

N C C D P H P
GOOD HEALTH AND WELLNESS IN INDIAN COUNTRY
TRIBAL RESOURCE DIGEST

Welcome to Centers for Disease Control and Prevention’s (CDC) tribal resource digest for the week of September 11, 2017. The purpose of this digest is to help you connect with the tools and resources you may need to do valuable work in your communities.



*White Buffalo—Bear Country, AZ
 Photo courtesy of Christina Iyengar*

Table of Contents

Request for Photos.....	2	<u>Whole Kids School Garden Grant Program</u>	
Articles of Interest.....	2	Webinars.....	2
<u>Addressing American Indian Health Disparities: Q&A with Dr. Don Warne</u>		<u>Positive Youth Development for American Indian and Alaska Native Youth</u>	
<u>Rural Health Leadership Radio™: A Conversation with Christian Curtis</u>		<u>Great Plains Tribal Chairmen’s Health Board Community Health Webinar Series</u>	
<u>Rural Coverage Trends for AI/AN Children and Families</u>		<u>CDC Calls for American Indian/Alaska Native Public Health Success Stories</u>	3
<u>Responding to the Opioid Crisis: An Update for Tribal Leaders</u>		Contact Information.....	4
Funding Opportunities.....	2		

Request for Photos

Please send any photos of GHWIC work (community gardens, events, team meetings, etc.) to Anisha Quiroz, AQUIROZ@cdc.gov with a short description of the photo.

Articles of Interest

Addressing American Indian Health Disparities: Q&A with Dr. Don Warne *by Beth Blevins*

Donald Warne, MD, MPH, is the chair of the Department of Public Health at North Dakota State University and an adjunct clinical professor at the Arizona State University Sandra Day O'Connor College of Law, where he taught American Indian Health Policy. In addition, he serves as the Senior Policy Advisor to the Great Plains Tribal Chairmen's Health Board. Rural Health Information Hub recently discussed health disparities among American Indians and Dr. Warne's transition from medicine to public health policy. Read complete article [here](#).



Rural Health Leadership Radio™: A Conversation with Christian Curtis

Christian Curtis with the Fort Peck Tribes Health Promotion Disease Prevention program (HPDP) is the guest on the radio show this week. Christian is a registered nurse who started working with the Tribes in August 2015. Her plan to continue to work for this program to assist in providing medical services to children on the Fort Peck Indian Reservation. Read more and listen [here](#).



Rural Coverage Trends for American Indian and Alaska Native Children and Families *by Joan Alker, Karina Wagnerman, and Andy Schneider*

This report analyzes data using the racial categories established by the U.S. Census Bureau. The time period examined ranges from 2008 and 2015. Previous research by the Georgetown University Center for Children and Families shows that AI/AN children consistently have the highest rates of uninsurance. This issue brief builds on that research by examining trends in health coverage for AI/AN children and families nationally and in states with substantial AI/AN populations. Read more [here](#).



Responding to the Opioid Crisis:
An Update for Tribal Leaders

Since 2000, drug overdose death rates increased 137 percent in the U.S., and in 2014, 61 percent involved an opioid (Rudd et al., 2016a). Opioids include prescribed pain medications as well as illegal drugs. The impact of this crisis on American Indians and Alaska Natives is severe. Read more [here](#).

Funding Opportunities

Whole Kids School Garden Grant Program

Whole Kids School Garden Grant Program offers funding for the planning, construction, and/or operation of edible garden projects. See schedule for webinars. Read more [here](#).

Deadline: **November 15, 2017**

Webinars

Positive Youth Development for American Indian and Alaska Native Youth

Project Venture, an evidence-based intervention, combines traditional native wisdom with positive youth development, social emotional learning, outdoor adventure, and service learning to create a unique approach that has been successful for more than 25 years. Read more [here](#).

When: **September 20, 2017 @ 3:00 pm ET**



Great Plains Tribal Chairmen's Health Board
Community Health Webinar Series

The Community Health Department will be hosting monthly webinars for tribal partners. Contact information below regarding times and dial-in information.

