



DEPARTMENT OF VETERANS AFFAIRS
Washington DC 20420

April 16, 2019

Dear Tribal Leader:

On June 6, 2018, the Public Law 115-182, VA Maintaining Internal Systems and Strengthening Integrated Outside Networks of 2018 (MISSION Act), was signed into law by President Trump. In order to find new ways to help improve the quality of care our nation's Veterans so richly deserve, the MISSION Act requires the Department of Veterans Affairs (VA) to develop a strategic plan to meet health care demands in consultation with a variety of stakeholders, including tribal government leaders.

We recognize that Native American Veterans have an important role in shaping the future of VA health care and therefore we are turning to you for input on the following questions:

1. What are the most important health care needs of Veterans in your area now and in the future?
2. If you were to redesign the VA health care system, what are the five most important changes, if any, you would like to suggest? This could include patient care, customer service, and billing and payment to name a few.
3. What are the top three to five recommendations you would make to help VA improve how it provides care to Native American Veterans who use VA health care?
4. What changes, if any, would you recommend to how VA develops and modifies its surveys to Veterans who use VA health care?

Your responses to these questions will inform the strategic plan and surveys of Veterans who use VA health care.

In order to ensure that your constituents' preferences and recommendations are taken into consideration as we develop and implement the strategic plan, please respond to this letter via email to tribalgovernmentconsultation@va.gov or via mail: U.S. Department of Veterans Affairs, VACO/OTGR Attn: Clay Ward, 810 Vermont Ave. NW Ste. 915a, Washington, DC 20420, no later than May 10, 2019.

Thank you in advance for your valued input.

Sincerely,

A handwritten signature in cursive script, reading "Melissa Glynn", is written over a horizontal line.

Melissa S. Glynn, Ph.D.
Assistant Secretary for Enterprise Integration



“Response Circles” Funding Request for the Northwest Tribes

This form is to be used when requesting funding for an activity, event, or training that is associated with domestic & sexual violence prevention. The funds may be used for: meeting expenses, materials and supplies for activities, incentives, travel, and training fees. Funds may not be used for wages, food, or promotional clothing items i.e. t-shirts. Page 2 includes opportunities that can be funded. About \$11,000 is available for these requests by the Northwest Tribes and will be available until the money runs out. **Requests can be submitted through August 15, 2019.**

NORTHWEST PORTLAND AREA INDIAN HEALTH BOARD

- Burns –Paiute Tribe
- Chehalis Tribe
- Coeur d’Alene Tribe
- Colville Tribe
- Coos, Suislaw & Lower Umpqua Tribe
- Coquille Tribe
- Cow Creek Tribe
- Cowlitz Tribe
- Grand Ronde Tribe
- Hoh Tribe
- Jamestown S’ Klallam Tribe
- Kalispel Tribe
- Klamath Tribe
- Kootenai Tribe
- Lower Elwha Tribe
- Lummi Tribe
- Makah Tribe
- Muckleshoot Tribe
- Nez Perce Tribe
- Nisqually Tribe
- Nooksack Tribe
- NW Band of Shoshoni Tribe
- Port Gamble S’ Klallam Tribe
- Puyallup Tribe
- Quileute Tribe
- Quinault Tribe
- Samish Indian Nation
- Sauk-Suiattle Tribe
- Shoalwater Bay Tribe
- Shoshone-Bannock Tribe
- Siletz Tribe
- Skokomish Tribe
- Snoqualmie Tribe
- Spokane Tribe
- Squaxin Island Tribe
- Stllaguamish Tribe
- Suquamish Tribe
- Swinomish Tribe
- Tulalip Tribe
- Umatilla Tribe
- Upper Skagit Tribe
- Warm Springs Tribe
- Yakama Nation

Date: _____
 Tribe: _____
 Department: _____
 Address: _____
 Contact Person: _____ Phone: _____

Briefly describe the activity, event, training that the funds will be used for:
Total Amount For Request (\$1,600 max)
*Please be sure your total request includes all your needs including: indirect, travel, lodging, per diem, registration fees, internet, supplies, print materials, incentives, honoraria, stipends, trainer fees and travel, and/or facility costs. ** Funds may not be used for wages, food, or promotional clothing items i.e. t-shirts.

