

N C C D P H P

GOOD HEALTH AND WELLNESS IN INDIAN COUNTRY

TRIBAL RESOURCE DIGEST

Welcome to Centers for Disease Control and Prevention's (CDC) tribal resource digest for the week of November 13, 2017. The purpose of this digest is to help you connect with the tools and resources you may need to do valuable work in your communities.



*Visiting Lower Brule Sioux Tribe's Earth Mound
Photo courtesy of Christina Iyengar*

Table of Contents

Request for Photos	2	Funding Opportunities	2
Announcements	2	Honor the Earth Native Food Security Grants	
New Online Diabetes Education Lesson Plan Outlines		2017 Community Change Micro Grants Open	
13th Annual Tribal Leader/Scholar Forum		Webinars	3
Community Living for American Indian, Alaskan Native, and Native Hawaiian Elders		NNN & UIHS HP/DP Webinar: "Traditional Tobacco"	
		Healthy Native Youth Webinar	
		Contact Information	3

Request for Photos

Please send any photos of GHWIC work (community gardens, events, team meetings, etc.) to Anisha Quiroz, AQUIROZ@cdc.gov with a short description of the photo.

Announcements

New Online Diabetes Education Lesson Plan Outlines

Diabetes Education Lesson Plan Outlines provide information about diabetes self-care and many can be adapted for diabetes prevention education. These abbreviated lesson plans also offer quick access to related education materials, as well as background materials for educators to reference as they prepare for the lesson. Read more [here](#).



13th Annual Tribal Leader/Scholar Forum

The Tribal Leader/Scholar Forum provides an opportunity for researchers, practitioners, community members, and others to present their findings to tribal leaders, policymakers, and tribal members during NCAI's Mid Year Conference. Proposal due: December 15, 2017. Read more [here](#). Conference [website](#).

When: **June 2, 2018**

Where: **Kansas City, MO**

Articles of Interest

Community Living for American Indian, Alaskan Native, and Native Hawaiian Elders

Presented is an issue brief detailing commonalities in American Indian, Alaska Native, and Native Hawaiian communities with respect to Native Elders. Discusses historical trauma, the resulting treaties, health disparities, and traditional practices of Native Elders. Looks at how Native Elders interact with the healthcare system and the programs and services designed to support them within their communities. Read more [here](#).

Funding Opportunities

Honor the Earth Native Food Security Grants

This program provides grants to Native organizations working to create food security utilizing traditional seeds, foods, and growing methods. Grants range from \$1,000 to \$5,000. Read more [here](#) and [here](#).

Webinars

NNN & UIHS HP/DP Webinar: "Traditional Tobacco"

The Inter-Tribal Council of Michigan's National Native Network, in conjunction with the Indian Health Service Health Promotion and Disease Prevention present a webinar series: Cancer Risk Reduction in Indian Country. You will examine the cultural and spiritual importance of traditional tobacco employed by the Lakota/Dakota. Differentiate between traditional tobacco and commercial tobacco health effects. Educate tribal communities on the harmful health effects of commercial tobacco use and assist with identifying resources for prevention and control. Register [here](#).

When: **November 29, 2017—3:00pm ET**



Healthy Native Youth Webinar

This webinar will explore trends in health information-seeking by AI/AN teens and young adults, and will introduce viewers to HealthyNativeYouth.org, a one-stop-shop for health advocates who want to expand learning opportunities for Native youth. Guest speakers will share tips for navigating the Healthy Native Youth website, highlight a few of the health curricula available on the site, and will encourage viewers to engage youth in their own health and wellbeing. Register [here](#).

When: **November 16, 2017—10:00am PST**



Great Plains Tribal Chairmen's Health Board Community Health Webinar Series

The Community Health Department will be hosting monthly webinars for tribal partners. Contact information below regarding times and dial-in information.

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Date	Topic	Presenter(s)
12/13/17	***REVISED TOPIC*** Components of a Tribal Policy Toolkit	Northwest Portland Area Indian Health Board & National Indian Child Welfare Association

Contact Information

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<http://www.cdc.gov/chronicdisease/index.htm>

The digest serves as your personal guide to repositories of open and free resources where you can find content to enrich your program or your professional growth. Please note that CDC does not endorse any materials or websites not directly linked from the CDC website. Links to non-Federal organizations found in this digest are provided solely as a courtesy. CDC is not responsible for the content of the individual organization web pages found at these links.

If you have comments or suggestions about this weekly update, please email Anisha Quiroz at AQUIROZ@cdc.gov with the words "TRIBAL DIGEST" in the subject line.