



"Piyaassskomon: Gaize"

"Piyaassskomon: Gaize" was one of the first baskets I completed after beginning to come out to friends and family members as non-binary. The title comes from the Passamaquoddy word for corn, "piyeskomon," and the New York Ballroom scene affirmation, "Yas!" I hope other Two Spirit people and non-indigenous LGBTQ+ see my art and feel inspired to be themselves.

– Geo Neptune



Advocate for the health of someone you care about.

Learn more: Text ALLY to 97779.

They need you now, more than ever.



"My community celebrates me."

– Allie, Native, queer



"My family celebrates me."

– Jeri, Native, queen

See us. Stand with us.

**Lesbian • Gay • Bisexual
Transgender • Queer • Two Spirit**

We told you about our identity, because we trust you.
Honor that trust.

www.npaihb.org/2SLGBTQ

Trust them.

- Communicate.
 - ◆ Ask your friend or relative how they prefer to be identified.
 - ◆ Let them know you love them, and you'll learn.
 - ◆ Learn the terms: pflag.org/glossary
- Advocate.
 - ◆ Offer to accompany your friend or relative to healthcare appointments.
 - ◆ Challenge anti-LGBTQ or Two Spirit remarks.
- Celebrate.
 - ◆ Recognize their strength and courage.
 - ◆ Most importantly, offer unconditional acceptance and love.

Trust our traditions.

- Historically, we celebrated our LGBTQ and Two Spirit community members.
- To our ancestors, they were sacred. They are sacred still.

Trust your journey.

- Your feelings are valid.
- Accepting your friend or relative may take time.
- Find support: pflag.org

Lane's Story

Lane identifies as Cherokee and trans. In 2013, she rode in the Remember the Removal bike ride. Now, she helps her sister train new groups of riders.

“My sister absolutely supports me and adores me. We call each other twins, because we’re so close to each other. We tell each other everything,” Lane says.

“When we train new riders, I’m up in the front, leading the group, and she’s in the back, making sure everyone’s fine. We’re a team.”

Each year, Lane’s sister introduces her to the new riders. This helps ensure everyone genders Lane correctly and uses female pronouns.

“My sister helps introduce me, so people don’t look at me and think, *That’s an androgynous person.* It’s really helpful to have my sister there. She looks at me, and she’s like, *This is Lane. This is my sister.*”

Lane's sister celebrates her.

To hear the rest of Lane's story, text DOCUMENTARY to 97779.