*Depending on the event/training chosen NPAIHB staff may ask you to provide a short evaluation, survey, or post-description of the event/training. Please fax this document to 503-228-8182, Attn: Paige, or email psmith@npaihb.org. If you have any further questions, please call Paige Smith: (503) 228-4185 ext. 306.

2121 SW Broadway
 Suite 300
 Portland, OR 97201
 Phone: (503) 228-4185
 Fax: (503) 228-8182
www.npaihb.org

List of Upcoming Opportunities for Domestic & Sexual Violence Prevention

- At your own pace Online Sexual Assault Nurse Examiner's training
<http://www.forensicnurses.org/?page=40HourSANE>
- March 27-28, 2019- National Sexual Violence Law Conference- New Orleans, LA
<https://www.victimrights.org/events/national-sexual-violence-law-conference>
- April 3-4, 2019 – Advocacy for Rookies <https://wscadv.org/events/advocacy-for-rookies-april-3-4-2019/>
- April 8-11,2019 – Conference on Crimes against Women- Dallas, TX <http://www.conferencecaw.org/>
- April 16-19, 2019 – Advanced Domestic Violence and Sexual Assault Training – Las Vegas, NV
<http://nicp.net/event/las-vegas-nv-april-16-19-2019/>
- April 17-18, 2019 – Tribal State and Federal Summit: rising to the challenge addressing impacts to Mind, Body and Soul – Wildhorse Resort and Casino, Pendleton OR
<https://www.eventbrite.com/e/tribal-state-federal-summit-rising-to-the-challenge-addressing-impacts-to-mind-body-soul-tickets-56951011007>
- April 22-25 2019 – International Conference on Sexual Assault, Intimate Partner Violence, and Increasing Access – San Diego, CA <http://www.cvent.com/events/international-conference-on-sexual-assault-intimate-partner-violence-and-increasing-access/event-summary-3014a410ca1c4646ab3f6ca0ac31a3bb.aspx>
- May 31 2019 – Annual Southeastern Pennsylvania Forensic nursing Conference – Abington, Pennsylvania
<http://events.r20.constantcontact.com/register/event?oeidk=a07eg4er92f1eafef3c&llr=6nqn8gdab>
- Sexual Assault Response Team (SART) Toolkit – training on your own, check out
- *<https://ovc.ncjrs.gov/sartkit/about.html>

Websites to find more opportunities & dates

- National Center on Domestic & Sexual Violence -
http://www.ncdsv.org/ncd_upcomingtrainings.html
- Sexual Assault Forensic Examinations, Support, Training, Access and Resources (SAFESTAR) -
<http://www.safestar.net/training/>
- International Assoc. of Forensic Nurses - <http://www.forensicnurses.org/?page=registerforSANE>
- IHS Tribal Forensic Healthcare <http://tribalforensichealthcare.site-ym.com>
- Idaho Coalition Against Sexual & Domestic Violence - <https://idvsa.org/>
- Oregon Attorney General's Sexual Assault Task Force - <http://oregonsatf.org/calendar/trainings/>
- Oregon Coalition Against Domestic & Sexual Violence - <https://www.ocadsv.org/>
- Washington State Coalition Against Domestic Violence - <https://wscadv.org/>
- Washington Coalition of Sexual Assault Programs - <http://www.wcsap.org/>

REGISTRATION IS NOW OPEN!

9th Annual THRIVE Conference June 24-28, 2019 | Portland, Oregon

WHO: For American Indian and Alaska Native Youth 13-19 years old
1 chaperone for every 4 youth attending
(Background checks are required for adults 18+)

WHERE: PSU Native American Student and Community Center
710 SW Jackson St, Portland, OR 97201

WHAT: This conference is made up of 5 interactive workshop tracks!

