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Implementing the Community of Learning model for Urban Indian Health

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National Tribal Health Forum

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Overview

Goals and Objectives:

Objective 1: Explain the Community of Learning model components that make up the national peer-to-peer forum for Urban Indian Health Programs.

Objective 2: Describe the process to develop and implement an effective Community of Learning model for sharing best practices and solutions to challenges across Urban Indian Health Programs.



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National Council of Urban Indian Health

- Created in 1998 by Urban Indian Leaders to advance health care of American Indians/Alaska Natives.
- Advocates for Indian Health Care with Congress and Federal Government.
- Provides Technical support to urban Indian programs for implementing quality accessible health care services
- Provides Technical Assistance support to the 37 Urban Indian Health Programs across the nation



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NCUIH Mission

The NCUIH mission is to support its membership in the development of quality, accessible, and culturally competent healthcare services for American Indians and Alaska Natives living in urban communities by serving as a resource center providing advocacy, education, technical assistance, training, and leadership.



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NCUIH Membership Regions



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Indian Health Service System: I/T/U



Indian Health Services (I)

- Federal facilities consisting of hospitals and clinics.
- Funded at 50% of need for adequate care.
- 12 Regional Offices.

Tribal (T)

- Compact or Contract to provide health services.
- Specialty care through Purchased/ Referred Care dollars for “life or limb”.

Urban Indian Health Programs (U)

- Receive approximately 1% of IHS Budget.
- 3 levels of programs: Comprehensive, Limited, and Outreach and Referral.
- Wide variability of services.



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The Context: Urban Indian Communities

33 Urban Indian Health Programs operating in 20 states.

Population: Estimated 2.5 million

Economic:

- Higher poverty rate than other urban dwellers.
- Higher levels of education than rural/reservation natives.

Political:

- Needed education on off-reservation trust responsibility, i.e. boundaries follow patient

Social:

- Fragmented community with limited gatherings.
- Disconnected from family back home.
- Elements of mainstream society.

Psychological:

- Invisibility, isolation in the city.

Cultural/Spiritual:

- Some of the greatest loss of cultural knowledge and understanding.
- Multi-tribal; multi-cultural; global indigenous identity.



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Health Disparities: A Snapshot ¹

Indian Country Rates Nationally

- 500% higher tuberculosis rate.
- 519% higher alcoholism rate.
- 195% higher diabetes rate.
- 72% higher suicide rate.
- 92% higher homicide rate.
- 149% unintentional injury rate.
- 60% higher infant mortality.

Urban Indian Rates Nationally

- 38% higher accident mortality.
- 126% higher chronic liver disease mortality.
- 54% higher diabetes mortality.
- 178% higher alcohol-related mortality.
- Urban Indian youth are nearly 5x more likely to attempt suicide requiring hospitalization than all other urban youth combined.



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Core Strengths of Indian Communities

- Culture and Spirituality.
- Healing practices.
- Humor
- Relational beliefs.
- Extended family networks.
- Natural respite care and support services.
- Oral Communication.
- Youth
- Elders



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NCUIH Urban History Resources

Additional Resources on the NCUIH Knowledge Resource Center (KRC) website:

- http://www.ncuih.org/krc/KRC_index
- http://www.ncuih.org/krc/history_traditions



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NCUIH

Technical Assistance and Research Center (TARC)



Objective: support the development of quality, accessible, and culturally sensitive healthcare programs for American Indian and Alaska Natives living in urban communities

- Support Services

-  Level 1: Information dissemination

-  Level 2: Tools and Training: Webinars, Communities of Learning, In-Person

-  Level 3: One-on-one Technical Assistance support

-  Level 4: Research and Evaluation



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Community of Learning Model

NCUIH mechanism to support various health initiatives within Urban Indian communities.

