

# N C C D P H P

## GOOD HEALTH AND WELLNESS IN INDIAN COUNTRY

### TRIBAL RESOURCE DIGEST

Welcome to Centers for Disease Control and Prevention’s (CDC) tribal resource digest for the week of June 12, 2017. The purpose of this digest is to help you connect with the tools and resources you may need to do valuable work in your communities.



*Prevention in Native Students (PINS) is a summer program for Native youth who are the ages of 10-14 years of age. They meet twice a week for 4-weeks to learn about physical activity, good nutrition and tobacco prevention.*

*This program is a sub-award from the Southern Plains Tribal Health Board, Oklahoma City, OK, (granted) to the Absentee Shawnee Tribal Health System, Shawnee, Oklahoma.*

*The second days education portion was about physical activity at our AST Resource Fitness Center and the day concluded with dragon boat races on the OKC River. They learned about teamwork and definitely their upper body strength!*

*Photos courtesy Alicia “Aly” Miller from Absentee Shawnee Tribal Health System*

## Table of Contents

<b>Request for Photos.....</b>	<b>2</b>	<b>Funding Opportunities.....</b>	<b>2</b>
<b>Announcements.....</b>	<b>2</b>	<a href="#"><u>Empowered Communities for a Healthier Native Initiative</u></a>	
<a href="#"><u>NPAIHB Community Message Board</u></a>		<b>Webinar.....</b>	<b>3</b>
<a href="#"><u>1st Annual National Native Health Research Training Conference</u></a>		<a href="#"><u>Incorporating Public Health Skills To Improve Quality of Life: Examples From Native American Food Systems</u></a>	
<a href="#"><u>Native Food Sovereignty Fellows VISTA Positions Now Open for Application</u></a>		<b>Contact Information.....</b>	<b>3</b>
<a href="#"><u>Regaining Our Future—An Assessment of Risks and Opportunities for Native Communities in the 2018 Farm Bill</u></a>			
<a href="#"><u>Food and Beverage Marketing in School Wellness Policies</u></a>			

## Request for Photos

Please send any photos of GHWIC work (community gardens, events, team meetings, etc.) to Anisha Quiroz, [AQUIROZ@cdc.gov](mailto:AQUIROZ@cdc.gov) with a short description of the photo.

## Announcements

### NPAIHB Community Message Board

This discussion forum is a space for tribal communities to share thoughts, ideas, pose questions, provide tip and resources on:

- Land Use
- Tribal Policy
- Gardening & Traditional Foods
- And So Much More!!

Read more [here](#).

### Regaining Our Future An Assessment of Risks and Opportunities for Native Communities in the 2018 Farm Bill

The current Congress's efforts to write the next Farm Bill will have significant consequences for the five million Native Americans and Alaskan Natives in our country. commissioned by the Shakopee Mdewakanton Sioux Community. This report is the most comprehensive analysis ever conducted on Farm Bill issues relevant to Indigenous populations in the United States. Read more [here](#).



### Food and Beverage Marketing in School Wellness Policies

All school districts participating in the National School Lunch or Breakfast Program are required to adopt a local school wellness policy that limits unhealthy food and beverage marketing on campus. At a minimum, schools must prohibit on-campus marketing of foods and beverages that fail to meet the USDA Smart Snacks in School nutrition standards. Read more [here](#).

### 1st Annual National Native Health Research Training Conference

In 2017, the Indian Health Service (IHS) launched the National Native Research Training Initiative (NNHRTI) to promote Tribally-driven research activity through educational and training opportunities, including the first of five annual conference that will build capacity and disseminate new and best practices for American Indian and Alaska Native (AI/AN) health research. Read more and register [here](#).

When: **September 18-20, 2017**

Where: **Denver, CO**

## Funding Opportunities

### Empowered Communities for a Healthier Nation Initiative

The Empowered Communities for a Healthier Nation Initiative will seek to reduce significant health disparities impacting minorities and disadvantaged populations through the implementation of evidence-based strategies with the greatest potential for impact. The program will serve residents in counties disproportionately impacted by the opioid epidemic; reduce the impact of serious mental illness at the primary care level for children, adolescents and/or adults; and reduce obesity prevalence and disparities in weight status among disadvantaged children and adolescents. Read more [here](#).

Deadline: **July 31, 2017**

### Native Food Sovereignty Fellows VISTA Positions Now Open for Application

The Indigenous Food and Agriculture Initiative (IFAI), with generous support by the Shakopee Mdewakanton Sioux Community (SMSC) through its Seeds of Native Health campaign, announce the opening of up to 20 VISTA positions available at up to 10 tribal governments and tribal communities throughout the United States. VISTA is an important and vital community and public service program operated by the Corporation for National and Community Service.

Read more [here](#).



*California Rural Indian Health Board Resource Meeting  
Grantees sharing projects during poster session  
– April 2017*

*Photo courtesy of Janeva Sorenson*

## Webinar

Incorporating Public Health Skills To Improve  
Quality of Life: Examples From Native  
American Food Systems

**T**he Western Region Public Health Training Center (WRPHTC) is hosting its first virtual conference bringing together public health workers, researchers, and educators to discuss and develop the skills needed to tackle disparities in diet-related disease and food access. Register now. Read more [here](#).

When: **August 22-24, 2017**

## Contact Information

National Center for Chronic Disease Prevention  
and Health Promotion

Office of the Medical Director  
4770 Buford Highway, MS F80  
Atlanta, GA 30341  
(770) 488-5131

<http://www.cdc.gov/chronicdisease/index.htm>

The digest serves as your personal guide to repositories of open and free resources where you can find content to enrich your program or your professional growth. Please note that CDC does not endorse any materials or websites not directly linked from the CDC website. Links to non-Federal organizations found in this digest are provided solely as a courtesy. CDC is not responsible for the content of the individual organization web pages found at these links.

If you have comments or suggestions about this weekly update, please email Anisha Quiroz at [AQUIROZ@cdc.gov](mailto:AQUIROZ@cdc.gov) with the words "TRIBAL DIGEST" in the subject line.