- * Creative Design with OXDX (leadership)
- * Beats Lyrics Leaders (songwriting & production)
- * Storytelling in Graphic Novels (culture as prevention)
- * Traditional Foods (culture & nutrition)
- * Science and Medical Track (Oregon Health and Science University)

#WeNeedYouthere

Contact Information:

Northwest Portland Area Indian Health Board -THRIVE Project

Celena McCray, Project Coordinator

Ph: 503-416-3270

Email: cmccray@npaihb.org

Website: <http://www.npaihb.org/thrive/>

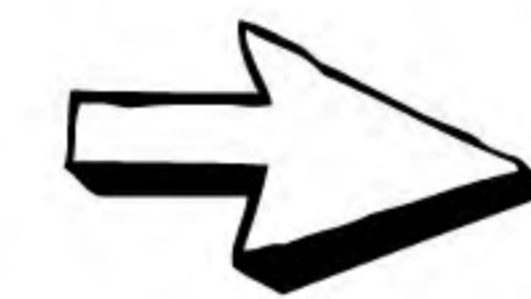


WHY: Youth participants will...

- * Build protective factors and increase their skills and self-esteem.
- * Connect with other Native youth!
- * Learn about healthy behaviors!
- * Strengthen their Nation through culture, prevention, connections, and empowerment!

REGISTRATION IS FREE

**** SPACE IS LIMITED ****



To Register Visit:

<https://www.surveymonkey.com/r/9thTHRIVE>

Travel, parking, lodging, breakfast and dinners are **not included**

Hotel Accommodations:

Radisson Red Portland Downtown

Broadway Tower, 1455 Sw Broadway, Portland, OR 97201

*Call 503-334-2167 ask for "9TH THRIVE YOUTH CONF"

*Book online at their registration portal on the THRIVE website

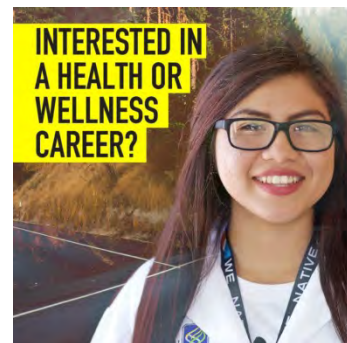
Activities, materials, lunches and snacks Monday-Thursday **will be provided**



Special Issue
Host a Healthcare Focused Internship

The **Northwest Portland Area Indian Health Board** and **We Are Healers** are committed to supporting American Indian & Alaska Native youth (14-24 years old) interested in pursuing healthcare professions.

Please consider hosting a student intern or connecting them to this paid job shadow opportunity!



Stipend: Selected youth will receive **\$600** to cover their internship time and/or travel.

Scope of Work: Host sites will provide student interns with hands-on training in health careers, health promotion strategies, research and evaluation methods, or community-based participatory research.

Duration: The timing and duration of the internship can be determined by the site. We've seen some internships last two weeks (working full time), and others last a semester (working a few hours per week).

Instructions: Please fill out an online application form

- **Site Application Form** - Priority will be given to sites who already have a youth intern identified, but applications will also be accepted from sites needing help finding a match. [Site Application Form >>](#)
- **Youth Stipend Application Form.** Priority will be given to youth who already have a host site identified - but applications will also be accepted from youth needing help finding a match. [Youth Stipend Application Form >>](#)

Eligible Participants

- American Indian or Alaska Native youth (14 to 24 years-old)
- Interested in a health or wellness career.