- To build consensus for national support on policy and relevant national issues
- To improve communications between Urban Indian Health Programs
- To provide the “space” for program professionals to learn and teach one another about what works, what doesn’t work, and innovative solutions to common challenges and problems
- To develop training and tools for Urban Indian Health Programs to support stronger programming and increased community awareness and support



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Community of Learning Model

Unique, Culturally Appropriate
Scientific Approaches
Culturally Grounded
Customized Solutions



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COL Guiding Principles and Values

- UIHP have a wealth of knowledge and expertise to provide community
- UIHPs and community members are the experts
- TA support is contextual and community-driven
- Services are provided in a way that honors and respects culture

“This customized and multi-knowledge sharing model not only responds to the need for capacity & knowledge but is also culturally embedded in the way Indigenous people have traditionally transmitted knowledge and wisdom from generation to generation”



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NCUIH COL Topics

ACA/ Enrollment

Staff Wellness

Behavioral Health

Diabetes

Community Health Representatives

Board of Directors

Executive Directors

Third Party Billing/ Payment Reform Systems



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How it works?

Virtual Learning- Sharepoint site

- NCUIH utilizes SharePoint- organizes and categorizes all materials into folders available 24/7 to UIHPs via password protected sites.

Providing and Coordinating Trainings

One-on-one TA



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- Sites
- [CMS Navigator COL](#)
 - [Accreditation Community of Learning](#)
 - [ACA Enrollment Community of Learning](#)

- Libraries
- [NCUIH_Largedocs](#)
 - [NCUIH Staff Documents](#)
 - [Docsnewlarge](#)
 - [Large Documents 3](#)
 - [2013 Program Profiles Development](#)

- Lists
- [Central NCUIH Calendar](#)
 - [Tasks](#)
 - [phillip roulain](#)
 - [Phillip Roulain](#)



NCUIH Staff Documents

<input type="checkbox"/> Type	Name	Modified	Modified By
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- Lists
- Announcements
- Calendar
- Special Projects
- Libraries
- Shared Documents

- Discussions
- Team Discussion

- Recycle Bin
- All Site Content

NATIONAL COUNCIL OF URBAN INDIAN HEALTH

Behavioral Health Community of Learning SharePoint Portal



Announcements

<input type="checkbox"/>	Title	Modified
<input type="checkbox"/>	Exploring the Link between Mental Health and Drug Use GONA Registration	9/3/2013 10:53 AM 7/31/2013 1:59 PM
<input type="checkbox"/>	MSPI BB Call re: HIPPA 5.30.13	6/12/2013 2:58 PM
<input type="checkbox"/>	Valuable Programs and Resources	6/4/2013 12:59 PM
<input type="checkbox"/>	MSPI Suicide Risk Assessment	5/15/2013 3:51 PM
<input type="checkbox"/>	MSPI Webinar on Mental Health Recovery Model	4/24/2013 12:36 PM
<input type="checkbox"/>	Trauma: Theory & Practice Use of Drumming in Treating Substance Abuse	3/7/2013 9:22 AM 8/16/2012 11:28 AM
<input type="checkbox"/>	Assessing and Treating Young Children with behavioral health systems in Primary Care	5/15/2012 5:37 PM
<input type="checkbox"/>	Evidence Based Practice in Substance Abuse Treatment	2/28/2012 11:45 AM
<input type="checkbox"/>	Physical Activity Yields feelings of Excitement and Enthusiasm	2/14/2012 9:29 AM
<input type="checkbox"/>	Free Trainings NNED	1/17/2012 9:57 AM

Getting Started

- [Share this site](#)
- [Change site theme](#)
- [Set a site icon](#)
- [Customize the Quick Launch](#)

- [UIHP Main Portal - LINK](#)
- [Diabetes Community of Learning - LINK](#)



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Library Tools

Documents Library

Upload Document New Folder Edit Document Open & Check Out Check Out Check In Discard Check Out View Properties Edit Properties Manage Version History Document Permissions Delete Document E-mail a Link Alert Me Download a Copy Send To Manage Copies Go To Source Copies Workflows Publish Unpublish Approve/Reject Cancel Approval

