

# NCCDPHP

## GHWIC/TPWIC/TECPHI TRIBAL RESOURCE DIGEST



Welcome to Centers for Disease Control and Prevention's (CDC) tribal resource digest for the week of February 11, 2019. The purpose of this digest is to help you connect with the tools and resources you may need to do valuable work in your communities. We are adding 2 new programs to this newsletter – Tribal Practices for Wellness in Indian County (TPWIC) and Tribal Epidemiology Centers Public Health Infrastructure (TECPHI).

## Announcements

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### 2019 15th Annual American Indian Disability Summit

Their mission is to provide interaction, networking, education and support for American Indians with disabilities and their families, and bridging opportunities and resources in rural and urban tribal communities. Register [here](#)

**Date:** March 29, 2019  
**Location:** Phoenix, AZ

### Call for Presentations: 2019 National Transportation in Indian Country Conference (NTICC)

Scholarships for American Indian and Alaska Native students to enroll in courses leading to a bachelor's degree in pre-medicine, pre-dentistry, pre-podiatry, or pre-optometry. [Conference website](#). Read more [here](#).

**Application Deadline:** March 30, 2019

### What is Trauma-Informed Care? - New Video

How do our experiences as children shape our health as adults? What does it mean to be trauma-informed, and what does trauma-informed care look like in a health care setting? See video [here](#).

### Stroke Risk Factors on the Rise in Native Americans

Stroke risk factors such as high blood pressure, diabetes, heart disease and smoking are common and on the rise among Native Americans with clot-caused stroke, according to preliminary research to be presented in Honolulu at the American Stroke Association's International Stroke Conference 2019. Read article [here](#).

### The Business of Indian Agriculture & Business Planning Development Training Workshops

Do you run a ranching or farming operation in your community and want to move it forward? Are you looking to build a sustainable tribal ranching or farming enterprise? Do you desire to increase your business knowledge and fundamentals of running and maintaining a successful agricultural business? If so, please consider attending this workshop. Read more [here](#).

**Dates:** March 12-14, 2019  
**Location:** Denver, CO

# Funding Opportunities

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## Indian Health Service Health Professions Scholarship Program

Scholarships for American Indian and Alaska Native students enrolled in a health profession degree program. Read more [here](#).  
Application Deadline: **March 28, 2019**

## Indian Health Service Pre-Graduate Scholarship Program

Scholarships for American Indian and Alaska Native students to enroll in courses leading to a bachelor's degree in pre-medicine, pre-dentistry, pre-podiatry, or pre-optometry. Read more [here](#).  
Application Deadline: **March 28, 2019**

## Indian Health Service Preparatory Scholarship

Scholarships for American Indian and Alaska Native students who are enrolled in undergraduate or preparatory courses in preparation for entry to health profession schools. Read more [here](#).  
Application Deadline: **March 28, 2019**

## Tribal Nursing Home Best Practices: Trauma and Person-Centered Care Document

Highlights a report on trauma and person-centered care practices of three tribal nursing homes in Nebraska, Alaska, and South Dakota. Discusses best practices for caring for patients dealing with the repercussions of elder and child abuse, sexual assault, and historical trauma, among other traumatic experiences. Read more [here](#).

## Institute of Museum and Library Services—*Native American Library Services: Basic Grants*

Supports existing Tribal library operations and the maintenance of core library services, including health education and promotion programs or collections. Read more [here](#).  
Application Deadline: **April 1, 2019**

## Native Youth and Culture Fund

Grants for projects that focus on youth and incorporate culture and tradition to address social and health issues, such as drug and alcohol abuse, teen pregnancy, and mental health. Read more [here](#).  
Letter of Intent (Required): **March 12, 2019**  
Application Deadline: **May 1, 2019**

# Webinars

## GPTCHB Community Health Webinar Series

Contact Jennifer Williams for details regarding the webinar.

Jennifer Williams, Program Manager  
Great Plains Good Health and Wellness  
Great Plains Tribal Chairmen's Health Board / (P) 605.721.1922 ext. 144

2/13/19	Reclaiming Indigenous Food Relationships: Improving Health with Culture	Chris Johnson, American Indian Cancer Foundation Prevention and Policy Coordinator
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## United South and Eastern Tribes (USET), Inc.

### CDC Good Health and Wellness in Indian Country Grant

#### Featuring: Breastfeeding at the Seneca Nation Health System *contributed by Jasmine Alvarado*

The initiative to look at the overall health of the Seneca Nation Health System community and to build a vision for a healthier community began in 2013. With the CDC Good Health and Wellness in Indian Country (GHWIC) Grant, the Seneca Nation Health System has been able to provide resources to support mothers who are breastfeeding their children. In addition, Seneca Nation has been able to educate prenatal patients about the importance of nutrition and breastfeeding. This support ensures that needed services and information are offered to keep infants, women, and families of the Seneca Nation Health System in the best of health.

The Seneca Nation Health System encourages and welcomes breastfeeding anytime and anywhere. The previous problem was that breastfeeding moms needed a private space dedicated to nursing/expressing milk. The lack of designated areas to support

breastfeeding left women with several undesirable options-- using a car, using the restroom, going home, or using non-private areas where other people would have access. The unfortunate consequence was that women would stop breastfeeding earlier than they intended to.



Thanks to funding from the GHWIC Grant, the Seneca Nation Health System was able to conduct a community health assessment, key informant interviews, and focus groups to identify priority areas within the Seneca Nation Health System that needed to be addressed. Breastfeeding was one of the seven core areas of health that was chosen. This need led to the purchase of a Mamava Lactation Pod which is housed in the patient waiting area of the Tribal Health Clinic. The Pod offers the community, patients, and staff the privacy to pump or breastfeed. The positive impact on the community is increased quality of life for mother and baby, demonstrated commitment to women and families, and normalization of breastfeeding.

The Seneca Nation Health System is grateful for CDC GHWIC Grant funding to support breastfeeding in their Tribal community and thankful to their partners at United South and Eastern Tribes (USET), Inc. for providing the technical assistance needed to perform this much needed service.