Goal of workgroup:** Create a campaign to help educate communities about our food system and the importance of traditional foods (including both social and print media).

**Workgroup members:** Zeke Serrano, Janell Blacketer, Anita Davis, Judy Charley, Adrienne Berry, Caitlin Krenn, Valerie Segrest, Perri McDaniel, Rose James

**Facilitators:** Nora and Ryan

**TASK TEAMS:**

1. **Outreach/Engagement:**
   1. **Coordinator:** TBD
   2. **Helpers:** Janell
   3. **Tasks:**
      * Identify “who community” is (target audience?)
      * Communication strategy
      * Engage Tribal communities (youth & elderly)
      * Gain community support
      * Announcement & Mail-out
   4. **Identified victory:** Changed behavior, ripple effect, cultural sharing, tribal departments support
   5. **Identified needed resources to complete tasks:** Communication (staff time), funds or in-kind support, supplies, team strengths/talents
2. **Resource Development:**
   1. **Coordinators:** Adrienne, Zeke
   2. **Tasks:**
      * Mission statement
      * Establish common campaign theme (i.e.- “Together We Can”)
      * Logo
      * Supplies/materials
      * Design & develop culturally relevant media
      * Informational materials
      * Education: history, diets, health
   3. **Identified victory:** Clear mission statement/goal
   4. **Identified needed resources to complete tasks:** Info, materials, supplies, print media
3. **Evaluation/Core:**
   1. **Coordinators:** Rose and Jenine
   2. **Tasks:**
      * Measures
      * Determining roles
      * Build on campaign theme: identify immediate, short, and long term goals
      * Identify criteria for success
      * Create evaluation plan
      * Determine achievable benchmarks that build capacity
4. **Planning:**
   1. **Coordinator:** WEAVE-NW
   2. **Helpers:** Caitlin, Anita, Perri, Judy, Valerie
   3. **Tasks:**
      * Create one house website for work progress
      * Focus topic
      * Develop messaging
      * Figure out the baseline
      * Develop framework/template
   4. **Identified victory:** Develop a call to action
   5. **Identified needed resources to complete tasks:** video, tech, stories (design team!)

**NEXT STEPS:**

* A doodle poll will be sent out to schedule a May zoom call to discuss ultimate success vision, goal, and target population
* Begin bidding process for a design team to assist in development of materials (WEAVE-NW)
* Set-up next meeting/zoom call

**Bike-Rack Items:**

* Define Tribal Food Sovereignty
* **Working Groups (Please sign-up)**
  1. **Strategy/Writing Group** (Vision, Goals, Actions)
  2. **Recruitment/Outreach/Engagement**
  3. **Activity Groups:**
     1. Indigenous Day Celebration Group
     2. Campaign Creation Group
* Need for a community engagement focused workshop/conference
* Soil testing and identification of healthy soil
* Canned food
* Tobacco:
  1. Traditional teas
  2. Traditional Methodologies Workgroup (please contact Ryan Sealy if interested [rsealy@npaihb.org](mailto:rsealy@npaihb.org) )
* Need for interns
* Mentoring
* Use of social media for outreach and engagement