Type	Name	Modified	Modified By
	BH_Primary_Care_Integration 6 8 11	6/8/2011 12:30 PM	Greg Fine
	Enhancing_Pediatric_Mental_Health_Care_Algorithms_for_Primary_Care	6/8/2011 11:50 AM	Greg Fine
	IH Literature Search	6/8/2011 11:50 AM	Greg Fine
	IH studies1	6/8/2011 11:51 AM	Greg Fine
	IHCRC Integrated Care Webinar	6/8/2011 12:30 PM	Greg Fine
	MHCA Models of Integration	6/8/2011 12:58 PM	Greg Fine
	Millbank - EvolvingCare	6/8/2011 12:58 PM	Greg Fine
	NC Healthcare Home - Final	6/8/2011 12:59 PM	Greg Fine
	PCARE Journal Article1	6/8/2011 12:59 PM	Greg Fine
	Revised Reynolds Presentation - SAMHSA Regional Meeting 4 21 11	6/8/2011 12:59 PM	Greg Fine

Add document

Shared Documents

Type	Name	Modified	Modified By
	Behavioral Health COL Resources_2014	7/8/2014 10:26 AM	Whitney Hewlett
	CoC Tool Kit	3/4/2014 1:11 PM	Megan Dormond
	EBP_CBPR toolkit	6/17/2014 1:37 PM	Whitney Hewlett
	Evidence-Based Practices for Adults	2/28/2013 1:41 PM	Jami Bartgis
	GONA toolkit	6/24/2014 4:07 PM	Kimberly Fowler
	Peer-Support Models and Consumer Driven Care	2/28/2013 1:42 PM	Jami Bartgis
	Social Marketinn	4/17/2012 12:13 PM	Jana Lynn Louis



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Providing and Coordinating Trainings- webinars

One-on-one TA



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Tools and Training

Web-ex trainings in 2015-2016

MSPI: Suicide Prevention and Postvention

Best Practices of Medicaid Outreach and Education strategy
Implementation: An Urban Indian Program Perspective

Strategic Planning: Creating a Roadmap to the Future for Your
Organization



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One-on-one TA



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Tools and Training

In-person Training in 2015-2016

- Coordinating Urban presentations at National Meetings and Conferences
- ACA/IHCIA in Urban Indian Communities
- NCUIH Annual Leadership Conference

Developing and Coordinating Tools to Support

- Tools for local evaluation and assessment
- Community training materials
- Training materials for engaging local partners
- Sharing successful grant applications



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Behavioral Health Community of Learning

Community of Learning Audience: Open to all Behavioral Health Administrators, Coordinators, and Staff of Urban Indian Health Programs.

Community of Learning Expectations:

- National updates
- Web-based Training on Behavioral Health topics
- Peer Support
- Information and Access to Tools and Resources
- Information and Technical Support for funding opportunities
- Opportunities to provide input into National Policy/Legislation recommendations affecting Urban Indian Behavioral Health
- Participation as Trainers/Presenters on topics of expertise



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NCUIH WELLNESS COMMUNITY OF LEARNING

WEDNESDAY 3/12/14 AT 3 PM EST



FACILITATOR: ANNIE LOWE,
MSW



This session will cover:

- Review of goal setting
- Learning new ideas for self-care
- “Flow” activities

Setting Goals

List a Goal: _____

- **3 sub-goals** to reach your goal

(1) _____
(2) _____
(3) _____

- Set a date to check in:

• _____

- List **potential challenges**:

• _____

- List potential **ways to overcome challenges**

• _____

- List your **community resources**: who and what can help & support you to reach your goal; how will you recruit their help?

• _____

- The **one step** I will take by the beginning our next COL group:



Inspired by an activity from : *Family Spirit Curriculum,*

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Similar Models

Learning Communities

Trend to move beyond social networking on the Web towards the building of learning communities ([Reynard, 2009](#)).

- Members depend on each other to achieve the learning outcomes for the course. Without the support and participation of a learning community, there is no online course (Palloff & Pratt, 1999).
- Fulton and Riel (1999) defines a learning community as “a group of individuals who are interested in a common topic or area and who engage in knowledge-related transactions as well as transformations within it.”



Similar Models

Community of Practice

Injury Control Research Center for Suicide Prevention (ICRC-S) CoP

- Explores the ways in which suicide prevention researchers and practitioners can work together.