Marie Zephier, MPH
Program Manager, GPGHW
Great Plains Tribal Chairmen's Health Board
Marie.zephier@gptchb.org
1770 Rand Road, Rapid City, SD 57702
(P) 605.721.7373 ext. 122 (F) 605.721.2876

Date	Topic	Presenter(s)
9/13/17	Using the Indigenous Traditions to Make Health Choices	Thosh and Chelsea
10/11/17	Active Living Everyday	Kendra Roland, Cancer Prevention
11/8/17	LEAN Essentials	Eugene Giago, PC
12/13/17	Making PSE Changes in Tribal Communities	Shannon Udy, PSE Health Educator

CDC Calls for American Indian/Alaska Native Public Health Success Stories

Tribal nations are active and important contributors to public health, and tribal cultures have long fostered health and wellness among American Indians/Alaska Natives (AI/AN). The Centers for Disease Control and Prevention (CDC) invites you to share stories that show how you do *just that*, so they can be a part of an exciting new exhibit at the [David J. Sencer CDC Museum](#) in Atlanta.

The exhibition—to be held from Sept 22, 2019, through May 1, 2020, in Atlanta—will recognize the public health contributions of the AI/AN community in a visually compelling, culturally appropriate manner. CDC's exhibition will showcase how native traditions and wisdom have affected public health in the past and present, and how AI/AN people have made a difference in the health of their people.

Compared with other Americans, AI/AN people have higher rates of some diseases, disorders, and [deaths](#). This call for stories offers an opportunity for individuals, tribes, tribal organizations, and others to showcase the strengths and resilience of tribal communities, their heritage and traditions, and how their culture addresses risk factors unique to tribes and promotes their health and well-being.

What Types of Stories Are Needed?

Please send stories that highlight how native traditions and wisdom have affected health, or show contributions of specific AI/AN individuals to health and wellness among AI/AN people. CDC will consider stories that represent the diverse array of tribes, tribal organizations, health issues, and people of Indian Country and AI/AN culture, such as

- Locations—reservation and non-reservation, urban, rural, all geographic areas across the United States
- Health issues—environmental health, chronic diseases, infectious diseases, emergency preparedness and response, injury, behavioral health
- People—individuals, tribes, organizations

How To Submit A Story?

Story submissions, which should be no more than two pages, single spaced, and size 12 font, can be emailed to TribalSupport@cdc.gov by January 15, 2018. Please include website links to photos and pictures of objects that could be included in the exhibit, when available.

All submissions must include the following:

- Brief historical background information that puts the story in context. For example, what is the traditional or cultural practice? How did it contribute to health and wellness in AI/AN people in the past?
- **A description of how this tradition or culture affects people's lives today. The impact could be lives saved, suffering reduced,** fewer visits to health care facilities, adoption of a healthier lifestyle, or other similar benefits. This section should also describe how the practice is promoted among tribes and AI/AN people.
- A list of potential photographs, pictures, documents, media, and objects that can be used to illustrate the story. Is there artwork or children's drawings that represents the practice? Are there radio recordings, letters, posters, or other communications from public health efforts? Are there traditional objects that have evolved to become used in modern day? Are there objects that are still in use today? Please include images and files with the submission, if available.

CDC values the privacy and ownership rights of those in stories. As such, each agency, organization, or individual that contributes a story is responsible for obtaining any necessary permissions or releases from any parties involved in the story.

How Will Submissions Be Evaluated?

Submissions will be assessed based on the following criteria in the initial review:

- Impact. Is the story educational, inspiring, and persuasive? Does it clearly convey how the culture or tradition being practiced promotes health and wellness?
- Visual components. Are there compelling, high-resolution photographs that illustrate the story? Are there physical objects that are available for use in a museum exhibit? Are there opportunities for interactive displays or actions that could be part of an exhibit?
- Quality, clarity, and historical accuracy. Is the information presented accurately and clearly?

CDC intends to showcase a broad array of public health success stories from across Indian Country, so even if a story isn't a part of the museum exhibit, it could still be showcased on other CDC channels, such as social media, websites, print materials, and presentations. **We can't wait to read your story!**

Contact Information

National Center for Chronic Disease Prevention
and Health Promotion

Office of the Medical Director
4770 Buford Highway, MS F80
Atlanta, GA 30341
(770) 488-5131

<http://www.cdc.gov/chronicdisease/index.htm>

The digest serves as your personal guide to repositories of open and free resources where you can find content to enrich your program or your professional growth. Please note that CDC does not endorse any materials or websites not directly linked from the CDC website. Links to non-Federal organizations found in this digest are provided solely as a courtesy. CDC is not responsible for the content of the individual organization web pages found at these links.

If you have comments or suggestions about this weekly update, please email Anisha Quiroz at AQUIROZ@cdc.gov with the words "TRIBAL DIGEST" in the subject line.