Eligible Internship Sites

- IHS, Tribal or Urban Indian Clinics (I/T/U)
- Indian Health Boards & Tribal Epidemiology Centers
- Other clinics or health promotion agencies that serve AI/ANs

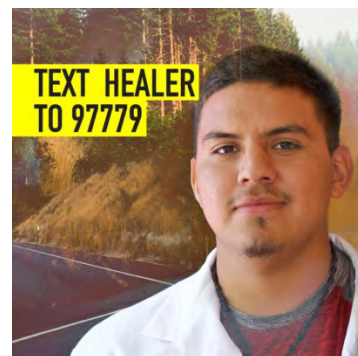
Number of Awards Available: 12 or more per year

Due Date: Applications will be filled on a rolling basis and are due by **July 1, 2019.**

Evaluation: At the end of the internship, we will ask you to complete this brief online [Youth Feedback Form](#) and [Site Feedback Form](#), to help document internship activities and outcomes.

Payment Process: Unless otherwise requested, checks will be made out to the youth (requiring a social security number), but will be mailed to the host site for payment after the internship.

Can sites host more than one intern? Yes. Sites can host up to 4 student interns.





Want to work at the NPAIHB?

Anyone interested in an Internship at the NPAIHB should also fill out the Board's Internship Application Form, available **here**:

[Apply Here!](#)

For More Information: Please contact [Stephanie Craig Rushing](#) (scraig@npaihb.org) or [Tana Atchley-Culbertson](#) (tatchley@npaihb.org)

Thanks for all that you do! - *Stephanie and Tana*



www.healthynativeyouth.org
www.npaihb.org/thrive
www.wernative.org

Connect with us



NW TRIBAL FOOD SOVEREIGNTY COALITION'S

2019 SPRING GATHERING

REGISTER NOW!

<https://ntfsc2019gathering.eventbrite.com>



June 4-5, 2019

Skokomish Tribe Community Center
19731 US-101, Skokomish, WA 98584

[Draft Agenda- Click Here](#)

Travel Cost:

Only hotel rooms that are on the hotel room block will be paid for.

Any reservations made at a different hotel or not in the room block **will not** be covered or reimbursed.



Questions?

Nora Frank-Buckner, MPH
WEAVE-NW Project
Coordinator
nfrank@npaihb.org
503-416-3253

Hotel Room Block

Little Creek Casino & Resort
91 West State Route 108
Shelton, WA 98584

Phone: 1-800-667-7711

Room Block: Northwest Portland
Area Indian Health Board Hotel Room
Block

CUT-OFF DATE: May 4th, 2019

NW Tribal Food Sovereignty Coalition 2019 Gathering
Draft Agenda
June 4-5th, 2019

Day 1- Tues June 4th		
		Speaker(s)
8:30a	Check-in and Breakfast	
9:00a	<i>Opening Prayer</i>	<i>Skokomish Elder</i>
9:15a	<i>Welcoming:</i>	Skokomish Chairman, Jacqueline, <i>Coalition Chair/Co-Chair</i>
9:30a	Keynote:	Mary J. Pavel
10:15a	Break	
10:30a	Breastfeeding Panel	Jean O'Leary, A-dae Briones, Cindy Gamble, Valerie Segrest, Delores Baccus
12:00p	Lunch and Traditional Foods Meet & Greet	
1:00p	IFAI Presentation-Model Food Code	<i>Erin Shirl, Buck Jones</i>
2:00p	Break	
2:30p	Breakout Sessions #1	
	1 Breastfeeding Initiative Round Tables	A-dae Briones, Valerie Segrest, Delores Baccus
	2 Regional Food Policy Round Tables	Erin Shirl
	3 Seattle Indian Health Board- Medicine Making	Itai Jefferies & Annette Squetimkin-Anquoe
	4 Plant Teachings & Social Emotional Skills	Elise Krohn, Sable Bruce, Chenoa Egawa
	5 Tour of the Estuary/Plant Walk	Alex Gouley
	6 The Forest is our Walmart	Payton Bordley, Kimberly Miller
	7 Junk Food Vs. Healthy Food	Bo Tinaza
3:30p	All group gathering	
3:45p	Film Screening of RETURN	Valerie Segrest
5:00p	Traditional Dinner/Cultural Night	Twana Dancers
6:30p	Closing	