National Networks

National Network to Eliminate Disparities in Behavioral Health (NNED- SAMHSA)

- Identifies and links "pockets of excellence" in reducing disparities and promoting behavioral health equity.



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NNED Model



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A Snapshot of Behavioral Health Issues for AANHPI Boys and Men

Welcome to NNEDshare!

A collaborative space to *share*, *learn*, and *connect* with community members across the country.

— What is NNEDshare?

NNEDshare is a collaborative space to **share** resources and intervention efforts to improve the delivery of behavioral health care interventions in diverse populations, **learn** about resources and innovative community efforts across the county, and **connect** with others to learn from you and support your efforts.

— How do I browse or search for resources or innovative interventions?

CATEGORIES

Categories

Select Category

RECENT POSTS

[Surveillance Success Stories: Fort Peck Indian Reservation](#)

[Pet Ownership Among Homeless Youth: Associations](#)



Intersection of HIV/AIDS, Violence against Women, and Health Disparities

Welcome to NNEDshare!

A collaborative space to *share*, *learn*, and *connect* with community members across the country.

[+ What is NNEDshare?](#)

[+ How do I browse or search for resources or innovative interventions?](#)

[+ Why participate in NNEDshare?](#)

[+ What kinds of interventions or ideas can I submit?](#)

CATEGORIES

Categories

Select Category ▼

RECENT POSTS

[Surveillance Success Stories: Fort Peck Indian Reservation](#)

[Pet Ownership Among Homeless Youth: Associations with Mental Health Service Utilization and Housing](#)

Surveillance Success Stories: Fort Peck Indian Reservation

Following a coordinated emergency response to a suicide cluster in 2010, tribal leaders began collecting data from multiple sources to describe detailed circumstances of suicide ideation, attempts and deaths. This allowed them to identify the role of substance abuse in suicide attempts and initiate family education for family members of...

July 22, 2016

[more »](#)

Pet Ownership Among Homeless Youth: Associations with Mental Health, Service Utilization and Housing Status

Twenty-three percent of homeless youth have pets, according to research from a team led by Harmony Rhoades at the University of Southern California. The team surveyed 398 homeless youth at two drop-in centers in Los Angeles. While previous studies have shown that pets can be very important to homeless young...

July 20, 2016

[more »](#)

Integration Playbook: A Guide to Integrating Behavioral Health in Primary Care Settings

July 20, 2016

RECENT POSTS

[Surveillance Success Stories: Fort Peck Indian Reservation](#)

[Pet Ownership Among Homeless Youth: Associations with Mental Health, Service Utilization and Housing Status](#)

CATEGORIES

Categories

Resource Library * (484) ▾

TAGS

[app](#) [bicultural](#) [child](#) [welfare](#) [chip](#)

[community](#) [health](#) [educators](#) [culture](#)

[cyberbullying](#) [data](#) [database](#)

Implementation Best Practices and Outcomes

1. Understand the readiness of the community.
2. Call for Participation for buy-in/ commitment.
3. Create a safe space for open sharing.
4. Discourse guides/ advances COL.
5. Tribal Practice Based Evidences (PBE) and 'Promising Practices' are relevant.



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Implementation Best Practices and Outcomes (cont'd)

6. Understand expected outcomes from group.
7. Create space for in-person interaction.
8. Agenda or focus needs to be set.

“The smallness of the group and one to one interaction. It has allowed me to contact a very specific individual on a one and one who may have the same issue as I.”



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Strategies for Building a Community of Learning

Palloff and Pratt (1999)

Allow members to resolve their own disputes.

Clearly define the purpose of the group.

Promote effective leadership from within.

Define norms and a clear code of conduct.

Allow for a range of member roles.

Allow for and facilitate subgroups.

Create a distinctive gathering place for the group.



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Community of Learning Limitations

- Buy-In/ Participation
- Direct Facilitation needed
- Interest wane/ Fresh Ideas



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Table Breakout Questions

Have you participated in a COL-type model before?
If so, do you feel it was impactful to your work or
your field of work?

How would this model help in the work that you do?



THANK YOU!!

Questions???



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Thank You!



Contact Information:

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