

# N C C D P H P

## HEALTHY TRIBES

### RESOURCE DIGEST

Welcome to Centers for Disease Control and Prevention's (CDC) tribal resource digest for the week of July 8, 2019. The purpose of this digest is to help you connect with the tools and resources you may need to do valuable work in your communities.

## Announcements

### Healthy Homes Production Grant Program for Tribal Housing / HUD

Department of Housing and Urban Development's Office of Lead Hazard Control and Healthy Homes has announced the availability of \$12 million for Healthy Homes Production for Tribal Housing grants to Native American tribal governments (Federally recognized) and Native American tribal organizations (such as a tribally designated housing entity submitting an application on behalf of a tribe). HUD will award grants of up to \$1 million each. The purpose of the grant program is to assist American Indian and Alaska Native tribal governments to identify and remediate housing-related health and safety hazards. The program assists these tribal governments to develop comprehensive programs to identify and remediate housing issues that contribute to health and safety issues in urban, tribal communities by focusing on housing-related hazards in a coordinated fashion, rather than addressing a single hazard at a time. Read more [here](#).

**Due Date: August 9, 2019**

In this issue:

- [Announcements](#)
- [Webinar](#)
- [ACORNS/CITE Resource Meeting Article](#)

### National Conference on Tobacco or Health

NCTOH is the premier gathering for tobacco control professionals in the United States, which makes it the ideal forum for sharing resources, tools, emerging ideas, evidence-based research, and success stories that help move tobacco control forward. Read more and register [here](#).

**Date: August 27-29, 2019**

**Location: Minneapolis, MN**

### First Nations Development Institute and Oneida Nation of Wisconsin Food Sovereignty Summit

The Food Sovereignty Summit began in 2013. It is the undisputed national forum for sharing and collaboration to build healthy food systems within Native American communities. Hundreds of attendees come from tribal communities all over that are actively involved in food sovereignty work, including caring for our land, sustaining food systems, and strengthening tribal sovereignty and partnerships between Native nations. Read more [here](#).

**Date: September 23-26, 2019**

**Location: Green Bay, WI**

## Webinar

### Policy Approaches to Prevent Vaping Among Youth

Join a panel of three policy experts from Arizona, California, and Hawaii to compare the policy approaches and experiences of each state in addressing e-cig use among youth. Use [link](#) to register for free webinar and to receive details.

**Date: July 10, 2019 12:00pm PT**

## ACORNS/CITE Resource Meeting *presented by Janeva Sorenson from CRIHB*

CRIHB has implemented the Advancing Opportunities to Renew Native health Systems (ACORNS) and California Indian Tobacco Education (CITE) programs, which provide subawards to California Tribes and Tribal Organizations (T/TO) who implement projects that address chronic diseases in their community.

Each year, CRIHB hosts an in-person ACORNS/CITE Resource Meeting for their current subawardees. This year, the Resource Meeting was held June 12-13, 2019, at Ya-Ka-Ama Indian Education and Development in Forestville, CA. Representatives from 15 of our 22 grantees and over 40 participants attended the meeting. Participants heard from elders who shared their involvement and commitment to diabetes prevention through their work on a Diabetes Action Council. They heard from youth who are teaching peers in their community about the risks of commercial tobacco and have gotten 12 teenagers to commit to quit smoking. A passionate group of young adults, who created an alliance in their area to support the health of their communities, shared their commitment for nation-to-nation building and cultivating partnerships. Participants were taught how to make essential oil hand scrubs and do a Maori healing massage by community champions who have focused their project work on healing the community healers. A native farmer shared his expertise in organic food production and how to connect that food to the community. Cultural leaders guided participants through a visioning of what a healthy native community looks like.



Group photo from the ACORNS/CITE Resource Meeting 2019

The ACORNS Resource Meeting included other elements which modeled and promoted health and wellness. The meeting was held outdoors on Tribal land. Ya-Ka-Ama is a beautiful piece of land in Sonoma County that is shared by Tribes from the surrounding counties, including many of the Tribes served by ACORNS and CITE projects. We learned at the conference that the Ya-Ka-Ama land was occupied by Tribal members who were fighting to protect it, and through their persistence, courage, and community support they were successful in acquiring the land. Ya-Ka-Ama exists because our people before us persisted, which inspired participants as they persisted in their own communities to promote health and wellness. In an effort to honor and respect the land, the meeting attempted to be zero-waste by providing reusable plates, cups, bags, and silverware, which people used and washed for meals; digital copies of the conference materials were provided as were compost, recycling, and landfill receptacles. The food was healthy, mostly organic, and prepared by a local cook. Additional offerings included, regular breaks and movement opportunities, a "Family Tent" for parents to use to change or feed small children, and a "Healing Area" for people to utilize traditional medicines and healing practices as needed throughout the meeting. Finally, CRIHB ACORNS was able to host staff from the

Alabama-Coushatta Tribe of Texas, Chief Kina Tribal Health Clinic GHWIC project, who shared their stories, project challenges and successes, and laid the foundation to building nation-to-nation bridges across the county.



Essential oil hand massages being given during the event.

ACORNS Resource Meeting, we cannot underestimate the power that relationships, community support, passion, culture, and connection to the land have on making sustainable improvements in Tribal health outcomes.

To learn more about the great work of ACORNS and CITE grantees, the Resource Meeting, or GHWIC, please contact Janeva Sorenson at [jsorenson@crihb.org](mailto:jsorenson@crihb.org).



One of our grantees leading a session on RomiRomi Maori healing massage