Day 2- Wednesday June 5th		
8:30a	Check-in and Breakfast	
9:00a	<i>Opening Prayer</i>	<i>Skokomish Elder</i>
9:30a	Epigenetics & Nutrition	Dr. Thornburg, OHSU
10:30a	Break	
10:45a	Panel- Community spot lights	Skokomish Tribe, Nez Perce HIPT Food Coalition- Ann McCormick, TBD
12:00p	Lunch & Traditional Foods Meet & Greet	
1:00p	Breakout Sessions #2	
	1 Breastfeeding Initiative Round Tables	A-dae Briones, Valerie Segrest, Delores Baccus
	2 Regional Food Policy Round Tables	Erin Shirl
	3 Seattle Indian Health Board- Medicine Making	Itai Jefferies & Annette Squetimkin-Anquoe
	4 Plant Teachings & Social Emotional Skills	Elise Krohn, Sable Bruce, Chenoa Egawa
	5 Tour of the Estuary/Plant Walk	Alex Gouley
	6 The Forest is our Walmart	Payton Bordley, Kimberly Miller
	7 Junk Food Vs. Healthy Food	Bo Tinaza
2:00p	Breakout Sessions #3	
	1 Breastfeeding Initiative Round Tables	A-dae Briones, Valerie Segrest, Delores Baccus
	2 Regional Food Policy Round Tables	Erin Shirl
	3 Seattle Indian Health Board- Medicine Making	Itai Jefferies & Annette Squetimkin-Anquoe
	4 Plant Teachings & Social Emotional Skills	Elise Krohn, Sable Bruce, Chenoa Egawa
	5 Tour of the Estuary/Plant Walk	Alex Gouley
	6 The Forest is our Walmart	Payton Bordley, Kimberly Miller
	7 Junk Food Vs. Healthy Food	Bo Tinaza
3:00p	All group gathering	
	Reflection	
	Closing prayer/song	
	Evaluations	



DATE

JUNE 27, 2019

VENUE

Residence Inn
2115 SW River
Parkway
Portland, OR 97201

Northwest Tribal Cancer Coalition Meeting

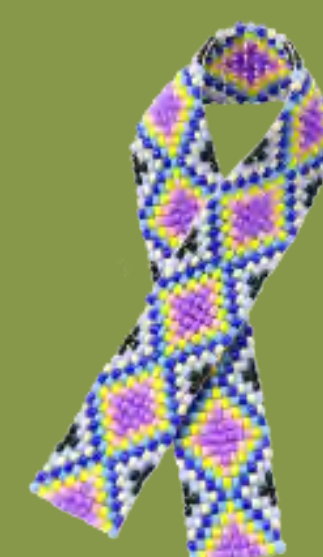
Thursday, June 27, 2019

8:30am to 5:00pm

Residence Inn Riverplace

2115 SW River Parkway

Portland, OR 97201



Online Registration:

<https://www.surveymonkey.com/r/June2019NTCC>

Agenda coming soon!

Any questions contact Rosa Frutos at rfrutos@npaihb.org or 971-282-4002

Northwest Tribal Comprehensive Cancer Project
Northwest Portland Area Indian Health Board

This meeting is supported by Centers for Disease Control and Prevention, National Cancer Prevention and Control Program Grant # 6 NU58DP006283-01-01 and the American Cancer Society



**QPR Certified Gatekeeper Instructor's Course
Northwest Portland Area Indian Health Board
2121 SW Broadway, Ste. 300
Portland, OR 97201**

**June 11, 2019
8:00am-5:00pm**

Eight hour training, 7 Clock Hours through the National Board of Certified Counselors, all materials, 3 year certification - \$495.00 per person – **For the first 10 people the registration will be paid for by NPAIHB if you work with a NW Tribe or are a tribal member.**

Registrations are due by May 22 to be paid for by NPAIHB

**Registrations received after May 22 are not eligible for payment paid for by the NPAIHB and the registration cost is \$495/person or \$551.50 if after May 28.

