

# NCCDPHP GOOD HEALTH AND WELLNESS IN INDIAN COUNTRY TRIBAL RESOURCE DIGEST

Welcome to Centers for Disease Control and Prevention’s (CDC) tribal resource digest for the week of October 30, 2017. The purpose of this digest is to help you connect with the tools and resources you may need to do valuable work in your communities.



*Left to Right: Dawn Satterfield, Leah House, Christina Iyengar, CAPT Larry Alonso  
Lower Brule Sioux Tribe, SD  
Photo courtesy of Christina Iyengar*

## Table of Contents

<b>Request for Photos.....</b>	<b>2</b>	<b>Webinars.....</b>	<b>3</b>
<b>Announcements.....</b>	<b>2</b>	<a href="#"><u>Great Plains Tribal Chairmen’s Health Board Community Health Webinar Series</u></a>	
<a href="#"><u>The Influence of Foodstore Access on Grocery Shopping and Food Spending</u></a>		<a href="#"><u>#CommunityFood—Exploring Innovations in Community Food Systems Webinar Series</u></a>	
<a href="#"><u>NCCDPHP Success Stories-Success Story Made Easier</u></a>			
<b>Funding Opportunities.....</b>	<b>2</b>	<b>Contact Information.....</b>	<b>3</b>
<a href="#"><u>Indian Health Service Youth Regional Treatment Center Aftercare Pilot Project</u></a>			
<a href="#"><u>2017 Community Change Micro Grants Open</u></a>			

## Request for Photos

Please send any photos of GHWIC work (community gardens, events, team meetings, etc.) to Anisha Quiroz, [AQUIROZ@cdc.gov](mailto:AQUIROZ@cdc.gov) with a short description of the photo.

### Announcements

#### The Influence of Foodstore Access on Grocery Shopping and Food Spending

This reports on households that do not use their own vehicle to travel to a store and live more than half a mile from a Supplemental Nutrition Assistance Program (SNAP) authorized supermarket or superstore. Includes data on household sources of food, including stores, family and friends, the household's own production, food pantries, and other sources. Data is provided by distance, and the report notes that all households more than 10 miles from the nearest SNAP-authorized store and 55% of households 1-10 miles from a SNAP-authorized store are in rural areas. Read more [here](#).



#### NCCDPHP Success Stories— Success Story Made Easier

This portal does have an optional, built-in submission system where you can submit a draft, then CDC subject matter experts will review and provide feedback and suggestions. You can save your draft template to your hard-drive from the portal as well. **Additionally, if you'd like for your story to be a CDC product with a CDC logo, it will have to go through a clearance process. If you're interested, ask your project officer about setting up a training with Monica Ponder, GHWIC health communication specialist, for your tribes or community on how to use it and elements of a good success story.** Read more [here](#).

United South & Eastern Tribes presented last week on the C2 ECHO call with their creative, informative success story video created using Powtoon software. Insert community photos and your narrative and watch your story come to life in animation. **You can view USET's ACTOT Community Garden Powtoon on their YouTube channel [here](#).**

### Funding Opportunities

#### Indian Health Service Youth Regional Treatment Center Aftercare Pilot Project

A grant for a youth regional treatment center aftercare pilot project designed to address the gap in services that occurs when youth are discharged upon successful completion of a Youth Regional Treatment Center (YRTC) program and return to their home community where necessary support systems may not exist. The goal of this pilot project is to develop promising practices between YRTCs and Tribal communities to reduce alcohol and substance use relapse by identifying transitional services that can be culturally adapted to meet the needs of AI/AN youth to increase resiliency, self-coping, and provide support systems. Read more [here](#).

Deadline: **November 12, 2017**



#### 2017 Community Change Micro Grants Open

America Walks is excited to extend another round of community change micro grants to individuals and communities interested in improving the public sphere for walking or otherwise helping to make walking more commonplace. This program awards up to \$1,500 to fund or help to catalyze smaller-scale, low-cost projects and programs that increase the prevalence of walking, expand the diversity of people and organizations working to advance walkability, and help to make walking safer, easier, and more fun for all community members. Read more [here](#).

Deadline: **November 10, 2017**

## Webinars

### Great Plains Tribal Chairmen's Health Board Community Health Webinar Series

The Community Health Department will be hosting monthly webinars for tribal partners. Contact information below regarding times and dial-in information.

Marie Zephier, MPH  
Program Manager, GPGHW  
Great Plains Tribal Chairmen's Health Board  
Marie.zephier@gptchb.org  
1770 Rand Road, Rapid City, SD 57702  
(P) 605.721.7373 ext. 122 (F) 605.721.2876

Date	Topic	Presenter(s)
11/8/17	LEAN Essentials	Eugene Giago, PC
12/13/17	Making PSE Changes in Tribal Communities	Shannon Udy, PSE Health Educator



#CommunityFood

### Exploring Innovations in Community Food Systems Webinar Series

#### ❖ [#CommunityFood: Return to Roots](#) ❖

November 2 at 3:30 ET

We speak with Sayrah Namaste, Director of [American Friends Service Committee](#) (AFSC-NM) New Mexico to learn how these organizations are returning to traditional cultural practices and/or reinstating traditions that use food to build community. [Learn more and register here!](#)

#### ❖ [#CommunityFood: It Takes a Network](#) ❖

December 14 at 3:30 ET

In this webinar, the Wallace Center will share its own experience facilitating the National Good Food Network and announce the launch of a new national Food Systems Leadership Network that will support emerging and existing leaders of community-based food systems organizations. [Learn more and register here!](#)

## Contact Information

### National Center for Chronic Disease Prevention and Health Promotion

Office of the Medical Director  
4770 Buford Highway, MS F80  
Atlanta, GA 30341  
(770) 488-5131

<http://www.cdc.gov/chronicdisease/index.htm>

The digest serves as your personal guide to repositories of open and free resources where you can find content to enrich your program or your professional growth. Please note that CDC does not endorse any materials or websites not directly linked from the CDC website. Links to non-Federal organizations found in this digest are provided solely as a courtesy. CDC is not responsible for the content of the individual organization web pages found at these links.

If you have comments or suggestions about this weekly update, please email Anisha Quiroz at [AQUIROZ@cdc.gov](mailto:AQUIROZ@cdc.gov) with the words "TRIBAL DIGEST" in the subject line.