Print name and credentials, as you would like your certificates to read.

Name/Credential _____

Affiliation _____

Address _____

City/State/Zip _____

Phone _____ Email _____

By May 22, Scan and email or fax the registration form to:

Fax to Attn: THRIVE (503) 228-4801 or scan and email to ccaughlan@npaihb.org

****Please email Colbie if you are also interested in being reimbursed for all or a portion of your travel costs.** There is not a group rate at a Portland, OR hotel but there are many in the area around the NPAIHB that are economy pricing and above. There is very limited to **no** parking at the NPAIHB so please know that you may need to pay to park a few blocks away and walk. Check out our visitor section of our website to learn where to park <http://www.npaihb.org/about-us/visitors/>.

For more information, please email:

Colbie Caughlan,
ccaughlan@npaihb.org
Or call 503-416-3284

QPR Gatekeeper Instructor Certification Course

For any person or organization interested in preventing suicide in their community

Course Description:

This certification course trains Instructors to teach *QPR for Suicide Prevention* to their community. Participants first learn about the nature of suicidal communications, what forms these communications take and how they may be used as the stimulus for a QPR intervention. To gain perspective, participants are introduced to the history of suicide, suicide prevention and the spectrum of modern day public health suicide prevention education efforts. The history, background and research support for QPR are reviewed. Participants then learn to market QPR, target potential Gatekeepers, and how to teach the QPR curriculum. Participants also learn to deal with pent up audience demand to talk about suicide, survivor issues and how to make immediate interventions and referrals. Each participant has the opportunity for individual rehearsal and practice through role-plays.

Course Objectives:

- To understand the nature, range and importance of suicidal communications and their importance in preventing suicide.
- To review and understand the groups at greatest risk of suicide and why QPR can work for them.
- To train participants to teach *QPR, for Suicide Prevention*.
- To gain a historical perspective about suicide prevention and how QPR fits into national efforts.
- To acquire specific knowledge about how audiences may respond to the QPR message and how to react in a helpful manner.
- To learn how to effectively promote suicide prevention in their own communities.
- To gain the competence and confidence to teach others how to save lives and help prevent suicidal behaviors.

Course Content:

- Suicide and suicide prevention in history
- Gatekeeper training; how, why and the research
- New and promising approaches to suicide prevention
- Targeting prevention education efforts
- Review of the QPR video
- Teaching QPR
- Facilitating role plays
- Handling questions from audiences
- National and local resources and how to use them
- Expanding QPR to other community prevention efforts
- Completion of training evaluations
- Orientation to the national QPR network and QPR Institute
- Awarding of three year Instructor Certificates

Certification Program includes:

- A full-day training course
- A QPR Instructor's Manual complete with:
 - Detailed teaching information
 - QPR Instructor's Teaching CD with suicidal communications vignettes, suicide statistics, QPR introductory video hosted by Carrie Fisher, PowerPoint slides for the core QPR Gatekeeper training, overhead masters for handouts
 - Audio CD of a QPR Gatekeeper training
 - 25 QPR booklets and QPR wallet cards
 - A copy of *Tender Leaves of Hope* booklet
 - Tool kit (continuously updated) with information on issues related to suicide
- Two of Dr. Quinnett's books:
 - Suicide: The Forever Decision*
 - Counseling Suicidal People: A Therapy of Hope*
- Access to QPRI's toll free number for consultations on QPR training
- *QPR Times*, a newsletter created for QPR Certified Gatekeeper Instructors

Culturally-Responsive Approaches & Resources for Survivors of Abuse in Indian Country



Tuesday June 25, 2019
Location TBD in Portland, OR



The *Response Circles* domestic & sexual violence prevention project at the **Northwest Portland Area Indian Health Board** is offering a training on “Culturally-Responsive Approaches & Resources for Survivors of Abuse in Indian Country” for Tribal members or professionals serving Tribes who may provide support to survivors of domestic and sexual violence or respond to disclosures.

StrongHearts Description: Launched in 2017, the StrongHearts Native Helpline (1-844-7NATIVE), is a free, confidential and culturally-appropriate domestic violence and dating violence helpline created by and for American Indians and Alaska Natives across the U.S. As a collaborative project of the National Indigenous Women’s Resource Center and the National Domestic Violence Hotline. The helpline offers peer-to-peer emotional support, crisis intervention, assistance with safety planning, and a connection to local Native resources and can be reached at 1-844-7NATIVE (762-8483) daily from 7 a.m. to 10 p.m. CST nationwide. To date, more than 2,500 callers have reached out to the StrongHearts Native Helpline for support on their healing journey. However, it is clear that more resources are needed, as there continues to be a severe gap in culturally-responsive services that are specialized to serve Native survivors of abuse.

Training Objectives: As result of this training, attendees will be able to:

- Understand the dynamics of domestic violence and dating violence, along with abusive “red flags” in relationships.
- Recognize unique barriers to justice and safety faced by victims and survivors of abuse in Indian Country.
- Discuss the need for more culturally-based services to support domestic violence and sexual assault victims and survivors in tribal communities.
- Identify available services and educational tools offered by the StrongHearts Native Helpline (1-844-7NATIVE).

Who Should Attend: Advocates, Counselors, Social Services, Case Workers, Victim Services, Educators, Healthcare Providers, Mental Health Providers, Community Health Representatives, Recreation & Youth Services, Law Enforcement, Family Violence Services and Court Representatives.

Please contact Paige Smith, Project Coordinator,
with questions or to register at psmith@npaihb.org or (503)416-3292



N C C D P H P

HEALTHY TRIBES

RESOURCE DIGEST

Welcome to Centers for Disease Control and Prevention's (CDC) tribal resource digest for the week of April 8, 2019. The purpose of this digest is to help you connect with the tools and resources you may need to do valuable work in your communities.

Announcements

The Caregiving Community Survey

The National Indian Council on Aging has launched a new online survey for caregivers of older adults and we want to hear from you. If you're caring for an aging spouse, partner, family member or friend, you may need support. The Caregiving Community Survey was developed to better identify the needs of caregivers. Read more [here](#).

Funding Opportunities

Youth Engagement in Sports: Collaboration to Improve Adolescent Physical Activity and Nutrition (YES Initiative)

The YES Initiative seeks to identify characteristics of effective collaborations that improve physical activity and nutrition via increased sports participation. YES Initiative applicants should propose to address unhealthy physical activity and nutrition behaviors among racial/ethnic minority and socio-economically disadvantaged youth (including, specifically girls), and provide opportunities to learn skills and gain experiences that contribute to more positive lifestyles and enhance their capacity to make healthier life choices. Read more [here](#).

Due Date: May 31, 2019

Tribal Transportation Program Safety Funds

Funding for tribal governments for the purposes of transportation projects related to safety, safety planning, and safety/infrastructure. Read more [here](#).

Due Date: May 20, 2019

In this issue:

- [Announcements](#)
- [Funding Opportunities](#)
- [Webinars](#)

Webinars

Join representatives from *Americans for Nonsmokers' Rights*, the *National Native Network*, the *Great Plains Tribal Chairmen's Health Board*, and the *Canli Coalition* to talk about why e-cigarettes/e-cigs are not proven effective cessation devices, why e-cig use is a problem in Indian Country, some of the most recent tactics by e-cig companies, and potential ideas and resources for tribes to use as they navigate this issue. Read more and register [here](#).

Date: April 12, 2019 / 12 - 1PM EDT

Subject: Tribal Sovereignty and e-Cigarette Companies: Emerging Concerns